


2018 Spring- Summer Menu (Residents only)

Week 2

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	April 16	Aug 6	April 17	Aug 7	April 18	Aug 8	April 19	Aug 9	April 20	Aug 10	April 21	Aug 11	April 22	Aug 12
	May 14	Sept 3	May 15	Sept 4	May 16	Sept 5	May 17	Sept 6	May 18	Sept 7	May 19	Sept 8	May 20	Sept 9
	June 11	Oct 1	June 12	Oct 2	June 13	Oct 3	June 14	Oct 4	June 15	Oct 5	June 16	Oct 6	June 17	Oct 7
	July 9		July 10		July 11		July 12		July 13		July 14		July 15	
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast	Oatmeal Cereal Toast French Toast <i>Or</i> Cold Cereal	 Cream of Wheat Toast Bacon <i>or</i> Cold Cereal	Cornmeal Cereal Fried Eggs Toast <i>or</i> Cold Cereal	Oatmeal Cereal Toast Cheddar Cheese <i>or</i> Cold Cereal	Bran Cereal Toast Waffles <i>or</i> Cold Cereal	 Cornmeal Cereal Toast Scrambled Eggs <i>or</i> Cold Cereal	Cream of Wheat Toast Turkey Sausage <i>or</i> Cold Cereal							
Lunch														
Entree	Fried Chicken Sandwich Coleslaw Tomato Slices <i>or</i> Assorted Sandwiches	Macaroni & Cheese Turkey Sausage Mixed Vegetables <i>or</i> Assorted Sandwiches	Hamburger French Fries Garden Salad <i>or</i> Assorted Sandwiches	Turkey on Rye Potato Salad Pickles <i>or</i> Assorted Sandwiches	Nalysnyky/Sour Cream Kobasa Springs Green Salad <i>or</i> Assorted Sandwiches	Assorted Sandwiches Greek Salad <i>or</i> Assorted Sandwiches	Beer Battered Fish Potato Wedges Tossed Salad <i>or</i> Assorted Sandwiches							
Dessert	Fresh Seasonal Fruit	Jell-O	Fresh Berries	Sliced Peaches	Rice Pudding	Orange Sections	Bananas							
Soup	Lentil	Cream of Broccoli	 Corn Chowder	Cream of Carrot	Potato	Minestrone	Beef Rice							
Supper														
Entrée <i>*Alternative entrée</i>	Beef Stroganoff Rice PEI Mixed Vegetables <i>Pork Chops*</i>	Baked Ham Baby Roasted Potatoes Summer Vegetables <i>Chicken Pot Pie*</i>	Honey Mustard Chicken Breast Whipped Potatoes Broccoli Florets <i>Sole Fillets *</i>	Roast Pork Loins Mashed Potatoes Buttered Squash <i>Roast Beef*</i>	Cod Loins Creamy Risotto PEI Mixed Vegetables <i>Hot Corned Beef*</i>	Chicken Thighs Mashed Potatoes Italian Mixed Veg <i>Turkey Sausage*</i>	Roast Beef /Gravy Whipped Potatoes California Vegetables <i>Poached Sole*</i>							
Dessert	Carrot Cake	Crushed Pineapple	Chocolate Cake	Apple Pie	Watermelon Wedges	Pumpkin Pie	Strawberry Ice Cream							
PM/HS Snack	Fruit Loaf	Fresh Banana	Cheese Bun	Mini Croissant	Fresh Fruit	 Yogurt	Pudding							
Condiments	• Bread • Buns • Margarine •													

Gravy With All Meals- Soup And Dessert May Change Without Notice