
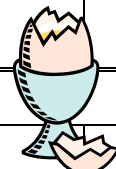





2017-18 Fall – Winter Menu

Vegreville Manor

Week 1

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 30 Nov 27 Dec 25	Jan 22 Feb 19 Mar 19	Oct 31 Nov 28 Dec 26	Jan 23 Feb 20 Mar 20	Nov 1 Nov 29 Dec 27	Jan 24 Feb 21 Mar 21	Nov 2 Nov 30 Dec 28	Jan 25 Feb 22 Mar 22	Nov 3 Dec 1 Dec 29	Jan 26 Feb 23 Mar 23	Nov 4 Dec 2 Dec 30	Jan 27 Feb 24 Mar 24	Nov 5 Dec 3 Dec 31	Jan 28 Feb 25 Mar 25
Beverages	• Tea • Coffee • Juice • Milk •													
Breakfast	Dry Cereal Toast Fruit (banana/orange) Boiled Egg		Dry Cereal Waffles Fruit (banana/orange) Sausage Pattie		Dry Cereal Raisin Toast Fruit (banana/orange)		Cream of Wheat Toast Fruit (banana/orange)		Oatmeal Toast Fruit (banana/orange)		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Raisin Toast Fruit (banana/orange)	
Lunch	  													
Soup	Dill Pickle		French Onion		Cdn Bacon & Yellow Pea		Tortellini		Mulligatawny		Chicken Noodle		Mushroom	
Entree	Chicken Strips Caesar Salad Cheesy Garlic Bread Peach Melba		Bread/Butter Pickles Fish Burger (with lettuce, tomato, cheese) Fresh Fruit		Grilled Ruben (corned beef, sauerkraut, cheese) Cucumber & Celery Carrot Sticks Strawberry/Rhubarb Cheesecake		Fried Egg Sandwich (with side bacon slices) Orange Slices Square		Cottage Cheese Stawnychy Head Cheese Boiled Egg Cucumber Slices & Tomato Wedge Bread/Butter Diced Pears		French Toast with Fruit Medley Sausages Butter Tart		Grilled Ham/Cheese Sandwich Stewed Tomato Tapioca Pudding	
Alternate	Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich		Sandwich	
Supper														
Soup	French Onion		Cdn Bacon & Yellow Pea		Tortellini		Mulligatawny		Chicken Noodle		Mushroom		Country Vegetable	
Entrée	Cucumber/Tomato Salad Roasted Pork Loin Light Gravy Mashed Potato Glazed Carrots		Coleslaw Country Beef Stew (with assorted vegetables) Potato Chunks Bread		Cucumber & Onion Salad Roast Chicken Nachinka (cornmeal) Roasted Carrots/Beets		Tossed Salad Meatballs with Sauce Rice Steamed cabbage		Spinach or Kale Salad Baked Salmon (with dill sauce) Oven Roasted Potato Peas		Caesar Salad Shepherd's Pie Bun		Tossed Salad Roast Turkey Stuffing Gravy Mashed Potato Brussel Sprouts	
Dessert	Danish		Butterscotch Pudding		Apple Crisp		Ice Cream		Poppyseed Lemon Cake		Banana Cream Pie		Pineapple Jell-O	
Alternate	Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies	
Condiments	• Bread • Margarine • Butter •													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.