




















































# 1<sup>st</sup> Floor Recreation Calendar

# February 2018

# Long Term Care Centre

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
				<p>9:45 Arts and Crafts (R.R) 11:00 Coffee Brewing (R.R) 1:30 Music with Georgina (A.R) 3:15 Friendly Visits (1-1) 6:15 Showtime (A.R)</p> 	<p>10:30 Hymn Sing (A.R) 1:30 Bingo (G) 3:15 Card/Crib Games (C.A) 6:15 Happy Hour (C.A)</p> 	<p>11:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) 1:30 Movie Matinee (F.S) 5:45 Yahtzee (C.A)</p> 	
<p>2:00 Ukr./Eng Cath Liturgy (C)</p> 	<p>9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Sensory Room (1-1)</p> 	<p>9:45 Colour &amp; Paint (R.R) 11:00 Coffee Brewing (R.R) 1:30 Pet Therapy (1-1) 2:45 Anglican Service (A.R) 3:15 Activity Cart (1-1) 6:15 Table Games (C.A)</p> 	<p>9:45 Crosswords (R.R) 11:00 Coffee Brewing (R.R) <b>1:00 Muttart Conservatory</b> 3:15 Friendly Visits (1-1) 6:15 Card Bingo (C.A)</p> 	<p>9:45 iPad Games (R.R) 11:00 Coffee Brewing (R.R) <b>1:30 Birthday Party with Old Smoothies (H.H)</b> <b>3:15 Resident Committee Meeting (R.R)</b> 6:15 Showtime (A.R)</p> 	<p>9:45 Valentine's Day Baking (R.R) 11:00 Coffee Brewing (R.R) 1:30 Bingo (G) 3:15 Card/Crib Games (C.A) 6:15 Happy Hour (C.A)</p>	<p>9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Music with Georgina (A.R) 3:15 Friendly Visits (1-1)</p> 	
<p>2:00 Ukr./Eng Cath Liturgy (C)</p> 	<p>9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Sensory Room (1-1)</p>	<p>9:45 Candy Gram Prep (R.R) 11:00 Coffee Brewing (R.R) 1:30 Valentine's Day Baking (R.R) 2:45 Roman Catholic Mass (C) 3:15 Music Bingo (R.R) 6:15 Sensory Room (1-1)</p>	<p><b>VALENTINE'S DAY</b> 10:00 Candy Gram Delivery <b>1:30 Valentine's Day Social (A.R)</b> 3:15 Friendly Visits (1-1) 6:15 Table Games (C.A)</p> 	<p>10:00 Colour &amp; Paint (R.R) <b>12:00 Valentine's Day Couples Lunch (A.R)</b> 2:00 Music with Georgina (A.R) <b>6:15 Veeteretz Ukrainian Dance Group (H.H)</b></p>	<p>10:30 Hymn Sing (A.R) 1:30 Bingo (G) 3:15 Card/Crib Games (C.A) 6:15 Happy Hour (C.A)</p>	<p><b>No Recreation Programs Today!</b></p> 	
<p>2:00 Ukr./Eng Cath Liturgy (C)</p> 	<p><b>No Programs Today!</b></p> 	<p>9:45 Colour &amp; Paint (R.R) 11:00 Coffee Brewing (R.R) <b>1:30 Meet and Greet with MP Zaid Aboultaif (A.R)</b> 2:35 Ecumenical Service (A.R) 3:15 Yahtzee (C.A) 6:15 Table Games (C.A)</p> 	<p>9:45 Crosswords (R.R) 11:00 Coffee Brewing (R.R) <b>1:00 Telus IMAX Movie</b> 3:15 Friendly Visits (1-1) 6:15 Music Bingo (R.R)</p> 	<p>9:45 Art Therapy (R.R) 11:00 Coffee Brewing (R.R) <b>1:30 Live Entertainment with Wes and Wendy (A.R)</b> 6:15 Showtime (A.R)</p> 	<p>10:30 Hymn Sing (A.R) 1:30 Bingo (G) 3:15 Sensory Room (1-1) <b>6:30 Zoranka Ukrainian Dance Group (H.H)</b></p> 	<p>11:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) 1:30 Movie Matinee (A.R) 5:45 Yahtzee (C.A)</p> 	
<p>2:00 Ukr./Eng Cath Liturgy (C)</p> 	<p>9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Sensory Room (1-1)</p> 	<p>9:45 Winter Baking (R.R) 11:00 Coffee Brewing (R.R) 1:30 Balloon Volleyball (G) 2:45 Roman Catholic Mass (C) 3:15 Music Bingo (R.R) 6:15 Table Games (C.A)</p>	<p>9:45 Brain Teasers (R.R) 11:00 Coffee Brewing (R.R) <b>1:30 Owls of Alberta Presentation (H.H)</b> 3:15 Friendly Visits (1-1) 6:15 Card Bingo (C.A)</p> 	<p><b>Location Legend</b> (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) - Chapel (1-1) - One-on-one programs (BT) – Basement (F.S) – Four Seasons (H-H) - Heritage Hall (C.A) - Café Area (R.R) - Recreation Room (A.R) – Alberta Room</p>			

Recreation Programs are subject to last minute changes. Please contact Miranda, Recreation Manager at (780) 473-5621 ext. 3409

