













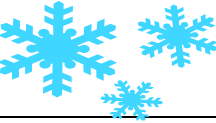



















SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

	<p>1 No Recreation Programs Today! New Year's Day</p>	<p>2 9:45 Colour & Paint (R.R) 11:00 Coffee Brewing (R.R) 1:30 YMCA Children's Visit (A.R) 2:45 Roman Catholic (C) 3:15 Friendly Visits (1-1) 5:15 Table Games (C.A)</p>	<p>3 9:45 Crosswords (R.R) 11:00 Coffee Brewing (R.R) 1:30 YMCA Children's Visit (A.R) 3:15 Crib/Card Games (C.A) 6:15 Edmonton Magpie Morris Dance Group (A.R)</p>	<p>4 9:45 Winter Baking (R.R) 11:00 Coffee Brewing (R.R) 1:30 Bingo (G) 3:15 Cat Visits (1-1) 6:15 Showtime (A.R)</p>	<p>5 10:30 Hymn Sing (A.R) 2:00 Jane's 103rd Birthday Celebration with Wes and Wendy (A.R) 6:15 Happy Hour (C.A)</p>	<p>6 No Recreation Programs Today!</p>
<p>7 Ukrainian Christmas Day 2:00 Ukr./Eng Cath Liturgy (C)</p>	<p>8 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:30 Ukrainian Christmas Caroling (B,G,R)</p>	<p>9 9:45 Winter Baking (R.R) 11:00 Coffee Brewing (R.R) 1:30 Pet Therapy (1-1) 3:00 Anglican Service (A.R) 3:15 Music Bingo (R.R) 6:15 Table Games (C.A)</p>	<p>10 9:45 Brain Teasers (R.R) 1:30 Birthday Party with Jukebox Leigh (H.H) 3:15 Resident Committee Meeting (R.R) 6:15 Card Bingo (C.A)</p>	<p>11 9:45 Arts and Crafts (R.R) 11:00 Coffee Brewing (R.R) 1:30 Music with Georgina (A.R) 3:15 Friendly Visits (1-1) 6:15 Showtime (A.R)</p>	<p>12 10:30 Hymn Sing (A.R) 1:30 Bingo (G) 3:15 Yahtzee (C.A) 6:30 St. Vladimir Youth Group Christmas Performance (A.R)</p>	<p>13 11:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) 1:30 Movie Matinee (A.R) 5:45 Yahtzee (C.A)</p>
<p>14 2:00 Ukr./Eng Cath Liturgy (C)</p>	<p>15 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:30 Ukrainian Christmas Caroling (H.H)</p>	<p>16 9:45 Colour and Paint (R.R) 10:30 Ukr Orth Christmas (C) 11:00 Coffee Brewing (R.R) 1:30 Balloon Volleyball (G) 2:45 Ecumenical Service (A.R) 3:15 Crib/Card Games (C.A) 6:15 Table Games (C.A)</p>	<p>17 9:45 Crosswords (R.R) 12:00 Lunch at Albert's and Londonderry Mall Shopping 3:15 Friendly Visits (1-1) 6:15 Yahtzee (C.A)</p>	<p>18 9:45 Winter Baking (R.R) 11:00 Coffee Brewing (R.R) 1:30 Live Entertainment with Ron K (A.R) 3:15 Cat Visits (1-1) 6:15 Showtime (A.R)</p>	<p>19 10:30 Hymn Sing (A.R) 1:30 Bingo (G) 3:15 Activity Cart (1-1) 6:15 Happy Hour (C.A)</p>	<p>20 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Music with Georgina (A.R) 3:15 Friendly Visits (1-1)</p>
<p>21 2:00 Ukr./Eng Cath Liturgy (C)</p>	<p>22 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Sensory Room (1-1)</p>	<p>23 9:45 Winter Craft (R.R) 11:00 Coffee Brewing (R.R) 1:30 Pet Therapy (1-1) 2:45 Roman Catholic Mass (C) 3:15 Yahtzee (C.A) 6:15 Table Games (C.A)</p>	<p>24 9:45 Brain Teasers (R.R) 11:00 Coffee Brewing (R.R) 1:30 Balloon Volleyball (G) 3:15 Colour and Paint (R.R) 6:15 Card Bingo (C.A)</p>	<p>25 9:45 Ipad Games (R.R) 11:00 Coffee Brewing (R.R) 1:00 Meet & Greet with MLA Chris Nielson Music with Shawn (A.R) 6:15 Showtime (A.R)</p>	<p>26 Facility Wide Christmas Take Down 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Happy Hour (C.A)</p>	<p>27 9:45 Brain Teasers (G) 2:00 Verknoina Ukrainian Dance Group (H.H) 3:15 Friendly Visits</p>
<p>28 2:00 Ukr./Eng Cath Liturgy (C)</p>	<p>29 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Sensory Room (1-1)</p>	<p>30 9:45 Colour and Paint (R.R) 11:00 Coffee Brewing (R.R) 1:30 Bowling (G) 2:45 Ecumenical Service (A.R) 3:15 Activity Cart (1-1) 6:15 Table Games (C.A)</p>	<p>31 9:45 Crosswords (R.R) 11:00 Coffee Brewing (R.R) 12:45 Bonnie Doon Bowling 3:15 Friendly Visits (1-1) 6:15 Yahtzee (C.A)</p>	<p>Location Legend (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) - Chapel (1-1) - One-on-One programs (F.S)- Four Seasons (C.A) - Café Area (H-H) - Heritage Hall (A.R) – Alberta Room (R.R) - Recreation Room</p>		

