

2015-2016
ANNUAL REPORT



St. Michael's
HEALTH GROUP

Commitment to
Excellence

At the centre of our objectives
is the pursuit of excellence in
providing care.



Commitment to
Excellence

MISSION

Love with Care and Dignity

VISION

A Christian voluntary organization with an entrepreneurial spirit, dedicated to the provision of wellness-focused holistic care and community services to all with love and dignity

VALUES

**Excellence
Integrity
Community
Accountability
Communications**



STAN C. FISHER

ST. MICHAEL'S PRESIDENT AND CEO

Why Excellence for St. Michael's? All our lives we pursue a goal, an objective, a finish line, or what some might think is a simple task but to others it is a dream. Our first steps! Our first feelings of joy! Our first bike ride! First dance, marrying your ideal partner, and dreaming of a perfect family. Wouldn't all this just be excellent? Now think of our aging population (with you in it) and pursuits of excellence in their lives. Was that a dream or a task? Is this a journey that still continues? Why not? St. Michael's mission statement is "Care with Love and Dignity". Why not excellence in our final years of life?

We can tell you about a love story at St. Michael's --- a widowed Long Term Care resident and a widowed volunteer working with that resident asking if they can date. Then asking their families if it's okay if they took a vow of love and commitment. Could we arrange for them to get "married"? ... we did. He was 96 and she was 94 and we modified a room so they could be together. Is that excellence or just part of what we aspire to in providing quality of life at St. Michael's?

Or, our volunteer fundraising program that raised money for a duet-bike, an adult 3-wheeler with a modified seat for an adult transferred from a wheelchair. Put on your helmets and let's take a ride through the neighbourhood --- and oh yeah, bring the grandkids with their bikes and we'll ride together. The smile and sheer look of glee by our resident with dementia remembering their first bike ride as they were riding again with their first child pedaling and their first grandchild riding alongside. Is this excellence?

Or, our staff long service awards where we recognized 3 staff for 30 years continuous service, 5 with 25 years, and 10 for 20 years, is that excellence? Or building a raised garden at our Vegreville facility and making a first fresh grown salad and first tomato sauce from that garden... Or organizing your first big community fundraising event for our Spruce Grove facility --- was that a dream? Were these pursuits of excellence?

As St. Michael's President & CEO, I am proud to present this annual report, and commit to our pursuit of excellence – from dreams to reality, and continuing care for our seniors in society.



ED HLADUNEWICH

CHAIR, ST. MICHAEL'S EXTENDED CARE CENTRE SOCIETY

As a Board of Directors for St. Michael's, we work to integrate and align our processes, structures, culture, and planning strategies in order to successfully maintain or grow our desired organizational objectives. At the centre of those objectives is the pursuit of excellence in providing care. This governance task can be difficult in a changing service environment and an increasingly aging society with varied expectations.

Over the past year the Board met regularly conducting business and providing direction related to our 5 key strategic objectives. We have seen these goals become a part of the daily operations of St. Michael's as indicated through regular reports to the Board.

In addition the Standing Committees of the Board convened to address priorities in the areas of:

- Finance & Risk – corporate-wide matters
- Educational Needs & Development – for employees
- Facilities Needs / Maintenance / Renewal
- Heritage Preservation and Celebrations

Board development and education was addressed through various means, including guest speakers on topics current, emerging or pressing, and by sending Board members to select conferences or workshops related to our alliances, partnerships, and network objectives.

We would like to extend our gratitude to our Alberta Government related Ministries and elected officials at all three levels of government, and to our 300+ active volunteers. In addition we are very thankful to our business community, families and friends who have contributed financially to our ongoing operations.

We could not have built a new elevator for our residents at our Long Term Care site, purchased a new convection oven in our kitchen, or secured tens of thousands of dollars of health equipment for bathing services, safety devices, food services, recreation programs, and this list goes on. All done in the pursuit of excellence. Your faith in us to deliver on your commitment is paramount to our success.

To my fellow Board members, I look forward to our next year knowing of your dedication to service, your input to our collective wisdom in facing our challenges as a charitable organization, and for your enthusiasm in embracing our mission statement of "Care with Love and Dignity."

Ed Hladunewich

STRATEGIC OBJECTIVES

RESIDENT CARE AND QUALITY OF LIFE

To be recognized as a leading provider of resident safety, security and health, in compliance with provincial standards. Exceed Quality Assurance standards for all areas of operations, and enhance wellness and recreational activities that boost quality of life, physical well-being and the ability to pursue personal interests

ORGANIZATIONAL MANAGEMENT AND FISCAL SUSTAINABILITY

Nurture a Board whose governance, policy setting and oversight ensures full compliance with standards, maximum use of resources and insightful planning. Ensure accountability, expand fundraising and grant opportunities

NETWORKS, ALLIANCES AND PARTNERSHIPS

Contribute to the community through active membership in related bodies, and provide internships and other learning opportunities in partnership with colleges and universities

ACCREDITATION PRINCIPLES AND IDEALS

Achieve and exceed certification standards across all facets of our operations

COMMUNICATIONS

Build and maintain the internal systems needed to share information and public input with the Board, our standing and ad hoc committees, residents, families, staff, donors and volunteers



EXECUTIVE TEAM

**Paul
Teterenko**

**Christine
Teterenko**

**Daria
Luciw**

**Stan C.
Fisher**

**Rita
Wright**

**Kay
Willekes**

**Geraldine
Journeau**

2015-2016 BOARD OF DIRECTORS



M. Rev. Bishop David Motiuk - Honorary Director
His Grace, Bishop Ilarion Rudnyk - Honorary Director
Edward Hladunewich - Chair
Lubomyr Pastuszenko - Vice Chair
Mel Snihurowych - Secretary
Dr. Peter Kule - Treasurer

Directors

Lorraine Bodnarek, Myron Borys, Luba Feduschak, Stan Kobylo, John Kopeck,
Marco Levytsky, Natalka Mitchell, V. Rev. Mihajlo Planchak, Orest Yusypchuk

