
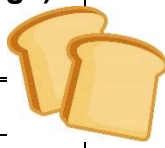






2017-18 Fall – Winter Menu

Vegreville Manor

Week 2

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 6 Dec 4 Jan 1	Jan 29 Feb 26 March 26	Nov 7 Dec 5 Jan 2	Jan 30 Feb 27 March 27	Nov 8 Dec 6 Jan 3	Jan 31 Feb 28 March 28	Nov 9 Dec 7 Jan 4	Feb 1 Mar 1 Mar 29	Nov 10 Dec 8 Jan 5	Feb 2 Mar 2 Mar 30	Nov 11 Dec 9 Jan 6	Feb 3 Mar 3 Mar 31	Nov 12 Dec 10 Jan 7	Feb 4 Mar 4 Apr 7
Beverages	• Tea • Coffee • Juice • Milk •													
Breakfast	Dry Cereal Toast Fruit (banana/orange) Boiled Egg 		Dry Cereal Waffles Fruit (banana/orange) Sausage Pattie		Dry Cereal Raisin Toast Ham Slice Fruit (banana/orange)		Cream of Wheat Toast Fruit (banana/orange)		Oatmeal Toast Fruit (banana/orange)		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Raisin Toast Fruit (banana/orange)	
Lunch														
Soup	Country Vegetable		Chicken Rice		Carrot/Parsnip Bisque		Won Ton		Cream of Potato		Beef Barley		Creamy Tomato Basil	
Entree	Carrot & Celery Sticks Crab Salad Garlic Toast Diced Peaches		Mac 'n Cheese Baked Ham Tomato Wedges Tiramisu		Greek Salad Pizza Berry Mousse 		Pancakes Bacon Scrambled Eggs Stewed Berry Blend		Pork & Sauerkraut Cubed Potato Ice Cream		Cucumbers & Tomato Bologna Slice Cottage Cheese Bun with butter Melon Wedges		Dill Pickle Denver Sandwich Orange Slices Square	
Alternate	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
Supper														
Soup	Chicken Rice		Carrot/Parsnip Bisque		Won Ton		Cream of Potato		Beef Barley		Creamy Tomato Basil		Bean Curd	
Entrée	Tossed Salad St. Louis Pork Ribs Baked Potato (with sour cream, green onions) Steamed Broccoli		Cucumber/Onion Vinaigrette Salad Roast beef Mashed Potato Gravy Carrots		Sweet 'n Sour Chicken Veggie Stir Fry (carrots, celery, cauliflower, broccoli) Fried Rice		Carrot Salad Hamburger Steak (with fried onions) Whipped Potatoes Diced Turnip		Coleslaw Battered Cod Sweet Potato Fries Peas		Tossed Salad Roast Pork (with light gravy) Cubed Potatoes Yellow Beans		Caesar Salad Chicken Alfredo Noodles Vegetable Medley	
Dessert	Blueberry Crisp		Apricots		Upside Down Pineapple Cake		Lime Jell-O		Apple Pie		Mandarin Orange Segments		Strawberry Shortcake	
Alternate	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
Condiments	• Bread • Margarine • Butter • 													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.