

# 2025-2026 Fall - Winter Menu

## Vegreville Manor

### Week 2

 SMHC		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY					
		Sept 29	Oct 27	Nov 24	Dec 22	Jan 20	Feb 16	Sept 30	Oct 28	Nov 25	Dec 23	Jan 21	Feb 17	Oct 01	Oct 29	Nov 26	Dec 04	Oct 04	Dec 27
Beverages																			
Breakfast	Dry Cereal Toast	Fruit (banana/orange)	Dry Cereal Waffles	Fruit (banana/orange)	Dry Cereal Raisin Toast	Fruit (banana/orange)	Fruit (banana/orange)	Cream of Wheat Toast	Fruit (banana/orange)	Oatmeal Toast	Fruit (banana/orange)	Dry Cereal Yogurt	Dry Cereal Yogurt	Dry Cereal Toast	Dry Cereal Yogurt	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water
Lunc...	Soup	Tomato Vegetable	Mushroom	Country Vegetable	Beef Barley	Chicken Noodle	Chicken Noodle	Cream of Broccoli	Cream of Broccoli	Creamy Herbed Tomato	Creamy Herbed Tomato	Loaded Quiche	Loaded Quiche	Loaded Quiche	Loaded Quiche	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water
Entrée	Hot Dog Baked Beans Diced Onions	Melon Wedges	Crab Salad Tomato Wedges Croissant	Hot Pizza Sub w/Ham, Salami Pepperoni Caesar Salad	Pancakes Bacon Scrambled Eggs	Roast Pork Sandwich Thin Slice Onion Cucumber Slices	Roast Pork Sandwich Thin Slice Onion Cucumber Slices	Hamburgers w/cheese, lettuce Tomato slice Bread/Butter Pickles	Hamburgers w/cheese, lettuce Tomato slice Bread/Butter Pickles	Green Onion, Cheese Toast	Green Onion, Cheese Toast	Orange Slices	Orange Slices	Orange Slices	Orange Slices	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water
Supper	Soup	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Sandwich	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water
Entrée	Beef Stew w/Vegetables Cubed Potato Coleslaw Bun	Spice Cake	Lemon Tarts	KFC Style Chicken Baked Potato Wedges Tossed Salad Broccoli & Cauliflower Stir Fry	Pork Chops Rice w/Mushroom Sauce w/Mushroom Sauce Diced Carrots & Turnip Cucumber 'n Onion Salad	Roast Beef w/Horseradish Mashed Potato Gravy Tossed Salad Yellow Bean w/Garlic	Roast Beef w/Horseradish Mashed Potato Gravy Tossed Salad Yellow Bean w/Garlic	Baked Salmon (w/Dill Sauce) Cubed Potato Coleslaw Peas	Baked Salmon (w/Dill Sauce) Cubed Potato Coleslaw Peas	Chicken Alfredo Caesar Salad Noodles Tri Colour Vegetables	Chicken Alfredo Caesar Salad Noodles Tri Colour Vegetables	Scalloped Potato Tossed Garden Salad Glazed Carrots	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water			
Dessert	Spice Cake	Lemon Tarts	Square	Cherry Cheese Cake	Strawberry Shortcake	Banana Cake	Banana Cake	Fruit Danish	Fruit Danish	Fruit Danish	Fruit Danish	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water
Alternate	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Sandwich or Perogies	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water	Tea • Coffee • Juice • Milk • Water
Condiments	• Bread • Margarine • Butter •																		

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.

*Stemmons, RD Sept 20/25*