President & CEO

Stan C. Fisher

HERITAGE COMMITTEE

Luba Feduschak - Chair
Marco Levytsky
Natalka Mitchell
V. Rev. Mihajlo Planchak
Stan C. Fisher - President & CEO (ex officio)
Daria Luciw - Director, Fund Development
& Communications (recording secretary)

FACILITIES COMMITTEE

Luba Feduschak - Chair
Myron Borys
Edward Hladunewich
Stan Kobylo
Orest Yusypchuk
Stan C. Fisher - President & CEO (ex officio)
Paul Teterenko - Director, General Services
(recording secretary)

EDUCATION COMMITTEE

John Kopeck - Chair
Lorraine Bodnarek
Stan C. Fisher - President & CEO (ex officio)
Kay Willekes - Director, Human Resources
(recording secretary)

FINANCE, AUDIT AND RISK ASSURANCE COMMITTEE

Mel Snihurowych - Chair
Edward Hladunewich
John Kopeck
Peter Kule
Marco Levytsky
Stan C. Fisher - President & CEO (ex officio)
Geraldine Journeau - Director, Finance
(recording secretary)

LONG TERM CARE Excellence



EXCELLENCE IN RESIDENT CARE

St. Michael's dedicated staff live the philosophy of resident centered care every day, and every shift. Residents in Long Term Care benefit from a team which is committed to ongoing education, quality improvement and research in various aspects of care to find new and improved concepts and care models, as part of our commitment to excellence. Over the past year, many initiatives were undertaken by the resident care team, some of which were:

- St. Michael's Long Term Care Centre adopted a resident centered care approach with the goals of treating residents with respect at all times, improving communications with residents and their families, and improving transitions in care when residents are transported off site.
- A leader in many ways, St. Michael's staff developed a program being recognized and adopted by others. We revised influenza outbreak prevention and response plans and increased awareness regarding

the measures that could be taken to protect residents from the spread of communicable diseases. To help identify potential problem areas, staff successfully implemented a "Post-It" campaign to alert residents, staff, families and visitors to "high touch" points of contact and reinforce the need to follow hand hygiene protocols in these areas. The initiative was recognized by AHS as a great idea.

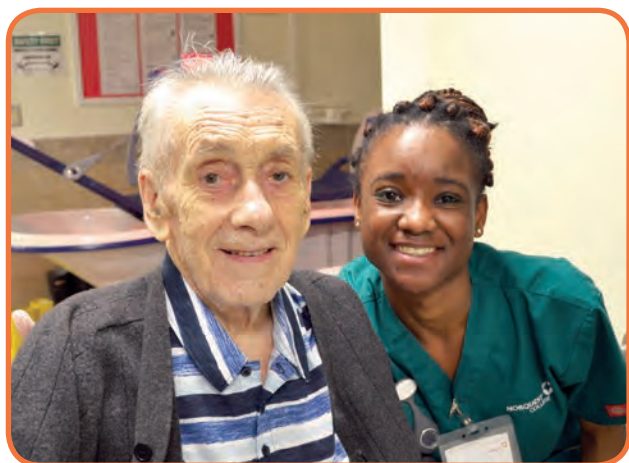
These activities, coupled with improved immunization rates and attention to correct hand hygiene protocols by families, visitors, volunteers and staff was a demonstration of excellence as there was no influenza or Gastrointestinal outbreak at SMLTCC during the year.

- Introduced weekly bedside rounds on a rotating basis. The goal was to increase resident and direct care provider input in the resident's care plan review. The initiative is now being expanded to invite Family members to participate if they wish.
- Created an information display on the 2nd floor about Dementia and Alzheimer's Diseases to assist family members and their understanding of the resident's experience and the need for support of families as these brain diseases progress.

St. Michael's dedicated staff live the philosophy of resident centered care every day, and every shift

In the area of education, the SMLTCC team capitalized on several opportunities to speak with and learn from national and global experts in Dementia and Long Term Care. These educational sessions included learning opportunities with:

- David Sheard, Dementia Care Matters Program Leader from the United Kingdom
- Eloy van hal, founder of De Hogeweyk, a Dementia Care Village in the Netherlands
- Jessica Luh Kim, from Schlegel Villages in Ontario



Our care team continues to seek opportunities to share our knowledge with others. Over the past year we have expanded partnerships with colleges where our nursing staff were involved in supporting the clinical practicums of Licensed Practical Nursing students from Norquest College, Nursing Attendant students from Norquest College, Robertson College, Alberta Caregiving Institute, and Excel Academy and Dental Hygienist students from the University of Alberta.

Research activities in the field of long term care are a regular feature where we both participate to help with studies as well as take results to apply as part of St. Michael's commitment to continued enhancement of care. Of note this past year, we participated as one of 32 Long Term Care Centers in a national M3 Clinical Study: Making the Most of Mealtimes. This study was targeted at addressing meal quality, meal access, and the mealtime experience recognizing that these factors can influence food intake in seniors.

St. Michael's also participated in the University of Alberta School of Dentistry Oral Hygiene Research initiative aimed at assessing reliability and validity of oral health assessment items currently utilized in Long Term Care settings.

Finally, the Director of Care became Vice Chair of Institute Continuing Care Education and Research (ICCR).

In November of 2015, St. Michael's began a significant Quality Improvement initiative, an outcome of input we received from surveys with families and residents, as well as the Family Experience Survey Report presented by the Health Quality Council of Alberta. These surveys showed that there was room for improvement in a few areas, including that of food services.

In order to close the gap in this area, St. Michael's CEO Stan Fisher launched an extensive Quality Improvement initiative to improve the meal and snack service provided to LTCC Residents. The project team assigned to this initiative has identified numerous recommendations for change and improvement, with many of them already being implemented while others are being tested. Two additional Quality Improvement initiatives were initiated in the areas of prevention of resident falls, and assessment and management of pain. These will continue during the coming year.

