






2025-2026 Fall - Winter Menu

Vegreville Manor

Week 2

		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
		Sept 29 Oct 27 Nov 24	Dec 22 Jan 20 Feb 16	Sept 30 Oct 28 Nov 25	Dec 23 Jan 21 Feb 17	Oct 01 Oct 29 Nov 26	Dec 24 Jan 22 Feb 18	Oct 02 Oct 30 Nov 27	Dec 25 Jan 23 Feb 19	Oct 03 Oct 31 Nov 28	Dec 26 Jan 24 Feb 20	Oct 04 Nov 01 Nov 29	Dec 27 Jan 25 Feb 21	Oct 05 Nov 02 Nov 30	Dec 28 Jan 26 Feb 22
															
• Tea • Coffee • Juice • Milk • Water															
Beverages															
Breakfast		Dry Cereal Toast Fruit (banana/orange) Boiled Egg	Dry Cereal Waffles Fruit (banana/orange) Ham Slice	Dry Cereal Raisin Toast Fruit (banana/orange) Yogurt	Cream of Wheat Toast Fruit (banana/orange) Yogurt	Oatmeal Toast Fruit (banana/orange)	Dry Cereal Toast Fruit (banana/orange) Yogurt	Dry Cereal Toast Fruit (banana/orange) Cheese Slice							
															
Lunc..															
Soup		Tomato Vegetable	Mushroom	Country Vegetable	Beef Barley	Chicken Noodle	Cream of Broccoli	Creamy Herbed Tomato							
Entree		Hot Dog Baked Beans Diced Onions	Crab Salad Tomato Wedges Croissant	Hot Pizza Sub w/Ham, Salami Pepperoni Caesar Salad	Pancakes Bacon Scrambled Eggs	Roast Pork Sandwich Thin Slice Onion Cucumber Slices	Hamburgers w/cheese, lettuce Tomato slice Bread/Butter Pickles	Loaded Quiche w/Ham, Celery, Green Onion, Cheese Toast							
		Melon Wedges	Butterscotch Pudding	Diced Peaches	Stewed Berry Blend	Orange Jell-O w/Mandarin Oranges	Mixed Melons	Orange Slices							
Alternate		Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich							
Supper															
Soup		Mushroom	Country Vegetable	Beef Barley	Chicken Noodle	Cream of Broccoli	Creamy Herbed Tomato	Corn Chowder							
Entrée		Beef Stew w/Vegetables Cubed Potato Coleslaw Bun	KFC Style Chicken Baked Potato Wedges Tossed Salad Broccoli & Cauliflower Stir Fry	Pork Chops Rice w/Mushroom Sauce Diced Carrots & Turnip Cucumber 'n Onion Salad	Roast Beef w/Horseradish Mashed Potato Gravy Tossed Salad Yellow Bean w/Garlic	Baked Salmon (w/Dill Sauce) Cubed Potato Coleslaw Peas	Chicken Alfredo Caesar Salad Noodles Tri Colour Vegetables	Baked Ham Scalloped Potato Tossed Garden Salad Glazed Carrots							
															
Dessert		Spice Cake	Lemon Tarts	Square	Cherry Cheese Cake	Strawberry Shortcake	Banana Cake	Fruit Danish							
Alternate		Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies							
Condiments		• Bread • Margarine • Butter • 													

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.

Stenmark, RD Sept 22/25