



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 6	Jan 29	Nov 7	Jan 30	Nov 8	Jan 31	Nov 9	Feb 1	Nov 10	Feb 2	Nov 11	Feb 3	Nov 12	Feb 4
	Dec 4	Feb 26	Dec 5	Feb 27	Dec 6	Feb 28	Dec 7	Mar 1	Dec 8	Mar 2	Dec 9	Mar 3	Dec 10	Mar 4
	Jan 1	March 26	Jan 2	March 27	Jan 3	March 28	Jan 4	Mar 29	Jan 5	Mar 30	Jan 6	Mar 31	Jan 7	Apr 7
Beverages	• Tea • Coffee • Juice • Milk •													
Breakfast	Rolled Oats Boiled Eggs Toast Fruit or Cold Cereal		Red River Poached Eggs Toast Fruit or Cold Cereal		Rolled Oats Fried Eggs Toast Fruit or Cold Cereal		Red River French Toast Fruit or Cold Cereal		Rolled Oats Scrambled Eggs Toast Fruit or Cold Cereal		Red River Fried Eggs Toast Fruit or Cold Cereal		Rolled Oats Pancakes Bacon Fruit or Cold Cereal	
Lunch														
Soup	Cauliflower & Broccoli		Butternut Squash		Potato Leek		Mushroom		Turkey Rice		Minestrone		Chicken Gumbo	
Entree	Meat & Cheese Sandwich Salad Dessert		Chicken KFC Style Chef Salad Dessert		Egg Salad Sandwich Salad Dessert		Stuffed Potato Bites Chef Salad Dessert		Salami Sandwich Salad Dessert		Mini Subs Salad Dessert		Pizza Salad Dessert	
Supper														
Entrée	Ribs Baked Potato Sour Cream Corn on the Cob		Mushroom Meatballs Potatoes French Style Beans		Chicken Thighs Potatoes Mixed Vegetables		Hot Beef Potatoes Carrot Coins Gravy		Sole Fillets Baby Potatoes Snow Peas		Spaghetti & Meat Sauce Garlic Bread		Chicken Cordon Bleu Whipped Potatoes Yams Dressing	
Dessert	Yogurt		 Fruit		Rice Pudding		Carrot Cake		Strawberries		Ice Cream		Apple Pie	
Alternate	Chicken Breast in Sauce		Market Fish		Veal Cutlet		Chicken Drums		Teriyaki Meatballs		Sausage & Rice Bake			
Condiments	• Bread • Margarine • Butter • 													

Options such as sandwiches, etc. must be ordered by NOON prior to the meal. Please see COOK to place your order.

Menu may change without notice.