SUPPORTIVE LIVING

St. Michael's Health Group's Supportive Living communities remain committed to providing our residents with excellence in care, housing and services. Our staff and volunteers work with families, agencies, government and the community to ensure that our residents' need are respected, honoured and met and that we make a difference in their quality of life.

This past year, all 3 sites received full compliance for the 2015 accommodation standards. This audit of accommodation and accommodation related services substantiates our efforts and we are proud that our excellence, integrity and accountability are recognized at the highest levels.



MILLENNIUM PAVILION SENIOR'S LODGE

In Edmonton, the Millennium Pavilion Senior's Lodge challenged its staff to be more accountable and regularly evaluated goals and progress, focusing on the ensuring the satisfaction of residents.

The input and needs of the residents were always taken into consideration when making programming or service changes.



VEGREVILLE MANOR

In Vegreville, the residents were regularly engaged in the community and partnerships/activities with community groups were frequent. Vegreville Manor, its residents, staff and volunteers demonstrated that they are integral to the Vegreville (and area) community.



GROVE MANOR

Grove Manor staff and volunteers were very attentive to enhancing programming and recreation based on the interests and wellbeing of their residents. Participation in activities improved and resulted in increased resident satisfaction and enriched the daily practices of many people.

With our population aging and the demand for Supportive Living care and housing increasing, St. Michael's Health Group's Supportive Living team continues its commitment to excellence in its research and plans for future growth.

"I DO" THROUGH THE AGES

A STORY OF MARY & CARL, LONG TERM CARE CENTRE RESIDENTS

In the midst of a war with an uncertain future, Mary and Carl said 'I do' despite all that was happening around the world in September 1944. Now 71 years later, their commitment and love is still felt as endearments of 'Hon' and praise of each other's accomplishments are heard throughout their conversations.



Mary and Carl live at St. Michael's Long Term Care Centre in a room they share which they have personalized with wedding photos, anniversary albums, and embroidered cloths, and where they share their life's experiences with others.

And they have had many!

While they were not blessed with children, that did not stop this couple from working hard and making a contribution to the community. Besides serving in WWII, Carl was in mechanical maintenance and the CN Tower was HIS building. Mary was a gifted cook and they owned and operated several restaurants where patrons lined up to enjoy her talents in the kitchen. Her Ukrainian specials were so much in demand that one customer flew a plane in from Wetaskiwin, and landed in the field across from their Hwy 14A Café to make sure he didn't miss out!

Carl and Mary were both born in Ukraine - Carl came to Canada with his family when he was 8, and they homesteaded north of Ashmont. His father went to work for the CPR building the railroad. Carl's extended family which had settled earlier was among the very first group of settlers who came to Canada from Ukraine 125 years ago. Mary came in 1939 and her family also farmed by Myrnam. This loving couple met in 1942 in a café in downtown Edmonton where Mary was working. She remembers walks along Jasper Avenue were on sidewalks made of boards. Both have many recollections of Ukraine, particularly Mary who still sings the folk songs she learned as a young girl. The memories can be seen on their faces as they reflect on the stories of family clearing the land for farming, growing up in large families and Mary's trip to Canada enduring the ocean crossing on a ship just before the one behind them was sunk at the outbreak of the war. These reflections also include valuable lessons. They learned by working and while life was hard, it was fun and they always tried making the best of things, something staff at St. Michael's can still see today. They are grateful they have been able to grow old together and still share memories of family, trips to Hawaii and to Ukraine, and remember the many characters who frequented their restaurants.

St. Michael's feels honoured to care for people like Mary and Carl, and grateful that we can provide them the opportunity to continue 'growing old together'.



SUPPORTIVE PROGRAMS

HIGHLIGHTS IN THERAPEUTICS (OT/PT)

Always a busy area, this past year was no different. In addition to the ongoing therapy provided daily, staff in the Therapeutics Department helped expand the knowledge and skills of other members of the resident care team and health care students by providing a number of presentations that were part of the orientation or continuing education programs offered at SMLTCC. In January 2016 following discontinuation of the sub-acute care program at St. Michael's, resources were reassigned for additional exercise classes for residents including a walking program, range of motion exercise program and OT hand therapy for the long-term care centre residents.

HIGHLIGHTS IN PASTORAL AND SPIRITUAL CARE

During the 2015 – 2016 year there were many things to celebrate including a special wedding blessing for two love birds on the second floor in addition to the many meaningful worship times held during the Christmas and Easter seasons. Our commitment to excellence extends to all areas of St. Michael's operations and this past year we intentionally sought new ways to meet the spiritual needs of our residents and their families. The ministry of music was expanded - we purchased a new keyboard that enabled music to be brought into each of the resident dining room and lounge area. We also focused on communication to ensure residents and their families were aware of the support and programs available. A new pastoral and spiritual care brochure was produced, personalized notes were left in rooms, telephone calls were initiated and time was spent building relationships with the goal of providing more personalized care. Our pastoral care team provided residents and their families the

ministry of time and presence during end of life care, making sure sacraments were provided, faith communities were contacted and prayers of comfort were heard. Many funerals were attended, hugs shared, words of hope spoken. Significant volunteer support also helps the pastoral care program. Volunteers spent countless hours providing loving care, developing friendships, playing crib or simply portering a resident to worship services. All the residents are grateful for their dedication and assistance throughout the year.

HIGHLIGHTS IN RECREATION THERAPY

Recreation Therapy is a very vibrant and important program within St. Michael's. Programs are aimed at providing physical, mental, emotional, and social stimulation, and are delivered in a group setting or on an individualized basis according to resident needs and goals.



In 2015 – 2016 a resident council was established and several meetings held to seek input and incorporate the residents' ideas and suggestions into the planned events and services offered. As well, this past year we introduced new "Getting To Know Me" forms to collect information from family members on the life experiences and historical preferences of residents. This information is being shared with all members of the care team to incorporate into their interactions with residents. The recreation therapy team acknowledges their ability to do outstanding work was enhanced by the support received the Friends of St. Michaels Society of Edmonton (FOSMOE). The purchase of new adaptable duet bike is an excellent example. Residents who required the assistance of a wheelchair or walker have enjoyed the experience of a therapeutic bike rides

though the local community. The look of joy and delight expressed by them has been very rewarding. For some residents it was their first bike ride!

