

# 2025 - 2026 Fall – Winter Menu

## Vegreville Manor

### Week 1

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY							
Sept 22	Dec 15	Sept 23	Dec 16	Sept 24	Dec 17	Sept 25	Dec 18	Sept 26	Dec 19	Sept 27	Dec 20	Sept 28	Dec 21						
Oct 20	Jan 13	Oct 21	Jan 14	Oct 22	Jan 15	Oct 23	Jan 16	Oct 24	Jan 17	Oct 25	Jan 18	Oct 26	Jan 19						
Nov 17	Feb 09	Nov 18	Feb 10	Nov 19	Feb 11	Nov 20	Feb 12	Nov 21	Feb 13	Nov 22	Feb 14	Nov 23	Feb 15						
<b>Beverages</b>		• Tea • Coffee • Juice • Milk • Water																	
<b>Breakfast</b>		Dry Cereal Toast	Dry Cereal Waffles	Dry Cereal Raisin Toast	Cream of Wheat Toast	Oatmeal Toast	Dry Cereal Toast	Dry Cereal Toast	Dry Cereal Toast	Dry Cereal Toast	Dry Cereal Toast	Dry Cereal Cheese Slice	Dry Cereal Cheese Slice						
Fruit (banana/orange) Boiled Egg			Fruit (banana/orange)	Fruit (banana/orange) Ham Slice	Fruit (banana/orange)	Fruit (banana/orange) Cheese Slice	Fruit (banana/orange)	Fruit (banana/orange) Yogurt	Fruit (banana/orange) Yogurt	Fruit (banana/orange) Yogurt	Fruit (banana/orange) Yogurt	Fruit (banana/orange) Cheese Slice	Fruit (banana/orange) Cheese Slice						
<b>Lunch</b>		• Sandwich/Soup																	
<b>Soup</b>		Mushroom	Chicken Rice	Bacon & Yellow Pea	Beef Vegetable	Creamy Potato Dill	Chicken Noodle	• Sandwich/Soup		• Sandwich/Soup		• Sandwich/Soup							
<b>Entrée</b>		Fish Burger (with lettuce, tomato, cheese) Bread/Butter Pickles	Caesar Salad Chicken Strips Garlic Toast	Pizza Greek Salad	Cottage Cheese Headcheese (or Alternate Deli meat) Devilled Egg Cucumber & Tomato Side Bread/Bun	Breakfast Sausage French Toast w/Fruit Medley	Grilled Ham & Cheese Stewed Tomatoes	• Sandwich/Soup		• Sandwich/Soup		• Sandwich/Soup							
Coleslaw			Apricots	Pudding	Blueberry Tarts	Squares	Fruit Cocktail	• Sandwich/Soup		• Sandwich/Soup		• Sandwich/Soup							
<b>Alternate</b>		• Sandwich/Soup																	
<b>Supper</b>		• Sandwich/Soup																	
<b>Soup</b>		Chicken Rice	Bacon & Yellow Pea	Beef Vegetable	Creamy Potato Dill	Chicken Noodle	Tomato Vegetable	• Sandwich/Soup		• Sandwich/Soup		• Sandwich/Soup							
<b>Entrée</b>		Sweet'n Sour Chicken Rice & Vegetable Stir Fry w/w dinner roll	Beef Stroganoff Noodles Tossed Salad Mixed Vegetables	Roast Pork w/applesauce Oven Roasted Potato w/Sour Cream Caesar Salad Diced Carrots	Chef's Choice Main Entrée Salad Vegetable	Fish'n Chips (Battered Cod) Coleslaw Tri Colour Vegetables	Mashed Potato Gravy Caesar Salad Bean Mix w/Garlic	• Sandwich/Soup		• Sandwich/Soup		• Sandwich/Soup							
Dessert		Peach Melba	Cherry Dessert	Fresh Seasonal Fruit	Ice Cream	Poppy Seed Cake	Apple Crisp	• Sandwich/Soup		• Sandwich/Soup		• Sandwich/Soup							
<b>Alternate</b>		Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	• Sandwich/Soup		• Sandwich/Soup		• Sandwich/Soup							
<b>Condiments</b>		• Bread • Margarine • Butter •																	

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.

*Summer, 20 Sept 2025*