Recreation Programs are subject to last minute changes. Please contact Miranda, Recreation Manager at (780) 473-5621 ext. 3409

2 nd Floor Recreation Calendar		January 2018 			Long Term Care Centre	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 No Recreation Programs Today! <i>New Year's Day</i> 	2 9:15 Loving Spoonful (1-1) 10:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) 1:30 Pet Therapy (1-1) 1:30 YMCA Children's Visit (A.R) 2:45 <i>Roman Catholic (C)</i> 3:15 Cat Visits (1-1) 5:15 Table Games (C.A.) 	3 9:15 Loving Spoonful (1-1) 10:00 Activity Cart (1-1) 12:00 Loving Spoonful (1-1) 1:30 YMCA Children's Visit (A.R) 3:15 Doll Therapy (1-1) 6:15 Edmonton Magpie Morris Dance Group (A.R) 	4 9:15 Loving Spoonful (1-1) 10:00 Log Houses (1-1) 12:00 Loving Spoonful (1-1) 1:30 Sport Session (G) 1:30 Bingo (G) 3:15 Sensory Room (1-1) 5:15 Showtime (A.R.) 	5 10:30 Hymn Sing (A.R) 2:00 Jane's 103rd Birthday Celebration with Wes and Wendy (A.R) 6:15 Happy Hour (C.A.) 	6 No Recreation Programs Today! 
7 Ukrainian Christmas Day 2:00 <i>Ukr./Eng Cath Liturgy (C)</i> 	8 9:45 Fun and Fit (G) 11:00 Trivia (G) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:30 Ukrainian Christmas Caroling (B,G,R) 	9 9:15 Loving Spoonful (1-1) 10:00 Colour & Paint (A.R) 12:00 Loving Spoonful (1-1) 1:30 Balloon Volleyball (A.R) 3:00 Anglican Service (A.R) 3:15 Folding (1-1) 5:15 Table Games (C.A.) 	10 9:15 Loving Spoonful (1-1) 10:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) 1:30 Birthday Party with Jukebox Leigh (H.H) 3:15 Resident Committee Meeting (H.H) 6:15 Card Bingo (C.A.) 	11 9:15 Loving Spoonful (1-1) 10:00 Activity Cart (1-1) 12:00 Loving Spoonful (1-1) 1:30 Music with Georgina (A.R) 3:15 Cat Visits (1-1) 5:15 Showtime (A.R) 	12 10:30 Hymn Sing (A.R) 12:00 Loving Spoonful (1-1) 1:30 Bingo 1:30 Music with Georgina (G) 3:15 Coffee Brewing (C.A) 6:30 St. Vladimir Youth Group Christmas Performance (A.R)	13 11:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) 1:30 Movie Matinee (A.R) 5:45 Yahtzee (C.A.) 
