

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

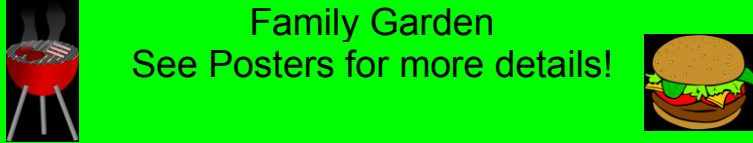
THURSDAY

FRIDAY

SATURDAY

Location Legend
 (B), (G), (R) – Blue Pod, Green Pod, Red Pod
 (C) - Chapel (R.R) - Recreation Room
 (1-1) - One-on-one programs
 (F.G) – Family Garden (C.A) - Café Area
 (H-H) - Heritage Hall (A.R) – Alberta Room


Family/Resident BBQ
 1st Floor- Tuesday July 11th at 5:00pm
 Family Garden
 See Posters for more details!



1
 9:45 Ipads Games (R.R)
 11:00 Coffee Brewing (R.R)
1:30 Live Entertainment
 "Runaway Train" (H.H)
 3:15 Yahtzee (C.A)
 6:15 Showtime (A.R)



2
 10:30 Hymn Sing (A.R)
 1:30 Bingo (G)
 3:15 Bike Rides (C.A)



3
 9:45 Fun and Fit (G)
 11:00 Trivia (G)
 1:30 Music with Georgina (A.R)
 3:15 Friendly Visits (1-1)



4
 2:00 Ukr./ Eng Cath
 Liturgy (C)




5
 9:45 Fun and Fit (G)
 11:00 Trivia (G)
 1:30 Bingo (G)
 3:15 Friendly Visits (1-1)
 6:15 Sensory Room (1-1)



6
 9:45 Summer Craft (R.R)
 11:00 Coffee Brewing (R.R)
 1:30 Pet Therapy (1-1)
 2:45 Anglican Service (A.R)
 3:15 Music Bingo (R.R)

7
 9:45 Baking (R.R)
 11:00 Coffee Brewing (R.R)
 1:30 Balloon Volleyball (G)
 3:15 Cat Visits (1-1)


8
 9:45 Crossword Puzzles (R.R)
1:30 Birthday Party with
 "Harmony Kings" (H.H)
3:30 Program Planning/Resident
 Committee Meeting (R.R)



9
 10:30 Hymn Sing (A.R)
1:30 Ice Cream Social
 (F.G)
 3:15 Friendly Visits (1-1)



10
 9:45 Brain Teasers (G)
 1:30 Afternoon Baking (R.R)
 3:15 Friendly Visits (1-1)




11
 2:00 Ukr./ Eng Cath
 Liturgy (C)



12
 9:45 Fun and Fit (G)
 11:00 Trivia (G)
 1:30 Bingo (G)
 3:15 Friendly Visits (1-1)
 6:15 Sensory Room (1-1)


13
 9:45 Colour & Paint (R.R)
 10:30 Ukrainian Orthodox (C)
 11:00 Coffee Brewing (R.R)
 1:30 Bowling (G)
 2:45 Roman Catholic Mass (C)
 3:15 Card/Crib Games (C.A)
 6:15 Table Games (C.A)

14
 9:45 Brain Teasers (R.R)
 11:00 Coffee Brewing (R.R)
1:15 Edmonton Valley Zoo Outing
 3:15 Friendly Visits (1-1)
 6:15 Yahtzee (C.A)



15
 9:45 Ipads Games (R.R)
 11:00 Coffee Brewing (R.R)
 1:30 Sport Session (G)
 3:15 Cat Visits (1-1)
 6:15 Showtime (A.R)

16
 10:30 Hymn Sing (A.R)
1:30 Father's Day Ice
Cream Social with
Georgina (A.R)
 3:15 Friendly Visits (1-1)
 6:15 Happy Hour (C.A)




17
 11:00 Sensory Room (1-1)
 1:30 Movie Matinee (A.R)
 5:45 Yahtzee (C.A)

18 **Father's Day**
 2:00 Ukr./ Eng Cath
 Liturgy (C)




19
 9:45 Fun and Fit (G)
 11:00 Trivia (G)
 1:30 Bingo (G)
 3:15 Friendly Visits (1-1)
 6:15 Sensory Room (1-1)



20
 9:45 Summer Baking (R.R)
 11:00 Coffee Brewing (R.R)
 1:30 Pet Therapy (1-1)
 2:35 Ecumenical Service (A.R)
 3:15 Music Bingo (R.R)
 6:15 Table Games (C.A)