2nd Floor Recreation Calendar		February 2018		Long Term Care Centre		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
<p>4</p> <p>2:00 Ukr./Eng Cath Liturgy (C)</p> 	<p>5</p> <p>9:45 Fun and Fit (G) 11:00 Trivia (G) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Sensory Room (1-1)</p> 	<p>6</p> <p>9:15 Loving Spoonful (1-1) 10:00 Activity Cart (1-1) 12:00 Loving Spoonful (1-1) 1:30 Balloon Volleyball (A.R) 2:45 Anglican Service (A.R) 3:15 Sensory Room (1-1) 6:15 Table Games (C.A)</p> 	<p>7</p> <p>9:15 Loving Spoonful (1-1) 10:00 Colour &amp; Paint (A.R) 12:00 Loving Spoonful (1-1) <b>1:00 Muttart Conservatory</b> 3:15 Friendly Visits (1-1) 6:15 Card Bingo (C.A)</p> 	<p>8</p> <p>9:15 Loving Spoonful (1-1) 10:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) <b>1:30 Birthday Party with Old Smoothies (H.H)</b> 6:15 Showtime (A.R)</p> 	<p>9</p> <p>9:15 Loving Spoonful (1-1) 10:00 Folding (1-1) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 1:30 Music with Georgina (B) 3:15 Sensory Room (1-1) 6:15 Happy Hour (C.A)</p> 	<p>10</p> <p>9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Music with Georgina (A.R) 3:15 Friendly Visits (1-1)</p> 
<p>11</p> <p>2:00 Ukr./Eng Cath Liturgy (C)</p> 	<p>12</p> <p>9:45 Fun and Fit (G) 11:00 Trivia (G) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Sensory Room (1-1)</p>	<p>13</p> <p>9:15 Loving Spoonful (1-1) 10:00 Candy Gram Prep (R.R) 12:00 Loving Spoonful (1-1) 1:30 Pet Therapy (1-1) 2:45 Roman Catholic Mass (C) 3:15 Cat Visits (1-1) 6:15 Sensory Room (1-1)</p> 	<p>14 VALENTINE'S DAY</p> <p>9:15 Loving Spoonful (1-1) 10:00 Candy Gram Delivery 12:00 Loving Spoonful (1-1) <b>1:30 Valentine's Day Social (A.R)</b> 3:15 Friendly Visits (1-1) 6:15 Table Games (C.A)</p> 	<p>15</p> <p>9:15 Loving Spoonful (1-1) 10:00 Log Houses (1-1) <b>12:00 Valentine's Day Couples Lunch (A.R)</b> 2:00 Music with Georgina (A.R) <b>6:15 Veeteretz Ukrainian Dance Group (H.H)</b></p>	<p>16</p> <p>9:15 Loving Spoonful (1-1) 10:30 Hymn Sing (A.R) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 1:30 Music with Georgina (G) 3:15 Coffee Brewing (C.A) 6:15 Happy Hour (C.A)</p>	<p>17</p> <p><b>No Recreation Programs Today!</b></p> 
<p>18</p> <p>2:00 Ukr./Eng Cath Liturgy (C)</p> 	<p>19</p> <p><b>No Programs Today!</b></p> 	<p>20</p> <p>9:15 Loving Spoonful (1-1) 10:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) <b>1:30 Meet and Greet with MP Zaid Aboultaif (A.R)</b> 2:35 Ecumenical Service (A.R) 3:15 Doll Therapy (1-1) 6:15 Table Games (C.A)</p>	<p>21</p> <p>9:15 Loving Spoonful (1-1) 10:00 Activity Cart (1-1) 12:00 Loving Spoonful (1-1) <b>1:00 Telus IMAX Movie</b> 3:15 Friendly Visits (1-1) 6:15 Music Bingo (R.R)</p> 	<p>22</p> <p>9:15 Loving Spoonful (1-1) 10:00 Colour &amp; Paint (A.R) 12:00 Loving Spoonful (1-1) <b>1:30 Live Entertainment with Wes and Wendy (A.R)</b> 6:15 Showtime (A.R)</p> 	<p>23</p> <p>9:15 Loving Spoonful (1-1) 10:30 Hymn Sing (A.R) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 1:30 Music with Georgina (R) 3:15 Cat Visits (1-1) <b>6:30 Zorianka Ukrainian Dance Group (H.H)</b></p> 	<p>24</p> <p>11:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) 1:30 Movie Matinee (A.R) 5:45 Yahtzee (C.A)</p> 
<p>25</p> <p>2:00 Ukr./Eng Cath Liturgy (C)</p> 	<p>26</p> <p>9:45 Fun and Fit (G) 11:00 Trivia (G) 12:00 Loving Spoonful (1-1) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Sensory Room (1-1)</p> 	<p>27</p> <p>9:15 Loving Spoonful (1-1) 10:00 Activity Cart (1-1) 12:00 Loving Spoonful (1-1) 1:30 Pet Therapy (1-1) 2:45 Roman Catholic Mass (C) 3:15 Coffee Brewing (C.A) 6:15 Table Games (C.A)</p> 	<p>28</p> <p>9:15 Loving Spoonful (1-1) 10:00 Sensory Room (1-1) 12:00 Loving Spoonful (1-1) <b>1:30 Owls of Alberta Presentation (H.H)</b> 3:15 Friendly Visits (1-1) 6:15 Card Bingo (C.A)</p> 	<p><b>Location Legend</b> (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) - Chapel (1-1) - One-on-one programs (BT) – Basement (F.S) – Four Seasons (H-H) - Heritage Hall (C.A) - Café Area (R.R) - Recreation Room (A.R) – Alberta Room</p> 		

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