
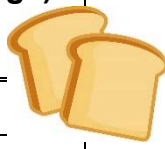

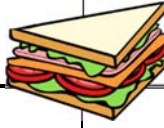




# 2017-18 Fall – Winter Menu

# Vegreville Manor

# Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 13 Dec 11 Jan 8	Feb 5 March 5 April 2	Nov 14 Dec 12 Jan 9	Feb 6 March 6 April 3	Nov 15 Dec 13 Jan 10	Feb 7 March 7 April 4	Nov 16 Dec 14 Jan 11	Feb 8 March 8 April 5	Nov 17 Dec 15 Jan 12	Feb 9 March 9 April 6	Nov 18 Dec 16 Jan 13	Feb 10 March 10 April 7	Nov 19 Dec 17 Jan 14	Feb 11 March 11 April 8
<b>Beverages</b>	• Tea • Coffee • Juice • Milk •													
<b>Breakfast</b>	Dry Cereal Toast Fruit (banana/orange) Boiled Egg 		Dry Cereal Waffles Fruit (banana/orange) Sausage Pattie		Dry Cereal Raisin Toast Fruit (banana/orange)		Cream of Wheat Toast Fruit (banana/orange)		Oatmeal Toast Fruit (banana/orange)		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Raisin Toast Fruit (banana/orange)	
<b>Lunch</b>														
<b>Soup</b>	Bean Curd		Mushroom		Sauerkraut		Egg Drop		Lentil		Minestrone		Turkey & Wild Rice	
<b>Entree</b>	Orzo Salad Open-faced Sloppy Joe Sandwich Fruit Cocktail		Hamburger Stew (with vegetables) Bun Donuts		Carrot & Celery Sticks Cucumber Slices Salmon Sandwich Cookie		Garden Chick Pea Salad (with cheese) Chicken Wings Croissant Square		Turkey Sandwich Celery, Carrots, Tomatoes, Cucumbers Pickle Iced Carrot Cake		Egg Salad Sandwich Cucumber Slices Beet Pickles Square		Chef's Salad (with ham, cheese, egg) Cottage Cheese Vanilla Pudding	
<b>Alternate</b>	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
<b>Supper</b>														
<b>Soup</b>	Mushroom		Sauerkraut		Egg Drop		Lentil		Minestrone		Turkey & Wild Rice		Green Pea	
<b>Entrée</b>	Cucumber/Tomato Salad Pork Chops (with applesauce) Roasted Potato Mixed Vegetables		Tossed Salad Baked Ham Scalloped Potatoes Steamed Coin Carrots (with cauliflower)		Ginger Beef Rice Stir Fry Vegetables		Coleslaw Roast Pork (with light gravy) Mashed Potato Creamy Corn		Cucumber/Onion Salad Baked Fish Cubed Potato (with butter & dill sauce) Peas		Tossed Salad Meatloaf Mashed Potato Gravy PEI Whole Bean Medley		Tossed Salad Roasted Chicken Nachinka (cornmeal) Carrots 	
<b>Dessert</b>	Cherry Turnover		Ambrosia Fruit Dessert		Fruit Medley		Ice Cream		Tapioca Pudding		Danish		Fruit Pie	
<b>Alternate</b>	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
<b>Condiments</b>	• Bread • Margarine • Butter • 													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.