21
 9:45 Crossword Puzzles (R.R)
12:00 Rundle Park Picnic Lunch
 3:15 Friendly Visits (1-1)
 6:15 Card Bingo (C.A)




22
 9:45 Ipads Games (R.R)
 11:00 Coffee Brewing (R.R)
1:30 Live Entertainment
 "Dwayne Cannon" (A.R)
 6:15 Showtime (A.R)




23
 9:45 Colour & Paint (R.R)
 1:30 Bingo (G)
 3:15 Bike Rides (C.A)



24
 9:45 Fun and Fit (G)
 11:00 Trivia (G)
 1:30 Music with Georgina (A.R)
 3:15 Friendly Visits (1-1)



25
 2:00 Ukr./ Eng Cath
 Liturgy (C)




26
 9:45 Fun and Fit (G)
 11:00 Trivia (G)
 1:30 Bingo (G)
 3:15 Friendly Visits (1-1)
 6:15 Sensory Room (1-1)



27
 9:45 Arts & Crafts (R.R)
 11:00 Coffee Brewing (R.R)
 1:30 Balloon Volleyball (G)
 2:45 Roman Catholic Mass (C)
 3:15 Card/Crib Games (C.A)
 6:15 Golden Girls (F.S)

28
 9:45 Brain Teasers (R.R)
 11:00 Coffee Brewing (R.R)
1:30 Afternoon Drive and Ice
Cream
 1:30 Ladder Golf (F.G)
 6:15 Yahtzee (C.A)



29
 9:45 Colour & Paint (R.R)
 11:00 Coffee Brewing (R.R)
 1:30 Music with Georgina (A.R)
 3:15 Cat Visits (1-1)
 6:15 Showtime (A.R)



30
 10:30 Hymn Sing (A.R)
1:30 Canada's 150th
Birthday Party (A.R)
 3:15 Friendly Visits (1-1)
 6:15 Happy Hour (C.A)



CANADA 150
 1867-2017

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 (C) - Chapel (R.R) - Recreation Room
 (1-1) - One-on-one programs
 (F.G) – Family Garden (C.A) - Café Area
 (H-H) - Heritage Hall (A.R) – Alberta Room

Family/Resident BBQ

2nd Floor- Wednesday July 12th at 5:00pm

Family Garden

See Posters for more details!



1
 9:15 Loving Spoonful (1-1)
 10:00 Colour & Paint (A.R)
1:30 Live Entertainment
“Runaway Train” (H.H)
 3:15 Coffee Brewing (C.A)
 6:15 Showtime (A.R)



2
 9:15 Loving Spoonful (1-1)
 10:30 Hymn Sing (A.R)
 1:30 Bingo (G)
 3:15 Friendly Visits (1-1)

3
 9:45 Fun and Fit (G)
 11:00 Trivia (G)
 1:30 Music with Georgina (A.R)
 3:15 Friendly Visits (1-1)



4
 2:00 Ukr./ Eng Cath Liturgy (C)

5
 9:15 Loving Spoonful (1-1)
 10:00 Activity Cart (1-1)
 12:00 Loving Spoonful (1-1)
 1:30 Bingo (G)
 3:15 Friendly Visits (1-1)
 6:15 Sensory Room (1-1)



6
 9:15 Loving Spoonful (1-1)
 10:00 Picture Puzzles (1-1)
 1:30 Summer Baking (R.R)
 2:45 Anglican Service (A.R)
 3:15 Doll Therapy (1-1)

7
 9:15 Loving Spoonful (1-1)
 10:00 Sensory Room (1-1)
 1:30 Music with Justin (B)
 3:15 Coffee Brewing (C.A)

8
 9:15 Loving Spoonful (1-1)
 10:00 Log Houses (1-1)
1:30 Birthday Party with
“Harmony Kings” (H.H)
3:30 Program Planning/Resident
Committee Meeting (R.R)



9
 9:15 Loving Spoonful (1-1)
 10:30 Hymn Sing (A.R)
1:30 Ice Cream Social (F.G)
 3:15 Friendly Visits (1-1)



10
 9:45 Brain Teasers (G)
 1:30 Afternoon Baking (R.R)
 3:15 Friendly Visits (1-1)



Senior's Week

11
 2:00 Ukr./ Eng Cath Liturgy (C)

12
 9:15 Loving Spoonful (1-1)
 10:00 Activity Cart (1-1)
 1:30 Bingo (G)
 3:15 Friendly Visits (1-1)
 6:15 Sensory Room (1-1)

