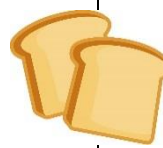




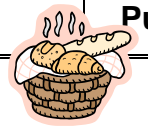
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Sept 25 Oct 23 Nov 20	Dec 18 Jan 15 Feb 12	Sept 26 Oct 24 Nov 21	Dec 19 Jan 16 Feb 13	Sept 27 Oct 25 Nov 22	Dec 20 Jan 17 Feb 14	Sept 28 Oct 26 Nov 23	Dec 21 Jan 18 Feb 15	Sept 29 Oct 27 Nov 24	Dec 22 Jan 19 Feb 16	Sept 30 Oct 28 Nov 25	Dec 23 Jan 20 Feb 17	Oct 01 Oct 29 Nov 26	Dec 24 Jan 21 Feb 18
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast	Rolled Oats Boiled Eggs Toast Fruit or Cold Cereal 		Red River Scrambled Eggs Sausage Fruit or Cold Cereal		Rolled Oats Waffles Fruit or Cold Cereal		Red River French Toast Fruit or Cold Cereal 		Rolled Oats Poached Eggs Toast Fruit or Cold Cereal		Red River Pancakes Bacon Fruit or Cold Cereal		Red River Fried Eggs Toast Fruit or Cold Cereal	
Lunch														
<i>Soup</i>	Beef Barley		Chicken Noodle		Broccoli Cheese		Beef Vegetable		Cream of Chicken		Cream of Mushroom		Turkey Rice	
<i>Entree</i>	Egg Salad Sandwich Tossed Salad Fresh fruit salad		Fish & Chips Coleslaw Carrot Cake		Chicken Salad on Croissant Green Salad Nanaimo Square		Grilled Cheese on Whole Wheat Pickles Greek Salad Assorted Cookies		Meat Lovers/Veggie Pizza Caesar Salad Ice Cream		Corned Beef on Rye Tossed Salad Lemon Square		COLD PLATE Homemade Biscuit Rolled Turkey Cottage Cheese Tomato/Cuc Slices Tapioca Pudding 	
Supper														
<i>Entrée</i>	Chicken Wings Rice Steamed Veggies 		Corned Beef Scallop Potato Mixed Veggies		Spaghetti Cheese Garlic Toast Corn		Vegetable Omelet Hash Browns Tomato Slices Turkey Sausage 		Battered Cod French Fries Peas		Honey Garlic Braised Pork Shank Whipped Potatoes Fresh Zucchini Garden Salad		Meatballs with Sauce Rice Steamed Cabbage	
<i>Dessert</i>	Chocolate Pudding		Jell-O		Crumble Square		Éclair		Pudding		Ice Cream		Cherry Pie	
Alternate	Italian Sausage		Chili with Bun 		Pulled Pork on a Bun		Chicken Pot Pie		Pork Bites		Mac/Beef/Tom Casserole		Stuffed Chicken Breast	
Condiments	• Bread • Margarine • Butter •													
Beverages	• Assorted Juices • Milk • Coffee • Tea • Water													

Options such as sandwiches, etc. must be ordered by NOON prior to the meal. Please see COOK to place your order.
Menu may change without notice.