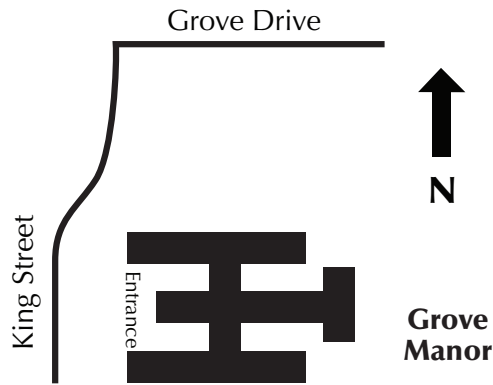




Since 2003, St. Michael's Grove Manor has been providing a 71-suite supportive housing option where you can live independently, have the security and convenience of on-call assistance, be proactive about your health and enjoy a maintenance-free environment. Services are enhanced based on your needs.



St. Michael's Grove Manor
 600 King Street
 Spruce Grove, Alberta T7X 4J8
 Manager Tel: 780.962.6672
 Fax: 780.962.0815
 E-mail: grove.manor@shaw.ca
 www.smhg.ca

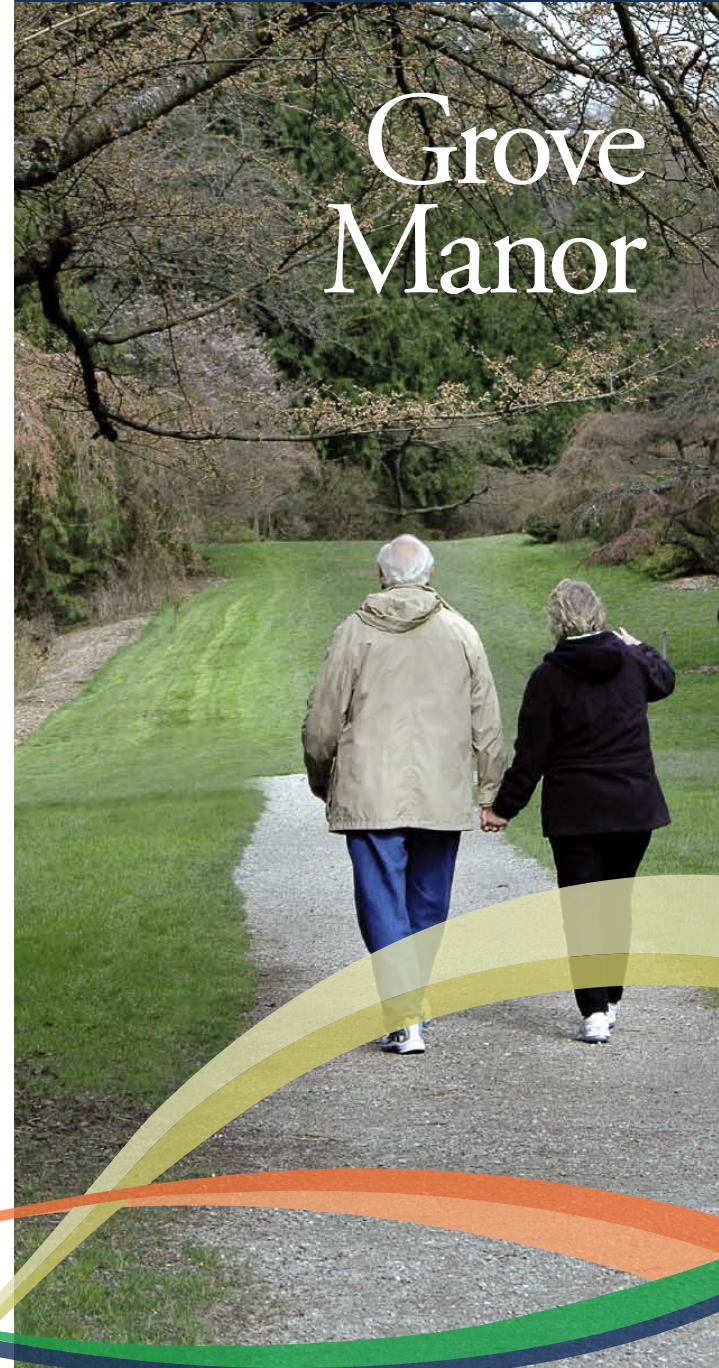


St. Michael's
 HEALTH GROUP

St. Michael's Health Group
 7404 - 139 Avenue
 Edmonton, Alberta T5C 3H7
 Tel: 780.473.5621 • Fax: 780.472.4506
 Toll Free: 1.800.472.6169
 E-mail: smeccs@smhg.ca
 www.smhg.ca



