

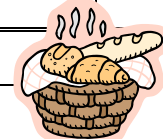



# 2017-18 Fall – Winter Menu (Residents only)

# Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 6	Jan 29	Nov 7	Jan 30	Nov 8	Jan 31	Nov 9	Feb 1	Nov 10	Feb 2	Nov 11	Feb 3	Nov 12	Feb 4
	Dec 4	Feb 26	Dec 5	Feb 27	Dec 6	Feb 28	Dec 7	March 1	Dec 8	March 2	Dec 9	March 3	Dec 10	March 4
	Jan 1	March 26	Jan 2	March 27	Jan 3	March 28	Jan 4	March 29	Jan 5	March 30	Jan 6	March 31	Jan 7	April 1
<b>Beverages</b>	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
<b>Breakfast</b>	Oatmeal Waffles Toast <i>or</i> Cold Cereal		Oat Bran Scrambled Eggs Toast <i>or</i> Cold Cereal		Cream of Wheat Bacon Toast <i>or</i> Cold Cereal		Cornmeal French Toast Toast <i>or</i> Cold Cereal		 Oatmeal Western Omelet Toast <i>or</i> Cold Cereal		Cream of Wheat Turkey Sausage Toast <i>or</i> Cold Cereal		Oat Bran Toast Cheese Slice <i>or</i> Cold Cereal	
<b>Lunch</b>														
<b>Entree</b>	Hungarian Bratwurst w/Sauerkraut Corn <i>or</i> Assorted Sandwiches		Potato & Cheddar Pyrohy Pork Sausage Sour Cream Beets <i>or</i> Assorted Sandwiches		Chicken Fingers French Fries Peas & Carrots <i>or</i> Assorted Sandwiches		Meat Loaf Mushroom Sauce Mashed Potatoes Garden Salad <i>or</i> Assorted Sandwiches		Vegetable Lasagna Spinach Salad <i>or</i> Assorted Sandwiches		Sweet & Sour Chicken Mixed Vegetables Rice Pilaf <i>or</i> Assorted Sandwiches		Italian Sausage Squash Potato Salad <i>or</i> Assorted Sandwiches	
<b>Dessert</b>	Chocolate Cream Pie		Apricot Halves		Lemon Cream Cake		Butterscotch Pudding		Oatmeal Rolls		Fruit Cocktail		Ice Cream	
<b>Soup</b>	Tomato		Borshch		Mushroom		Sauerkraut		Chicken Noodle		Potato & Bacon		Beef Barley	
<b>Supper</b>														
<b>Entrée</b>	Hot Teriyaki Chicken Breast Rice Pilaf Green Beans  Entrée 2 Fish Sticks		Hot Beef Bourgeon Boiled Potatoes Buttered Fresh Turnips  Entrée 2 Vegetarian Lasagna		Hot St Louie Ribs Stir Fry Vegetables Wild Rice  Entrée 2 Roast Beef		 Hot Chicken Pot Pie Whipped Potatoes Carrot Coins  Entrée 2 Crunchy Perch		Hot Market Fish Potatoes PEI Mixed Veggies  Entrée 2 Cantonese Pork		Hot Ham Scalloped Potatoes Peas  Entrée 2 Chicken Fingers		 Hot Roast Turkey Gravy Whipped Potatoes Glazed Carrots  Entrée 2 Beef Sausage	
<b>Dessert</b>	Banana Cake		Apple Crisp		Tapioca Pudding		Sliced Peaches		Brownie		Chocolate Cake		Pumpkin Pie	
<b>PM/HS Snack</b>	Mini Muffin		Spinach and Feta Bun		Banana		Baked Cookies		Croissants		Chicken Salad Sandwich		Danish	
<b>Condiments</b>	• Bread • Buns • Margarine •													

Gravy With All Meals –Soup And Dessert May Change Without Notice