




























OCTOBER 2017

VEGREVILLE MANOR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 9:45- Exercises 10:45 – Nice Nails 2:00 – Card Bingo 6:00 - Rosary 	3* 8:30 - BP clinic  9:45- Exercises 10:45 – News & Views 1:30 – Harmony Music	4** 9:45- Exercises 10:30 – Fall Board 1:30 – Horse Races 2:30 – Group Puzzle	5* 9:45- Exercises 10:45- Library Swap 2:00 - Thanksgiving Movie 	6** 9:45- Exercises 10:45- Shop Cart 1:30- Word Games 2:30 - Thanksgiving Bingo	7 
8 	9* Thanksgiving Day  No Activities	10* 9:45- Exercises 10:45- News & Views 2:00 – Card Bingo 	11 9:45- Exercises 10:45- Chair Yoga 1:30 – Horse Races 2:30 – Price is Right	12 9:00 - Exercises* 10:00 –St. Vladimir  1:30 – Bob’s Music	13 9:45- Exercises 10:45- Shop Cart 2:00 – Holy Trinity 	14 
15 	16 AHS FLU CLINIC Municipal Elections	17 9:45- Exercises 10:45 – News & Views 1:30 – Tony Mapa  6:30 - Pub Night w/ Soul Spice 	18 9:45- Exercises  10:30 – Hallowe’en Decorating 1:30 – Resident Meeting 	19 9:45- Exercises 10:45- Library Swap 1:30 – 3:00 Men’s Group 	20* 9:45- Exercises 10:45 – Shop Cart 1:30 – Octoberfest Celebration w/ Country Gold	21 2:30 – Seventh Day Adventist 
22 	23 9:45- Exercises 10:00- 12:00 FCSS* 10:45 – Nice Nails 2:00 – Card Bingo 	24 9:45- Exercises 10:45- Library Swap 1:30 – Baking 	25 9:45- Exercises 10:45- Indoor Golf 1:30 – Horse Races 3:00 – United Church	26 9:45- Exercises 10:45 – Hallowe’en Treat Bags  1:30 – Pumpkin Carving/ Decorating	27** Sherwood Park Bus Trip  9:45- Exercises 10:45 – Shop Cart 1:30 – Birthday Celebrations	28 
29 	30 9:45- Exercises 10:45 – Nice Nails 1:00 – Personal Touch Fashions	31 9:45- Exercises  10:45- News & Views 1:30 – George & Velma Halloween Costume Social				*Calendar subject to changes