13
 9:15 Loving Spoonful (1-1)
 10:00 Folding (1-1)
 10:30 Ukrainian Orthodox (C)
 12:00 Loving Spoonful (1-1)
 1:30 Pet Therapy (1-1)
 2:45 Roman Catholic Mass (C)
 3:15 Coffee Brewing (C.A)
 6:15 Table Games (C.A)



14
 9:15 Loving Spoonful (1-1)
 10:00 Picture Puzzles (1-1)
1:15 Edmonton Valley Zoo Outing
 1:30 Music with Justin (B)
 3:15 Friendly Visits (1-1)
 6:15 Yahtzee (C.A)



15
 9:15 Loving Spoonful (1-1)
 10:00 Colour & Paint (A.R)
 12:00 Loving Spoonful (1-1)
 1:30 Balloon Volleyball (A.R)
 3:15 Sensory Room (1-1)
 6:15 Showtime (A.R)



16
 9:15 Loving Spoonful (1-1)
 10:30 Hymn Sing (A.R)
 12:00 Loving Spoonful (1-1)
1:30 Father's Day Ice Cream
Social with Georgina (A.R)
 3:15 Friendly Visits (1-1)



17
 11:00 Sensory Room (1-1)
 12:00 Loving Spoonful (1-1)
 1:30 Movie Matinee (A.R)
 5:45 Yahtzee (C.A)



18 Father's Day
 2:00 Ukr./ Eng Cath Liturgy (C)

19
 9:15 Loving Spoonful (1-1)
 10:00 Activity Cart (1-1)
 12:00 Loving Spoonful (1-1)
 1:30 Bingo (G)
 3:15 Friendly Visits (1-1)
 6:15 Sensory Room (1-1)



20
 9:15 Loving Spoonful (1-1)
 10:00 Log Houses (1-1)
 12:00 Loving Spoonful (1-1)
 1:30 Ladder Golf (F.G)
 2:35 Ecumenical Service (A.R)
 3:15 Doll Therapy (1-1)
 6:15 Table Games (C.A)

21
 9:15 Loving Spoonful (1-1)
 10:00 Folding (1-1)
12:00 Rundle Park Picnic Lunch
 1:30 Music with Justin (B)
 3:15 Friendly Visits (1-1)
 6:15 Card Bingo (C.A)



22
 9:15 Loving Spoonful (1-1)
 10:00 Sensory Room (1-1)
 12:00 Loving Spoonful (1-1)
1:30 Live Entertainment
“Dwayne Cannon” (A.R)
 6:15 Showtime (A.R)



23
 9:15 Loving Spoonful (1-1)
 10:00 Picture Puzzles (1-1)
 12:00 Loving Spoonful (1-1)
 1:30 Bingo (G)
 1:30 Music with Georgina (G)
 3:15 Coffee Brewing (C.A)
 6:15 Happy Hour (C.A)

24
 9:45 Fun and Fit (G)
 11:00 Trivia (G)
 1:30 Music with Georgina (A.R)
 3:15 Friendly Visits (1-1)



25
 2:00 Ukr./ Eng Cath Liturav (C)

26
 9:15 Loving Spoonful (1-1)
 10:00 Activity Cart (1-1)
 1:30 Bingo (G)
 3:15 Friendly Visits (1-1)
 6:15 Sensory Room (1-1)

27
 9:15 Loving Spoonful (1-1)
 10:00 Colour & Paint (A.R)
 12:00 Loving Spoonful (1-1)
 1:30 Pet Therapy (1-1)
 2:45 Roman Catholic Mass(C)
 3:15 Baking (R.R)
 6:15 Golden Girls (F.S)



28
 9:15 Loving Spoonful (1-1)
 10:00 Folding (1-1)
 12:00 Loving Spoonful (1-1)
1:30 Afternoon Drive and Ice Cream
 1:30 Music with Justin (B)
 3:15 Friendly Visits (1-1)
 6:15 Yahtzee (C.A)



29
 9:15 Loving Spoonful (1-1)
 10:00 Sensory Room (1-1)
 12:00 Loving Spoonful (1-1)
 1:30 Music with Georgina (A.R)
 3:15 Coffee Brewing (C.A)
 6:15 Showtime (A.R)

30
 9:15 Loving Spoonful (1-1)
 10:30 Hymn Sing (A.R)
 12:00 Loving Spoonful (1-1)
1:30 Canada 150th Birthday Party
(A.R)
 3:15 Friendly Visits (1-1)



Recreation Programs are subject to last minute changes. Please contact Miranda, Recreation Manager at (780) 473-5621 ext. 3409

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