Technology programming was also introduced this year with the purchase of four iPad devices which enable the recreation team to provide individualized therapy involving the use of games and/or music to stimulate residents no longer able to participate in a group activity.



HIGHLIGHTS IN SOCIAL SERVICES

The on-site social worker at St. Michael's provides support to residents and their families. This past year our social worker led the dementia education/support group for families of residents and members of the community to facilitate their learning about dementia. This included understanding the types of dementia, disease progression, how to communicate with a loved one, role reversal, losses and grieving, care giving and self-care, and preparing to make decisions related to their loved ones end of life. A highlight of this past year was assisting two St. Michael's Long Term Care residents - Bill and Irma - with achieving a special personal goal. Several years ago, they were living separately in the local community. After Bills' admission to Long Term Care in 2012, Irma visited him daily. With a decline in her health, in 2015 Irma was admitted to St. Michael's where they shared a room. A few months later, while the social worker was present Bill asked Irma if she would marry him; to which she replied: "Yes!" The social worker contacted family members who were elated to have this happen. The St. Michael's pastor performed a wedding blessing in the chapel and the families held a reception to the thrill of Bill and Irma who today can still be seen holding hands throughout the day.



ADULT DAY SUPPORT PROGRAMS

Our Adult Day Support Programs (Medical Rehabilitation and Social) continue to operate at capacity, and were extremely busy in 2015-16. This excellent program often had a waiting list of clients wishing to be enrolled. Of those currently participating, most clients attend two days a week.

Discussion and feedback from our clients and families in verbal and written form has indicated that they were very satisfied with our Adult Day Support Program. In addition to the activity and treatment provided to the client, family members have an opportunity for some respite while their loved one is in the Adult Day Support Program.

This excellent program often had a waiting list of clients wishing to be enrolled.

In September 2015 we undertook a Client Satisfaction Survey. The results showed that clients enjoy and prioritized therapeutic treatments, programmed activities/events, socialization, various games, trips to sites and events in the community, outdoor walks, and meals, as components important to them.

In its fifth year is the very popular twice monthly Therapeutic Art Program with Chrysalis: An Alberta Society for Citizens with Disabilities. Clients from Day Support Programs as well as residents from the Long Term Care Centre look forward to developing amazing art pieces through this program. Many of these works of art can be spotted on site at St. Michael's.

Over the past year, monthly participation in Day Support Programs were:

- Medical Rehabilitation Program:
50-56 monthly, almost 700 over the year
- Social Program:
7-9 monthly, approximately 100 for the year

PARTNERS IN LEARNING PROGRAM

In 2015 – 2016 the St. Michael's Partners in Learning Program continued to assist employees by providing funding for courses and conferences. Twenty - nine applications were approved over the year. St. Michael's residents benefit significantly from the knowledge employees gain through these educational opportunities as they incorporate the learnings into their day to day responsibilities.

For the 2015-2016 operating year, the 29 approved applications were supported in the amount of \$33,354.13.

ENTREPRENEURIAL & GENERAL SERVICES

The constant and busy work of maintaining all of the St. Michael's sites in excellent condition remains an important aspect of our operations. Both the maintenance and housekeeping staff work diligently to ensure efficient operations and to provide an enhanced food service experience. This team works closely with all departments as needed to provide the level of comfort and care our residents deserve.

HERITAGE HALL

Heritage Hall and the catering team have continued to provide value and service to our customers, residents, families and staff. This beautiful venue is used internally for resident activities and accommodated over 95 functions ranging from resident birthday parties to staff orientation, resident entertainment, Christmas dinners, and much more!

As well we have had the pleasure to share special events with clients, serving over 33 gatherings for weddings, funerals and other bookings, while also managing to cater to over 30 different bookings during this fiscal year. To help support activities in the hall, a new elevator was installed and was put to use very quickly! Our reputation for quality food service and event support continues to grow each year.

MOBILE X-RAY

The mobile x-ray service continues to operate well and underwent successful recertification of Edmonton Mobile X-Ray equipment. Accreditation by the College of Physicians and Surgeons of Alberta was achieved with compliance monitoring and equipment monitoring documents subsequently being submitted to meet all requirements.

Overall the services in Edmonton continued to grow and expand resulting in the highest annual volume of Mobile X-Rays since program initiated in 1997. Requests for services in Calgary reflected consistent growth in both residential and corporate customers. Existing contracts with Long Term Care Centers in Calgary were renewed and a new contract with a Long Term Care provider with six properties in Calgary was established.

In addition to Mobile X-Rays for various care facilities, four Alberta corporate contracts resulted in demand for 165 Mobile X-Ray exams.



BABA'S OWN FOOD PRODUCTS

2015 – 2016 was another busy year for Baba's Own Food Products, which continues to be distributed to many retailers in the region. These popular hand-made products are also sought after as a successful fundraising opportunity for schools and community organizations in Alberta and the NWT. Our commitment is to quality and to sell more products to more people. In addition to retail sales, scrumptious pyrohy are served daily in restaurants and deli's throughout the Edmonton area, a testament to our commitment!

FAMILY HEALTH CENTRE

Providing quality care and access to support for medical needs through our Family Health Centre remains an important priority at St. Michael's. Over the past year we expanded efforts to recruit additional physicians to the Family Health Centre and will continue to do so as needed. Also important are business operations and ensuring that this venture is able to not only operate well, but provide support for St. Michael's programs. Consequently, the staffing levels have been adjusted and roles and responsibilities of team members revised in order to align expenditures with revenue. Business agreements with the Edmonton North Primary Care Network were renewed.