St. Michael's
 HEALTH GROUP



Grove Manor



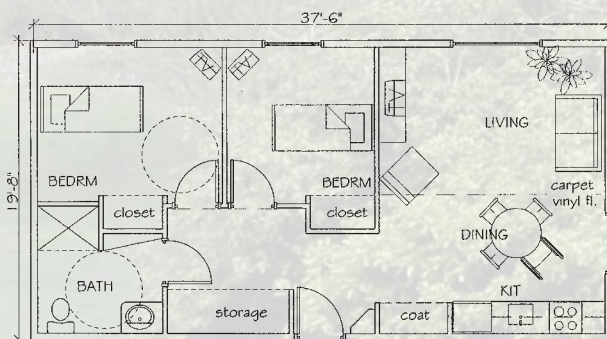


General Services

- Studio, one-bedroom and two-bedroom suites
- Complete kitchenette in each suite
- Activities room, lounge and recreation areas
- Secured entrances and exits
- Arrangements for pastoral care
- Recreation and social activities
- Landscaped courtyards with activity area
- Evening meal provided, breakfast and lunch available monthly Dietician approved (based on the Canada Food Guide) through on-site cook's service staff
- Daily snacks and beverages
- Housekeeping services on a scheduled basis
- Laundry on the premises; personal laundry services available
- Volunteer involvement from the community
- Hair salon (men's and women's on a scheduled and by appointment basis)
- Sprinkler system and smoke detectors throughout the facility
- Wheelchair accessible
- Access to community social work

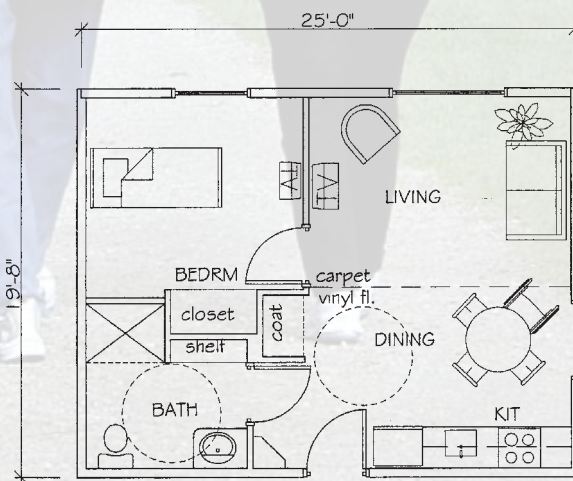
Health Services

- Access to home care support
- Assisted bath
- 24 hour emergency response
- Management of medical emergencies
- Blood pressure and blood sugar monitoring
- Exercise program
- Special care during short-term illness
- Pharmaceutical services available



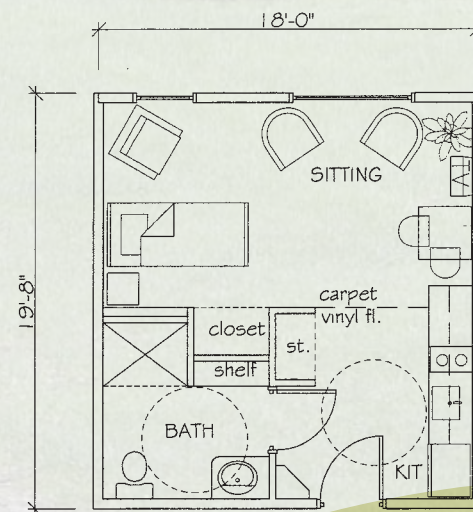
UNIT A - 2 BEDROOM SUITE
737sq ft

BEDRM WINDOW -4'-0"X5'-0" typical
LIVINGRM WINDOW -6'-0"X5'-0" typical



UNIT B - 1 BEDROOM SUITE
492sq ft

BEDRM WINDOW -4'-0"X5'-0" typical
LIVINGRM WINDOW -6'-0"X5'-0" typical



UNIT C - STUDIO SUITE
354sq ft

BEDRM WINDOW -3'-0"X5'-0" typical
LIVINGRM WINDOW -6'-0"X5'-0" typical