





2025 - 2026    Fall – Winter Menu

Vegreville Manor

Week 1

 SMHC		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
		Sept 22 Oct 20 Nov 17	Dec 15 Jan 13 Feb 09	Sept 23 Oct 21 Nov 18	Dec 16 Jan 14 Feb 10	Sept 24 Oct 22 Nov 19	Dec 17 Jan 15 Feb 11	Sept 25 Oct 23 Nov 20	Dec 18 Jan 16 Feb 12	Sept 26 Oct 24 Nov 21	Dec 19 Jan 17 Feb 13	Sept 27 Oct 25 Nov 22	Dec 20 Jan 18 Feb 14	Sept 28 Oct 26 Nov 23	Dec 21 Jan 19 Feb 15
Beverages		• Tea • Coffee • Juice • Milk • Water													
Breakfast	Dry Cereal Toast Fruit (banana/orange) Boiled Egg	Dry Cereal Waffles Fruit (banana/orange) Sausage Pattle	Dry Cereal Raisin Toast Fruit (banana/orange) Ham Slice	Cream of Wheat Toast Fruit (banana/orange) Cheese Slice	Oatmeal Toast Fruit (banana/orange) Yogurt	Dry Cereal Toast Fruit (banana/orange) Yogurt	Dry Cereal Toast Fruit (banana/orange) Cheese Slice								
Lunch															
Soup	Mushroom	Chicken Rice	Bacon & Yellow Pea	Beef Vegetable	Creamy Potato Dill	Chicken Noodle	Chicken Noodle	Tomato Vegetable							
Entree	Fish Burger (with lettuce, tomato, cheese) Bread/Butter Pickles Coleslaw	Caesar Salad Chicken Strips Garlic Toast	Pizza Greek Salad	Cottage Cheese Headcheese (or Alternate Deli meat) Deviled Egg Cucumber & Tomato Side Bread/Bun	Breakfast Sausage French Toast w/Fruit Medley	Grilled Ham & Cheese Stewed Tomatoes Pickle	Egg Salad Sandwich Cucumber Slices Celery Sticks								
	Diced Pears	Apricots	Pudding	Blueberry Tarts	Squares	Fruit Cocktail	Jell-O w/pineapple								
Alternate	Sandwich/soup	Sandwich/Soup	Sandwich/Soup	Sandwich/Soup	Sandwich/Soup	Sandwich/Soup	Sandwich/Soup								
Supper															
Soup	Chicken Rice	Bacon & Yellow Pea	Beef Vegetable	Creamy Potato Dill	Chicken Noodle	Tomato Vegetable	Italian Wedding								
Entrée	Sweet'n Sour Chicken Rice & Vegetable Stir Fry w/w dinner roll	Beef Stroganoff Noodles Tossed Salad Mixed Vegetables	Roast Pork w/applesauce Oven Roasted Potato w/Sour Cream Caesar Salad Diced Carrots	Chef's Choice Main Entrée Salad Vegetable	Fish'n Chips (Battered Cod) Coleslaw	Meat Loaf Mashed Potato Gravy Caesar Salad Bean Mix w/Garlic	Roast Turkey Savory Stuffing Mashed Potato w/gravy Tossed Salad Peas								
Dessert	Peach Melba	Cherry Dessert	Fresh Seasonal Fruit	Ice Cream	Poppy Seed Cake	Apple Crisp	Banana Cream Pie								
Alternate	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies								
Condiments	• Bread • Margarine • Butter •														

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.

Temma, PD Sept 22/25