VOLUNTEER PROGRAM



Cur volunteers are essential to our Mission to provide Care with Love and Dignity. St. Michael's Health Group has been blessed with many committed and dedicated volunteers who play an integral role in our organization. Some of the areas where you can spot volunteers helping at our sites include recreation activities, food services, pastoral care, the day support program and therapeutics to name just a few. We are so grateful for these individuals who generously donate their time and energy to help us in our commitment to provide excellent care for our residents. Last year over 750 volunteers donated over 35,200 hours of their time!

Some of the highlights and activities of the Volunteer Program the past year included:

- Groups of NorQuest students came to the site 5 times to help with large scale activities
- ATCO staff members volunteered for the 10th year in a row planting flowers around the building and in the courtyard
- St. Michael's is proud to continue to attract volunteers from agencies such as Goodwill, Chrysalis and Selections who enthusiastically come out to help and interact with our residents
- The annual Volunteer Appreciation event recognized over 280 magical volunteers who helped in all areas of activity including important fundraising through bingo's and the casino

Thank you to all of our devoted volunteers who generously donate their time every day. You have a profound effect on the lives of our residents.

Annual Hours:

30,522



**306 Long Term Care Centre
Volunteers**

2,991



**72 Millennium Pavilion
Senior's Lodge Volunteers**

1,032



**27 Vegreville Manor
Volunteers**

722



**45 Grove Manor
Volunteers**

"I feel good when I go home and if I made someone happy, that makes my day."

- Ann



" Volunteering is

something I enjoy doing and it is my way of helping in the community. There is a sense of reward and I have met wonderful people, formed new friendships and met old friends. It's good for the soul!"

- Loria

" I choose to

continue to volunteer at St. Michael's is because the recreation department makes volunteering very fun."

- Christopher



" I love volunteering

at St. Michael's Long Term Care because I feel comfortable working and helping residents in the Physical Therapy department. I also like being here because I want to learn from residents of what they did in their lives and how it can help me in my career path."

- Justin



FINANCIAL SUMMARY

AMORTIZATION OF DEFERRED CONTRIBUTIONS

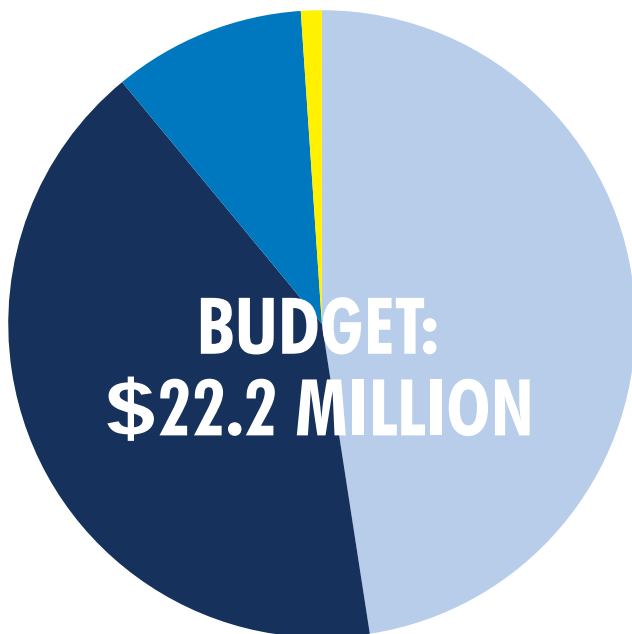
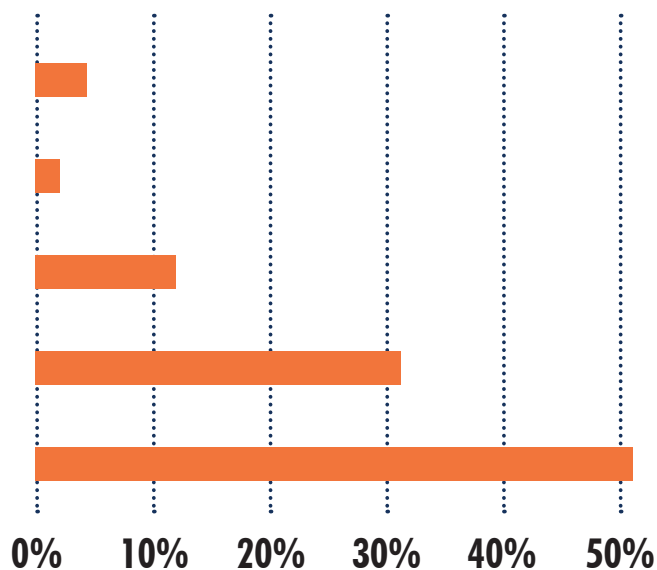
DONATIONS, FUNDRAISING, INVESTMENT AND DEFERRED CONTRIBUTIONS

CLIENT AND PROGRAM FEES

RESIDENT CHARGES

GOVERNMENT CONTRIBUTIONS

REVENUE SOURCES



EXPENSES

- PROGRAMS, HOUSEKEEPING, BUILDING AND ADMINISTRATION*
- RESIDENT DIRECT CARE*
- AMORTIZATION*
- MORTGAGE REPAYMENT*

Sources of revenue include Government contributions, resident charges, client and program fees, donations, fundraising and investment. In addition to the \$22.2 million operating cost, St. Michael's Health Group capital costs were \$1.5 million.

These included a new elevator, upgrading the Long Term Care elevators, automated fire door closures, new Long Term Care beds for residents, and an emergency phone system for Vegreville Manor. These capital expenditures were made possible through grants, donations, fundraising and profits earned through our business enterprises.



FRIENDS OF ST. MICHAEL'S SOCIETY OF EDMONTON

FOSMSOE

The Friends of St. Michael's Society of Edmonton (FOSMSOE) continue to provide much needed support to St. Michael's Health Group. The members of the Friends of St. Michael's devote countless hours of their time to help us live our mission of "Care with Love and Dignity". Their diligent efforts, working several times a week at bingo events, organizing raffles, casinos and other fund raising initiatives, assists us to improve the quality of life of the seniors in our care.

