

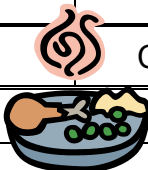


# 2017-18 Fall – Winter Menu (Residents only)

Week 1

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 23	Jan 15	Oct 24	Jan 16	Oct 25	Jan 17	Oct 26	Jan 18	Oct 27	Jan 19	Oct 28	Jan 20	Oct 29	Jan 21
	Nov 20	Feb 12	Nov 21	Feb 13	Nov 22	Feb 14	Nov 23	Feb 15	Nov 24	Feb 16	Nov 25	Feb 17	Nov 26	Feb 18
	Dec 18	March 12	Dec 19	March 13	Dec 20	March 14	Dec 21	March 15	Dec 22	March 16	Dec 23	March 17	Dec 24	March 18
<b>Beverages</b>	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
<b>Breakfast</b> 	<b>Cream of Wheat Toast</b> <b>Fried Eggs</b> or Cold Cereal		<b>Oatmeal Cereal Toast</b> <b>Breakfast Sausage</b> or Cold Cereal		<b>Corn Meal Cereal Toast</b> <b>Grilled Bacon</b> or Cold Cereal		<b>Oat Bran Cereal Toast</b> <b>Scrambled Eggs</b> or Cold Cereal		<b>Cream of Wheat Toast</b> <b>Blueberry Pancakes</b> or Cold Cereal		<b>Oatmeal Cereal Toast</b> <b>Assorted Danish</b> or Cold Cereal		<b>Oat Bran Cereal Cheese Omelets</b> <b>Toast</b> or Cold Cereal	
<b>Lunch</b>														
<b>Entree</b>	<b>Chicken Cacciatore</b> <b>Rice</b> <b>Garden Salad</b> or Assorted Sandwiches		<b>Battered Cod</b> <b>French Fries</b> <b>Coleslaw</b> or Assorted Sandwiches		<b>Pulled Beef on a Bun</b> <b>Caesar Salad</b> or Assorted Sandwiches		<b>Potato Pancakes</b> <b>Turkey Sausages</b> <b>Tossed Salad</b> or Assorted Sandwiches		<b>Cabbage Rolls</b> <b>Kovbasa</b> <b>California Vegetables</b> or Assorted Sandwiches		<b>Chicken Fingers</b> <b>Pickles</b> <b>Potato Salad</b> or Assorted Sandwiches		<b>Pasta &amp; Meatballs</b> <b>Carrot Coins</b> or Assorted Sandwiches	
<b>Dessert</b>	Diced Pears		Apricot Halves		Brownie		Fresh Fruit Salad		Rice Krispy Squares		Joe Louis		Diced Peaches	
<b>Soup</b>	Tomato		Beef Barley		Borshch		 Chicken Vegetable		Mushroom		Tomato Vegetable		Split Pea	
<b>Supper</b>														
<b>Entrée</b>	<b>Hot Roast Beef</b> <b>Baby Potatoes</b> <b>Corn</b>  <b>Entrée 2</b> European Pork Sausages		<b>Hot Lemon Chicken</b> <b>Whipped Potatoes</b> <b>Italian Mixed Vegetables</b>  <b>Entrée 2</b> Pyrohy Potato and Cheddar		<b>Hot Pork Tenderloin</b> <b>Parsley Potatoes</b> <b>Fresh Cauliflower Florets</b>  <b>Entrée 2</b> Crunchy Perch		<b>Hot Honey Garlic Chicken</b> <b>Drums</b> <b>Rice</b> <b>Green Beans</b>  <b>Entrée 2</b> Beef Sausage		<b>Hot Perch</b> <b>Buttered Egg Noodles</b> <b>Peas</b>  <b>Entrée 2</b> Turkey Tetrazini		<b>Hot Grilled Ham Steak</b> <b>Steamed Potatoes</b> <b>Zucchini</b>  <b>Entrée 2</b> Polynesian Meat Balls		<b>Hot Pork Chops</b> <b>Mushroom Sauce</b> <b>Whipped Potatoes</b> <b>Seasoned Broccoli</b>  <b>Entrée 2</b> Veal Cutlet	
<b>Dessert</b>	Carrot Cake		Vanilla Pudding		Peaches		Apple Pie		Canned Orange Segments		Ice Cream		Strawberry Shortcake	
<b>PM/HS Snack</b>	Cookies		Yogurt		Bananas		Spinach & Feta Bun		Croissants		Cheese & Crackers		Danish	
<b>Condiments</b>	• Bread • Buns • Margarine •													

Gravy With All Meals - Soup & Dessert May Change Without Notice