





2016-17 Fall - Winter Menu MP Lodge

Week 4

|  3 | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | | SUNDAY | |
|--|---|---------|--|---------|--|---------|---|--------|---|--------|---|--------|---|--------|
| | Nov 13 | Feb 5 | Nov 14 | Feb 6 | Nov 15 | Feb 7 | Nov 16 | Nov 13 | Feb 5 | Nov 14 | Feb 6 | Nov 15 | Feb 7 | Nov 16 |
| | Dec 11 | March 5 | Dec 12 | March 6 | Dec 13 | March 7 | Dec 14 | Dec 11 | March 5 | Dec 12 | March 6 | Dec 13 | March 7 | Dec 14 |
| Beverages | • Tea • Coffee • Lactaid • Fruit Juice • Buttermilk • | | | | | | | | | | | | | |
| Breakfast | Oat Bran Cereal Poached Eggs Toast or Cold Cereal | | Cream of Wheat Cereal Toast Pancakes or Cold Cereal | | Oatmeal Cereal Toast Grilled Bacon or Cold Cereal | | Corn Meal Toast Boiled Eggs or Cold Cereal | | Cream of Wheat Cereal Toast French Toast or Cold Cereal | | Oatmeal Cereal Toast Pan Omelet or Cold Cereal | | Oat Bran Toast Cheese & Fresh Fruit or Cold Cereal | |
| Lunch |   | | | | | | | | | | | | | |
| Entree | Pasta Meat Sauce Caesar Salad Pickles or Assorted sandwiches | | Shepherd's pie Gravy Mix Vegetable Sweet Pickles or Assorted sandwiches | | Cabbage Rolls Kovbasa Sliced Beets Garden Salad or Assorted sandwiches | | Leek, Cheese & Potato Puff Pastry Ham Tomato Slices Tossed Salad or Assorted sandwiches | | Mushroom Meatballs Egg Noodles Tomato Salad Roll Mops or Assorted sandwiches | | Potato and Cheese Pyrohy Turkey Sausages Tossed Salad or Assorted Sandwiches | | Quiche PEI Mixed Vegetables Garden Salad or Assorted sandwiches | |
| Dessert | Assorted Desserts | | Orange Sections | | Lemon Pie | | Butter Tart | | Cheese Cake | | Vanilla Ice Cream | | Bananas | |
| Soup | Garden Vegetable Soup | | Cream of Mushroom | | Chicken Noodle | | Bean Soup | | Spring Borshch | | Chicken Rice | | Potato Corn | |
| Supper |  | | | | | | | | | | | | | |
| Entrée | Hot Baked Salmon Fillet Lemon Sauce Rice Blend Snow Peas Garden Salad Entrée 2 Meatballs with Mushroom Sauce | | Hot Breaded Chicken Breast Whipped Potatoes Corn Niblets Tossed Salad | | Hot Roast Pork w Gravy Whipped Potatoes Broccoli Florets Shredded Carrot Salad | | Hot Chicken a la King Steamed Potatoes Winter Vegetable Romaine Salad | | Hot Hungarian Goulash Whipped Potatoes Carrots Garden Salad | | Hot Chicken Drumsticks Baby Potatoes Peas Cucumber slices | | Hot Hamburger Steak with Onions & Gravy Whipped Potatoes Green Beans Romaine Salad | |
| Dessert | Fruit Cocktail | | Banana Cream Pie | | Cake | | Diced Pears | | Jello | | Apple Pie | | Chocolate Cream Pie | |
| PM/HS Snack | Puree Fruit Cup | | Cheese & Crackers | | Banana | | Muffin | | Croissants | | Yogurt | | Baked Cookie | |
| Condiments | • Bread • Buns • Margarine • | | | | | | | | | | | | | |

Soup And Dessert May Change Without Notice