




2018 Spring-Summer Menu (Residents only)

Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	April 23	Aug 13	April 24	Aug 14	April 25	Aug 15	April 26	Aug 16	April 27	Aug 17	April 28	Aug 18	April 29	Aug 19
	May 21	Sept 10	May 22	Sept 11	May 23	Sept 12	May 24	Sept 13	May 25	Sept 14	May 26	Sept 15	May 27	Sept 16
	June 18	Oct 8	June 19	Oct 9	June 20	Oct 10	June 21	Oct 11	June 22	Oct 12	June 23	Oct 13	June 24	Oct 14
	July 16		July 17		July 18		July 19		July 20		July 21		July 22	
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast	Oat Bran Toast Grilled Pancakes <i>or</i> Cold Cereal		Oatmeal Cheddar Cheese Wedge Toast <i>or</i> Cold Cereal		Cream of Wheat Boiled Eggs Toast <i>or</i> Cold Cereal		Oatmeal Bacon Toast <i>or</i> Cold Cereal		 Cornmeal French Toast Toast <i>or</i> Cold Cereal		Cream of Wheat Scrambled Eggs Toast <i>or</i> Cold Cereal		Oat Bran Toast Cheese Slice <i>or</i> Cold Cereal	
Lunch														
Entree	Pizza Caesar Salad <i>or</i> Assorted Sandwiches		Fish Nuggets Mashed Potato Mixed Vegetables <i>or</i> Assorted Sandwiches		Beef on a Bun Garden Salad Chips <i>or</i> Assorted Sandwiches		Vegetarian Lasagna Corn Nibbles <i>or</i> Assorted Sandwiches		Hot Dogs Potato Chips Caesar Salad <i>or</i> Assorted Sandwiches		Chicken Nuggets Potato Salad <i>or</i> Assorted Sandwiches		Macaroni & Cheese with Ground Beef Mixed Vegetables <i>or</i> Assorted Sandwiches	
Dessert	Fresh Fruit		Sliced Bananas		Jell-O		Tapioca		Puff Wheat Square		Butterscotch Pudding		Ice Cream	
Soup	Tomato Vegetable		Mushroom		Clam Chowder		Borscht		Chicken Noodle		Cream of Vegetable		Beef Barley	
Supper														
Entrée <i>*Alternative entrée</i>	Beef & Vegetable Stew Boiled Potatoes Buttered Fresh Turnips <i>Savory Meatballs*</i>		Tarragon Chicken Whipped Potatoes Carrot Coins <i>Roast Beef*</i>		Chicken Fajita Stir Fry Vegetables Wild Rice <i>Roast Turkey *</i>		Bratwurst Sausage Sauerkraut Boiled Potatoes <i>Crunchy Perch*</i>		Sea Food Nuremburg Egg Noodles <i>Cantonese Pork*</i>		Salisbury Steak & Onions, Gravy Mashed Potatoes Broccoli Florets <i>Chicken Fingers*</i>		Ham Steamed Potatoes PEI Mixed Vegetables <i>Chicken Cacciatore*</i>	
Dessert	Date Squares		Berry Crumble		Orange Wedges		Vanilla Pudding		Assorted Desserts		Diced Peaches		Banana Cream Pie	
PM/HS Snack	Fruit Bread		Fresh Banana		Cinnamon Bun		Coffee Cake		Fresh Fruit		Yogurt		Muffin	
Condiments	• Bread • Buns • Margarine •													