Since inception and amalgamation, the Friends of St. Michael's Society of Edmonton have raised over \$2 million through bingo events and donated these funds towards identified priorities for St. Michael's Health Group's facilities. This financial assistance has helped purchase much needed equipment such as portable lift devices as well as provided support for recreational, socialization, wellness and leisure activities for the residents of all St. Michael's facilities. One of these new additions this past year was a duet-bike, which is a modified bike allowing residents – regardless of their mobility - an opportunity to go for a bike ride in the neighbourhood. The bike is in high demand when weather allows and the experience is thoroughly enjoyed by the residents.

St. Michael's Health Group has a long and proud record in the community as an outstanding provider of high quality seniors care. This would not be possible without the close cooperation and assistance of the Friends of St. Michael's Society of Edmonton.

Executive

Jackie Rae Greening - Honorary Chair
Vicky Beauchamp - President
Adeline Titowich - Past-President
Pat Wilkes - Vice-President

Della Kostyshen - Secretary/Treasurer
Jeannette Calder - Director
Orest Kochan - Director
Maria Pastuszenko - Director

FUND DEVELOPMENT

DONOR SUPPORT ENHANCING THE LIVES OF SENIORS



As a charity, St. Michael's Extended Care Centre Society raises funds to provide loving care to honour the diverse population we serve. With generous support from our donors, volunteers and staff, we are able to bring joy, warmth, comfort and love to those in our care. These investments by donors are transformational for our residents and clients. On behalf of those who benefit each day from this generosity, we extend a sincere thank you for your thoughtful support. Some of the exciting and needed enhancements achieved as a result of your generous donations this past year have included:

Tubs: purchased new tubs for more comfortable and safe bathing routines. The new tubs allow for a pleasant, stress-free bathing experience for residents. Each tub room is equipped with a specialty tub and lift that allows residents to be lifted and lowered into the water with the least amount of disturbance or pain to them.

Elevator: an elevator has been installed in Heritage Hall which allows for ease of access for the residents to enjoy recreational activities, entertainment and celebrations in the Hall.

Beds: quality beds are needed to help provide comfort for proper rest. Those used in long term care are particularly expensive and several new ones were acquired because of your support.

This list is just an example and is by no means inclusive of all the outcomes from the many generous contributions we received, making such a difference in the lives of those we serve. Other fundraising initiatives to enhance the quality of life of residents and clients in our care included the highly successful 9th annual Blue Angel Dinner, This is Home Breakfast and the Angel Walk. These events themselves helped raise almost \$200,000. We would like to thank all our donors for contributing to outcomes that matter to seniors and their families. We take pride in providing quality care and with you – our donors, volunteers and staff by our side, we will continue to successfully fulfill our mission.



DONATIONS

**DONORS (CASH AND/OR GIFT-IN-KIND)
FOR THE PERIOD APRIL 1, 2014 - MARCH 31, 2015**

As a charity, St. Michael's Extended Care Centre Society depends on the support of our donors to help secure items not otherwise funded such as beds and specialized equipment needed to care for our residents.

The generosity of our donors help make this happen - thank you!

\$100,000 +

Friends of St. Michael's Society of Edmonton

\$25,000 - \$49,999

Smulski, Alan & Marlene

\$10,000 - \$24,999

Bodnarek, Lorraine & Ed Cyrankiewicz
Cap Serv Co
Centric Health Corporation
CFCW 840
Edmonton Journal
Korpan, Gail (Smulski)
Landrex Inc.
Northern Weldarc Ltd. (Gayle Holtz)
Robarts, Joanne (Smulski)
Synergy Projects Ltd.

\$5,000 - \$9,999

Christenson Equities Ltd.
Gateway Mechanical Services Inc.
Spruce Grove Pharmacy
Stephen, Deborah

\$1,000 - \$4,999

Al-Brite Manufacturing Jewellers Ltd.
Anonymous
Borys, Myron & Linda
Boyko, John
Canadian Western Bank
Cardinal Health Canada Inc.
Complete Purchasing Services Inc.
Delnor Construction Ltd.
Flaman Fitness
Flowers in the Park
Goodwill Industries
Humphrey, Darryl
Iwaniuk, Dennis
Kingston Ross Pasnak LLP
Koutouki Greek Estiatorio
Koziak Engineering Limited
Krol, Tinus (Ted) & Beitske
Millarcom Inc.
Pazzo Pazzo Italian Cuisine

Precision Electrical Services Ltd.
Premier Fire & Flood Restoration
PriMed Medical Products
Respiratory Homecare Solutions
Royal LePage Noralta
SCA North America - Canada Inc.
Servicemaster Disaster Restoration Services
Servus Credit Union
Titan Flooring & Interior Design Ltd.
Top Fire Safety
Ukrainian Catholic Brotherhood
of Canada-AB Branch
Vecchio, Silvano
Watson, Cheryl
West Edmonton Mall
WestJet
Willekes, Arnold & Kay
Wilman Financial Inc.

\$500 - \$999

Acrodex
Alberta Blue Cross
Amyotte, Gilbert
Baba's Own Ukrainian Food
Bentley, Bob
Bessette, Roland
Business Interiors by Staples
Capital Power
Celebrating Italian Families of Edmonton
(CIFES)
Chateau Louis Hotel & Conference Centre
Cheladyn, Larisa & Michael
Dolgoy, Len
Double Diamond Electronics Ltd.
Duncan, Grant
DynaLifeDx
Edmonton Police Service
Fairmont Jasper Park Lodge
Family Holdings Wirtanen
Fisher, Stan C.
Fresh Forward Inc.
Griffiths, Dee-Dee
Indian Canyons Golf Resort
K-BRO Linen Systems Inc.
Kostyshen, Della
Makami College Inc
Martin Equipment Ltd. o/a MDS Sales Ltd.
Miller Thomson LLP
Przybilla, Hildegard
Reliable Landscape Maintenance Ltd.
Sawatzky, Kelvin
Shoppers Home Health Care (8303)
Ted's Art
The Wawanesa Mutual Insurance Co.
Ukrainian Catholic Women's League
of Canada Edmonton Eparchy

