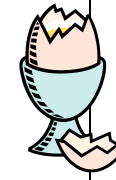



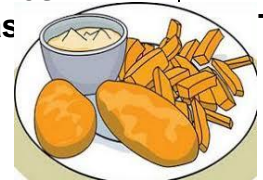

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 02 Oct 30 Nov 27	Dec 25 Jan 22 Feb 19	Oct 03 Oct 31 Nov 28	Dec 26 Jan 23 Feb 20	Oct 04 Nov 01 Nov 29	Dec 27 Jan 24 Feb 21	Dec 27 Nov 02 Nov 30	Dec 28 Jan 25 Feb 22	Oct 06 Nov 03 Dec 01	Dec 29 Jan 26 Feb 23	Oct 07 Nov 04 Dec 02	Dec 30 Jan 27 Feb 24	Oct 08 Nov 05 Dec 03	Dec 31 Jan 28 Feb 25
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast	Rolled Oats Boiled Eggs Toast Fruit or Cold Cereal 		Red River Waffles Bacon Fruit or Cold Cereal		Rolled Oats Poached Eggs Toast Fruit or Cold Cereal		Red River French Toast Fruit or Cold Cereal 		Rolled Oats Scrambled Eggs Toast Fruit or Cold Cereal		Red River Fried Eggs Toast Fruit or Cold Cereal		Rolled Oats Pancakes Bacon Fruit or Cold Cereal	
Lunch														
<i>Soup</i>	Italian Wedding		Lentil		Vegetable Pasta		Beef		Celery		Tomato Vegetable		Pork Vegetable	
<i>Entree</i>	Chicken Burger Tom/Lettuce/Cheese Pasta Salad Butter Tart		Ham & Cheese Sandwich Tossed Salad Vanilla Cake		Hot Dogs & Chips Coleslaw Mandarin Oranges		Ass't Subs Cottage Cheese With Tomato & Cucumber Yogurt		Dry Ribs Rice 4 Way Vegetables Peaches		Chili with Bun Caesar Salad Rice Krispie		Salmon Pot Pie Whipped Potatoes Carrot Coins Salad Donut 	
Supper														
<i>Entrée</i>	Ginger Beef & Rice Steamed Veggies		Vegetarian Lasagna Garlic Bread Caesar Salad 		Salmon Mashed Potatoes Side Salad		Pork Chops in Mushroom Sauce Baby Potato Brussel Sprouts		Coleslaw English Style Battered Cod Fries Peas 		Beef Stew & Bun Tossed Salad		Turkey Roast Garlic Potatoes Mashed Turnip and Carrots Dressing Gravy Cranberry sauce	
<i>Dessert</i>	Cake		Pears		Jell-O		Freshly-Baked Cookie		Strawberries		Ice Cream		Pumpkin Pie	
Alternate	Market Fish		Honey Garlic Chicken Rice Pilaf		Corned Beef		Chicken Fingers		Beef Sausage		Pulled Pork on a bun Vegetables		Salisbury Steak	
Condiments	• Bread • Margarine • Butter • 													
Beverages	• Assorted Juices • Milk • Coffee • Tea • Water													

Options such as sandwiches, etc. must be ordered by NOON prior to the meal. Please see COOK to place your order.

Menu may change without notice.