



St. Michael's
HEALTH GROUP

St. Michael's Long Term Care Centre

News & Recreation

JANUARY 2024



Welcome to a new year filled with possibilities! This January, join us as we embrace fresh beginnings and celebrate the warmth of community. Here's to a wonderful start to the year ahead!

**Please check the January Calendar for upcoming events in 2023.
Happy New Years!**



January Birthdays

Olha Z	January 2, 1939
Janice B	January 3, 1949
Jean H	January 4, 1940
Christa M	January 5, 1928
Jean M	January 7, 1931
Barbara S	January 11, 1943
Jackie Z	January 13, 1930
Joan M	January 14, 1947
Soumaia H	January 16, 1952
Anne H	January 17, 1939
Aurora H	January 22, 1942
Anne M	January 28, 1937
Gerry E	January 29, 1941
Sandra P	January 31, 1959

★HAPPY★
BIRTHDAY!

Upcoming Events in January



Music & Special Events

- **January 4th – Music with Georgina and Bianca** | 2:00 p.m. | Alberta Room
- **January 19th - Happy Hour with Larry** | 2:00 p.m. | Alberta Room
- **January 24th - Live Entertainment with Jeff Ramsey** | 2:00 p.m. | Alberta Room
- **January 25th - Monthly Birthday Party with Band of Brothers** | 2:00 p.m. | Heritage Hall

Outings

- **January 10th – Sherwood Park Bowling** | Departure 1:00 p.m.
- **January 31st – Alberta Museum of Art** | Departure 1:30 p.m.

**If you would like to attend an outing, please let Recreation staff know!*



Breakfast Club

- **January 23th - Men's Pancake Breakfast** | 9:00 a.m. | Recreation Room
- **January 30th – Ladies Pancake Breakfast** | 9:00 a.m. | Recreation Room

Notables

- **January 17th – Movie Matinee** | 2:00 p.m. | Heritage Hall
- **January 18th - Theatre Club with Ivor Dent School** | 1:45 p.m. | Alberta Room



December Highlights



Mixed-Up New Year's Day

Unscramble the letters to make words that are associated with New Year's Day.

1. BCANREITLOE

2. RFNIDES

3. IDHALYO

4. BYAB

5. OLBTFOLA

6. AURNAJY

7. MAIFLY

8. INATTODIR

9. OLOUDCTNWN

10. WEN ERYA

11. APEDRA

12. CDRNLAEA

13. GNNINBGIE

14. EROS OWBL

15. EHGCAN

16. RAPTY

17. RFTSI

18. RNEOSLOIUT