\$250 - \$499

8760 Energy
Action Security Locksmiths
Alberta Carpet Cleaning
Alberta Furnace Cleaning
Alberta Ukrainian Commemorative Society
Aon Reed Stenhouse Inc.
Apparel Solutions
Area Council 17

Arlington Contract Floors Inc.
Bentley Northchem Ltd.
Bessette, Normand & Deborah
Big Top Tent Rentals Ltd.
Bishop, Paul & Sophie
Culverhouse, Gladys
Ewanchuk, Angie
Fairmont Hotel Macdonald
Feduschak, Luba
GFS Gordon Food Service
Greening, Jackie Rae
Haidukevich, Tatsiana
Healey, Joan
Independent Jewellers Centre
Kennedy, Teresa
Kobylko, Stanley
Koch, Dolaine & Dennis
Kule, Peter & Doris
Lamborn, Michael & Brenda
Lebedovich, Bill
Marston, Greg
McCuaig Desrochers LLP
McLafferty, Sandra
Mitchell, Natalka
Nielsen, Chris
Nohas, Taras
Pastuszenko, Lubomyr & Maria
Portuguese Canadian Bakery
RBC Royal Bank
Russell Food Equipment
Sarich, Steve & Janice
Snihurowych, Mel
Soltykevych, Cassian
Sorrentino's Restaurant Group
Teterenko, Paul
Turtle Bill
Ukrainian Catholic Eparchy of Edmonton
Ursuliak, Donald & Eileen
Vargas, Daniel
Victoria Fancy Sausage Ltd.
Walt Disney World
Wasnea, Allen
Winspear Centre-Edmonton
Symphony Orchestra
Yanda, Grace

\$100 - \$249

Alberta Continuing Care Association
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 Anonymous
 Arjo Huntleigh
 Axxess Furniture Inc.
 Banasch, Ursula
 Barrett, Deborah
 Bessette, D.
 Bon Ton Bakery
 Book Insulations Ltd.
 Calaway Park
 Cameron, Dave
 Camrose Resort Casino
 Centennial Foods - Edmonton
 Chateau Louis Liquor Store
 Citadel Theatre
 City of Edmonton, Community Services Department
 Coglon, L. Jean
 Continental Treat Fine Bistro
 Desert Adventures
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 Ewanuk, Albert
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 Floor Tech Floor Coverings
 Folkinga, Jaclyn
 Fountain Tire
 Fry, Anne
 Gibbons, Ed
 Guglich, Helen
 Hawkes, Valerie
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 Jasper Riding Stables
 Jasper Skytram
 Jerwak, Natalie
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 Klassen, A. J.
 Kochan, Orest & Louise
 Koscielnuk, Lorne
 Kucharyshyn, Luba
 Kutschirski, Darryl
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 Leha, Stepan
 Levytsky, Marco
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 MacEwan University

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 Matthiessen, Bev
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 Molly Maid
 Mumby, Caroline
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 Norminton, Dianna
 O'Brien, WM & L
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 Pakin-Amer, Natalia
 Palahniuk, M.
 Palamaruk, Leo & Chris
 Palm Springs Power Baseball
 Park Lighting
 Payne, Phil and Barbara
 Planchak, Rev. Mihajlo
 Plant, John
 Puk, Erny and Louise
 Rabbit Hill Snow Resort
 Rapaj, Irene
 Repetowsky, David
 Resorts of the Canadian Rockies
 Rosslyn Inn & Suites
 Roszko, Leon
 Rowe, Gerard & Verna
 Roy, Colette Marie
 Sandhu, Shami
 Scaber, Evalyn
 Senyk, Daisy
 Shea, Scott
 Smittys Family Restaurants
 Snihurowych, Liselotte
 Snow Valley Ski Club
 Sonic 102.9 FM
 Spartan Controls Ltd.
 Tea And Coffee Company
 Teterenko, Christine
 The Bad Kitty
 The Brothers Trimm Inc.
 Times Square Suites Hotel
 TJX Canada
 Trefanenko, Rod
 Trojan Welding & Repairs Ltd.
 Ukrainian Cultural Heritage Village
 Ulliac, Joanne
 Wagenseil, Elizabeth
 Warehouse Services Inc.
 William Zorzos Picture Framing
 Winterfield, Kent
 Wong, Naomi Yee Chun
 Wright, Rita

Yuk Yuk's Comedy Club
 Zorica, Deb
 Zukiwsky, Evan

Up to \$99

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 Alley Kat Brewing Co.
 Anderson, Bob & Judith
 Anderson, Carol
 Andre, Chance
 Anhorn, Lori
 Anonymous
 Ashdown, Peter & Rose
 ATCO Gas Epic
 Balcom, Charmon
 Baran, Ryan
 Barata, Maria
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 Barkwell, Leonard & Vera
 Barrington, Laura
 Batiuk, Eleanor
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 Bell, Maureen
 Benedictson, Jeff
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 Bilyk, Walter
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 Bombino, Emma
 Brophy, Miranda
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 Burke, Racquel
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 Calder, David & Jeannette
 Campbell, Glen
 Canada Safeway
 Cantin, Laurent
 Carstens, Bob & Sheryl
 Chopek, Marie
 City of Spruce Grove
 Clarke, Sheila
 Clayson, Shirley Anne
 Coe, Rena
 Contessa, Rosella
 Corno, Gwen
 Cunningham, Bev

