

1st Floor














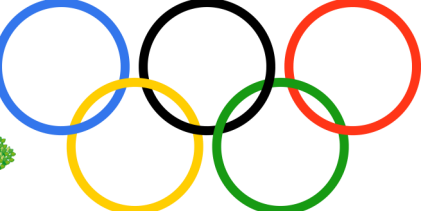
St. Michael's
HEALTH GROUP

JULY 2024

LTCC Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Legend: (B), (G), (R) – Blue Pod, Green Pod, Red Pod (1-1) - One-on-one (HH) - Heritage Hall (RR) - Recreation Room (AR) – Alberta Room		(FG) – Family Garden FS —Four Seasons Room (CP) - Cafeteria Patio (C) – Chapel		Recreation programs are subject to last minute changes. If you have questions, please contact Brooke, Recreation Manager at (780) 473-5621 ext. 3409 or bringuette@smhg.ca		
30 2:00 UKR/ ENG. Catholic Liturgy (C) 	1 No Recreation Programs Today 	2 10:00 Card Making (RR) 2:00 Anglican Service (C) 3:15 Duet Bike Rides (1-1)	3 10:30 UKR. Orthodox Liturgy (C) 2:00 Canada Day Celebration with John B. (HH) 	4 10:00 Art Club (AR) 1:30 Bingo (G) 4:00 Outside Strolls (1-1)	5 10:30 Hymn Sing (AR) 1:00 Edmonton International Street Performers Festival 6:15 Yahtzee (RR) 	6 10:00 Activity Cart (2nd Floor) 2:00 Theatre Club (AR)
7 2:00 UKR/ ENG. Catholic Liturgy (C) 	8 10:00 Fun & Fit (G) 11:00 Friendly Visits (1-1) 1:30 Bingo (B) 6:15 Yahtzee (RR) 	9 10:00 Balloon Volleyball (G) 2:00 Roman Catholic Mass (C) 3:15 Outside Strolls (1-1) 	10 10:00 Brain Games (RR) 11:00 Lunch at Capital Pizza 2:30 Duet Bike Rides (1-1)	11 10:00 Art Club (AR) 2:00 Parachute Games (AR) 2:00 Golden Memories (R)	12 10:30 Hymn Sing (AR) 1:30 Bingo (R) 3:30 Nifty Nails (1-1) 6:15 Yahtzee (RR) 	13 10:00 Activity Cart 1st Floor) 2:00 Theatre Club (AR)
14 2:00 UKR/ ENG. Catholic Liturgy (C) 	15 10:00 Fun & Fit (G) 11:00 Friendly Visits (1-1) NO BINGO TODAY 6:15 Yahtzee (RR)	16 10:00 Curling (AR) 10:00 Friendly Visits (1-1) 2:00 Baptist Service (AR) 3:00 Duet Bike Rides (1-1)	17 10:00 Baking (AR) 1:00 Yesterday's Auto Gallery Outing	18 10:00 Art Club (AR) 2:00 Monthly Birthday Party with Band of Brothers (HH) 	19 10:30 Hymn Sing (AR) 1:30 Bingo (B) 6:15 Yahtzee (RR) 	20 10:00 Music w/ Bianca 2:00 Theatre Club (AR)
21 2:00 UKR/ ENG. Catholic Liturgy (C)	22 10:00 Fun & Fit (G) 11:00 Friendly Visits (1-1) 1:30 Bingo (R) 6:15 Yahtzee (RR) 	23 2:00 Roman Catholic Mass (C) 5:00 Resident & Family BBQ with Larry (FG) 	24 No Morning Programs Today 1:30 Movie Matinee (AR)	25 10:00 Art Club (AR) 2:00 Ice Cream Social (FG) 3:30 Duet Bike Rides (1-1) 	26 10:30 Hymn Sing (AR) 2:00 Entertainment with Mark M. (AR) 3:30 Nifty Nails (1-1) 6:15 Yahtzee (RR) 	27 10:00 Music with Georgina 2:00 Theatre Club (AR)
28 2:00 UKR/ ENG. Catholic Liturgy (C) 	29 10:00 Fun & Fit (G) 11:00 Friendly Visits (1-1) 1:30 Bingo (G) 6:15 Yahtzee (RR) 	30 10:00 Armchair Travel to Paris (AR) 2:00 Ecumenical Service (AB) 3:30 Duet Bike Rides (1-1)	31 10:00 Brain Games (RR) 1:00 Rundle Park Outing 	<p>We will be hosting a Summer Olympic Games from July 29th—August 9th. All programs in BLUE will be Olympic themed events! Stay tuned for more details!</p>		