14 2:00 <i>Ukr./Eng Cath Liturgy (C)</i> 	15 9:45 Fun and Fit (G) 11:00 Trivia (G) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:30 Ukrainian Christmas Caroling (H.H)	16 9:15 Loving Spoonful (1-1) 10:00 Cat Visits (1-1) 10:30 Ukr Orth Christmas (C) 12:00 Loving Spoonful (1-1) 1:30 Pet Therapy (1-1) 2:45 Ecumenical Service (A.R) 3:15 Log Houses (1-1) 5:15 Table Games (C.A.) 	17 9:15 Loving Spoonful (1-1) 10:00 Sensory Room (1-1) 12:00 Lunch at Albert's and Londonderry Mall Shopping 3:15 Friendly Visits (1-1) 6:15 Yahtzee (C.A.) 	18 9:15 Loving Spoonful (1-1) 10:00 Folding (1-1) 1:30 Live Entertainment with Ron K (A.R) 3:15 Sensory Room (1-1) 6:15 Showtime (A.R) 	19 10:30 Hymn Sing (A.R) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 1:30 Music with Georgina (R) 3:15 Coffee Brewing (C.A) 6:15 Happy Hour (C.A.)	20 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Music with Georgina (A.R) 3:15 Friendly Visits (1-1) 
21 2:00 <i>Ukr./Eng Cath Liturgy (C)</i> 	22 9:45 Fun and Fit (G) 11:00 Trivia (G) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Sensory Room (1-1)	23 9:15 Loving Spoonful (1-1) 10:00 Activity Cart (1-1) 12:00 Loving Spoonful (1-1) 1:30 Balloon Volleyball (A.R) 2:45 Roman Catholic Mass (C) 3:15 Doll Therapy (1-1) 5:15 Table Games (C.A.) 	24 9:15 Loving Spoonful (1-1) 10:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) 1:30 Music with Georgina (B) 3:15 Cat Visits (1-1) 6:15 Card Bingo (C.A.) 	25 9:15 Loving Spoonful (1-1) 10:00 Colour & Paint (A.R) 1:00 Meet & Greet with MLA Chris Nielson Music with Shawn (A.R) 6:15 Showtime (A.R) 	26 Facility Wide Christmas Take Down 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Happy Hour (C.A.) 	27 9:45 Brain Teasers (G) 2:00 Verknovna Ukrainian Dance Group (H.H) 3:15 Friendly Visits (1-1) 
28 2:00 <i>Ukr./Eng Cath Liturgy (C)</i> 	29 9:45 Fun and Fit (G) 11:00 Trivia (G) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Sensory Room (1-1) 	30 9:15 Loving Spoonful (1-1) 10:00 Activity Cart (1-1) 12:00 Loving Spoonful (1-1) 1:30 Pet Therapy (1-1) 2:45 Ecumenical Service (A.R) 3:15 Cat Visits (1-1) 5:15 Table Games (C.A.) 	31 9:15 Loving Spoonful (1-1) 10:00 Sensory Room (1-1) 12:45 Bonnie Doon Bowling 3:15 Friendly Visits (1-1) 5:15 Yahtzee (C.A.) 	Location Legend (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) - Chapel (1-1) - One-on-One programs (F.S)- Four Seasons (C.A) - Café Area (H-H) - Heritage Hall (A.R) – Alberta Room (R.R) - Recreation Room		

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