Cymbaluk, Bill & Polly
 David's Tea
 Day, Tina
 Deeks, Gord
 Demchuk, Barry & Emily
 Demers, Real & Blandine
 Devonian Botanic Garden
 Dickson, Bruce & Lorri
 Dymouriak, John & Veronika
 Fisher, Stanley
 Friss, Edward
 Fulmer, Nadine
 Gagne, Real
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 Gray, Sylvia
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 Grieder, Sophie
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 Halonen, Alice & Leo
 Handy, Candice
 Hanrahan, Sarah
 Hardie, Dorothy
 Henry, Al
 Herbert, Patricia A.
 Holmes, Winsome
 Holowaychuk, Darrell
 Homeniuk, Nikki
 Horobec, Tony & Vera
 Horpyniuk, Bill
 Hotteczko, Leszek
 Hoven, Selma
 Hovey, John P.
 Huber, Diane
 Humphrey, Lindsay
 Humphrey, Sandra
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 Janos, Dave
 Jeschke, Edwin & Sylvia
 Jones, Chris
 Jones, Dave
 Kadziela, Voitek
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 King, Wendy
 Koesling, Alice
 Kolasa, Malgorzata
 Korolyk, MaryAnn
 Koshuta, Madeline
 Krekotin, Eileen
 Krevenchuk, Debbie
 Kriaski, Cory
 Kriaski, Judith
 Krispin, George & Hildegard
 Krochak, Nancy
 Kuchmak, Helen & Norine
 Kutsyh, Olga
 Lake, Alvina

Lee, Tony
 Leskiw, Genia
 Letwin, Nadine
 Leung, Christina
 Liska, Milton
 Lister, Betty
 Lithgow, Gordon
 Little, Lorie
 Luciw, Daria
 MacDonald, Dianna
 MacLean, Sharon
 Mandrusiak, Florence
 Marciano, Deolinda
 Marsh, Donna
 Martin, Irene
 McConnell, Winston
 McGill, William & Freda
 McKellar, Gail
 McVittie, Angel
 Medical Genetics Clinic
 Meyer, Joyce
 Mischuk, Tony & Evelyn
 Missouri, Anne
 Mitchell, Gordon
 Moore, Christopher Grant
 Moore, Sheelagh
 Morse Canada Systems Inc.
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 Narayan, Indra
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 Neuman, Len
 Nguyen, Iris
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 Nuthack, Joachim & Judith
 Oldford, Cody
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 Paul, Carol
 Petrie, John & Velma
 Picardo, Patric
 Piotrowski, Fred
 Pirnak, Doreen
 Preece, Jan
 Pryma, Simon
 Puhlmann, Penelope
 Pukalo, Nestor & Alva
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 Purschke, Norman
 Quinton, Brent
 Rasmussen, Anne
 Riske, Roy

Romanick, Lawrence
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 Rybicki, Kathy
 Saley, Olga
 Sandler, Carey
 Schulz, Marty & Jeanette
 Semchuk, Orest
 Semko, Helen
 Senko, William
 Shadow Theatre
 Shinde, Sumeet
 Slaferrek, Violet
 Slywka, Russel & Diane
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 So, Karen
 Somji, Janet
 Sperling, Patricia
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 St. Michael's Extended Care
 Centre Society
 Stasiuk, Nick
 Stawnichy's Meat Processing
 Stefner, Reimund & Eleanor
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 Stogrin, Patricia
 Subranni, Danielle
 Sunterra Market
 Swan, Ron
 Swanson, Tim
 Synyshyn, Joseph
 Tarnawsky, Peter
 Taylor, Anna
 Taylor, Sonja
 Team Telus Cares
 Teterenko, James
 The Arden Theatre
 The Cheesecake Cafe
 Thuesen, Len & Carrie
 Titowich, Adeline
 Tony Roma's
 Trail Appliances
 Tsiselska, Vira
 Ulmer, Mildred
 Vertically Inclined Rock Gym
 Vicente, Cosima
 Voegtlin, Joseph & Florence
 Voegtlin, Thelma
 Wade, Janis
 Walchuk, Anna
 Washington, Jim & Lynne
 Weran, Daniel
 Weran, Mary Ann

Weran, Vicky
Wigeland, Robert
Wilke,s Patricia
Yakiwczuk, Steve
Yakymyshyn Mike M.
Yohemas, Gerald
Young, Ashley
Yusypchuk, Orest
Zabielslu, Kathy
Zaplitny, Mary
Zubis, Marilou

DONATIONS MADE IN MEMORY

**St. Michael's is honoured
to have received memorial
gifts remembering the
following loved ones:**

Elizabeth Barranoik
Daphne Courtney
Madeleine Dunkley
Walter Gabrysh
Aaron Halonen
Edna Iwaniuk
Alice Jones
Grace Lynn
Allan Lee Mumby
Con Popescul
Adam Poradzisz
Gothard Przybilla
Lena Pukalo
Mary Rabick
Jean (Bunny) Stephen
Mary Swaka
Marjorie Titley
Clother Zuppo

*St. Michael's makes every effort
to ensure accuracy. If we have
missed someone who has given
a donation or misspelled your
name, we apologize and would
ask that you contact us through
dluciw@smhg.ca to let us know.*

Thank You.



Thank You

Commitment to Excellence is St. Michael's Health Groups' focus in providing the quality of care our seniors deserve, but this can only be achieved with the dedication and service of all our staff and volunteers. We were honoured to receive Exemplary Status with Accreditation Canada, another example of your hard work. We thank all of you for your commitment in helping us achieve our mission of providing Care with Love and Dignity.

Thank you to our donors and sponsors for your ongoing support. We deeply appreciate your generous contributions and your investment to enhancing the lives of our residents and clients. Thank you to the St. Michael's Health Group Board of Directors and to the Friends of St. Michael's Society of Edmonton Executive and Society members.

Our success as an organization is made possible through the nurturing of healthy relationships with our partners. These include the Government of Alberta, City of Edmonton, Town of Vegreville and City of Spruce Grove along with Alberta Health Services, Alberta Seniors, and all our community partners and agencies who collaboratively strive to ensure seniors can enjoy life and are treated with dignity and respect.

Thank you for joining us in our Commitment to Excellence.



SMHG