\wedge \wedge	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
SMHG	Sept 30 Oct 28 Nov 25	Dec 23 Jan 20 Feb 17	Oct 01 Oct 29 Nov 26	Dec 24 Jan 21 Feb 18	Oct 02 Oct 30 Nov 27	Dec 25 Jan 22 Feb 19	Oct 03 Oct 31 Nov 28	Dec 26 Jan 23 Feb 20	Oct 04 Nov 01 Nov 29	Dec 27 Jan 24 Feb 21	Oct 05 Nov 02 Nov 30	Dec 28 Jan 25 Feb 22	Oct 06 Nov 03 Dec 01	Dec 29 Jan 26 Feb 23		
Beverages		● Tea ● Coffee ● Lactaid ● Fruit Juice ● Buttermilk ●														
Breakfast	Oatmeal Cereal Cinnamon French Toast Sausage & Fruit Or Cold Cereal		Oat Bran Cereal Toast & Fruit Boiled Eggs or Cold Cereal		Cream of Wheat Bacon Scrambled Eggs Toast & Fruit or Cold Cereal		Oatmeal Cereal Toast & Fruit Cheddar Cheese or Cold Cereal		Oat Bran Cereal Toast & Fruit Pancakes or Cold Cereal		Cornmeal Cereal Toast & Fruit Poached Eggs or Cold Cereal		Cream of Wheat Toast & Fruit Turkey Sausage or Cold Cereal			
Lunch																
Entree	Grilled Cheese Sandwich Caesar Salad or Assorted Sandwiches		Chicken Burger On a Brioche Bun Lettuce Tomato and Onion and Fries Tossed Salad or Assorted Sandwiches		Pizza Greek Salad or Assorted Sandwiches		Nalysnyky/Sour Cream Kovbasa Beets or Assorted Sandwiches		Hamburger Tomato Lettuce and Onion Potato Wedges Caesar Salad or Assorted Sandwiches		Quiche with Ham and Cheddar Cheese Green Salad or Assorted Sandwiches		Cheese Tortellini Tossed Salad or Assorted Sandwiches			
Dessert	Vanilla Ice Cream		Date Squares		Fresh Berries		Apple Pie		Tapioca		Orange Segments		Watermelon			
Soup	Butternut Squash and Coconut		Mushroom		Tortilla Soup		Potato		Tomato Roasted Garlic		Lentil		Chicken Rice			
Supper					T				T							
Entrée	BBQ Chicken Leg Mashed Potatoes Peas & Carrots Entrée 2 Pulled Beef		Honey Ham Whipped Potatoes California Vegetables Entrée 2 Fish Burger		Italian Meatballs Broccoli Florets and Pasta Entrée 2 Hot Corned Beef		Chicken Breast Mushroom Sauce Steamed Potatoes Buttered Squash Entrée 2 Cabbage Rolls		Salmon Filet with Dill Butter Rice Mixed Vegetables Entrée 2 Veal Cutlet		Honey Garlic Chicken Drumsticks Mashed Potatoes Italian Mixed Veg Entrée 2 Pyrohy Potato, Cheddar & Bacon		Roast Turkey Whipped Potatoes Carrot Coins Entrée 2 Pork Souvlaki			
Dessert	Coconut C	Coconut Cream Pie Caramel Cake Maple Choco		colate Cake	Assorted Deserts		Orange Layer Cake		Apple Strudel		Carrot Cake					
PM/HS Snack	Chocolate C	offee Cake	Cheese	Danish	Ban	ana	You	gurt	Banar	na Loaf	Mini D	anish	Coo	kies		
					• Who	ole Wheat Bre	ad • Buns •	Margarine •	•							
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