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Location Legend: (B), (G), (R) – Blue Pod, Green Pod, Red Pod (1-1) - One-on-one (HH) - Heritage Hall (RR) - Recreation Room (AR) – Alberta Room		(FG) – Family Garden FS —Four Seasons Room (CP) - Cafeteria Patio (C) – Chapel		Recreation programs are subject to last minute changes. If you have questions, please contact Brooke, Recreation Manager at (780) 473-5621 ext. 3409 or bringuette@smhg.ca		
30 2:00 UKR/ ENG. Catholic Liturgy (C) 	1 No Recreation Programs Today 	2 10:00 Activity Cart (1-1) 11:00 Nifty Nails (1-1) 2:00 Anglican Service (C) 6:15 Sensory Room (1-1)	3 10:30 UKR. Orthodox Liturgy (C) 2:00 Canada Day Celebration with John B. (HH) 	4 10:00 Art Club (AR) 1:30 Bingo (1st Floor G) 2:30 Music Bingo 4:00 Outside Strolls (1-1)	5 10:30 Hymn Sing (AR) 1:00 Edmonton International Street Performers Festival	6 10:00 Activity Cart (2nd Floor) 2:00 Theatre Club (AR)
7 2:00 UKR/ ENG. Catholic Liturgy (C)	8 10:15 Brain Games (AR) 1:30 Bingo (1st Floor B) 2:30 Balloon Volleyball (G) 3:30 Nifty Nails (1-1)	9 10:00 Beanbag Toss (R) 2:00 Roman Catholic Mass (C) 3:15 Duet Bike Rides (1-1) 6:15 Sensory Room (1-1)	10 10:00 Sensory Room (1-1) 11:00 Lunch at Capital Pizza 2:45 Bowling (AR) 6:15 Activity Cart (1-1)	11 10:00 Art Club (AR) 2:00 Parachute Games (AR) 3:30 Outside Strolls (1-1) 6:15 Sensory Room (1-1)	12 10:30 Hymn Sing (AR) 1:30 Bingo (1st Floor R) 2:15 Card Bingo 3:30 Outside Strolls (1-1) 	13 10:00 Activity Cart (1st Floor) 2:00 Theatre Club (AR)
14 2:00 UKR/ ENG. Catholic Liturgy (C) 	15 10:15 Activity Cart (1-1) 2:00 100th Birthday Party for Elsa (G)	16 10:00 Curling (AR) 2:00 Baptist Service (AB) 3:30 Outside Strolls (1-1) 6:15 Activity Cart (1-1)	17 10:00 Duet Bike Rides (1-1) 1:00 Yesterday's Auto Gallery Outing 6:15 Sensory Room (1-1)	18 10:00 Art Club (AR) 2:00 Monthly Birthday Party with Band of Brothers (HH) 6:15 Activity Cart (1-1) 	19 10:30 Hymn Sing (AR) 2:15 Music Bingo 1:30 Bingo (First Floor B) 3:30 Outside Strolls (1-1)	20 10:00 Music w/ Bianca 2:00 Theatre Club (AR)
21 2:00 UKR/ ENG. Catholic Liturgy (C)	22 10:15 Brain Games (AR) 1:30 Bingo (1st Floor R) 2:30 Balloon Volleyball (B) 3:30 Nifty Nails (1-1)	23 No Morning Programs Today 1:00 Duet Bike Rides (1-1) 2:00 Roman Catholic Mass (C)	24 1:30 Movie Matinee (AR) 5:00 Resident & Family BBQ with Larry (FG) 	25 10:00 Art Club (AR) 2:00 Ice Cream Social (FG) 3:30 Duet Bike Rides 6:15 Activity Cart (1-1) 	26 10:30 Hymn Sing (AR) 2:00 Entertainment with Mark M. (AR) 3:30 Outside Strolls (1-1) 	27 10:00 Music with Georgina 2:00 Theatre Club (AR)
28 2:00 UKR/ ENG. Catholic Liturgy (C) 	29 10:15 Activity Cart (1-1) 1:30 Bingo (1st Floor G) 2:15 Brain Games (AR) 3:45 Outside Visits (1-1)	30 10:00 Armchair Travel to Paris (AR) 2:00 Ecumenical Service (AB) 3:30 Outside Strolls (1-1) 6:15 Sensory Room (1-1)	31 10:00 Mini Bowling (AR) 1:00 Rundle Park Outing 6:15 Activity Cart (1-1) 	 <p>We will be hosting a Summer Olympic Games from July 29th—August 9th. All programs in BLUE will be Olympic themed events! Stay tuned for more details!</p>		