







2025 - 2026 Fall - Winter Menu

Vegreville Manor

Week 4

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY															
Oct 13 Nov 10 Dec 08		Jan 05 Feb 02 March 02		Oct 14 Nov 11 Dec 09		Jan 06 Feb 03 March 03		Oct 15 Nov 12 Dec 10		Jan 07 Feb 04 March 04		Oct 16 Nov 13 Dec 11		Jan 08 Feb 05 March 05		Oct 17 Nov 14 Dec 12		Jan 09 Feb 06 March 06		Oct 18 Nov 15 Dec 13		Jan 10 Feb 07 March 07		Oct 19 Nov 16 Dec 14		Jan 11 Feb 08 March 08	
SMHC																											
• Tea • Coffee • Juice • Milk • Water																											
Breakfast		Dry Cereal Toast Fruit (banana/orange) Sausage Pattie		Dry Cereal Waffles Fruit (banana/orange) Boiled Egg		Dry Cereal Raisin Toast Fruit (banana/orange) Yogurt		Cream of Wheat Toast Fruit (banana/orange) Cheddar Cheese Slice		Oatmeal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Yogurt		Dry Cereal Toast Fruit (banana/orange) Cheddar Cheese Slice													
Lunch																											
Soup		Sauerkraut		Navy Bean		Vegetable		Seafood Chowder		Cream of Cauliflower		Chicken Noodle		Chicken Noodle		Cream of Carrot											
Entrée		Creamy Mac'n Cheese Baked Ham Carrot Salad		Tuna Sandwich Marinated Vegetable Salad		Chili or Lasagna (Alternate weeks) Caesar Salad Garlic Bread		Breakfast Egg Bun w/Sausage Pattie Tomato Slice		Chicken Wings Caesar Salad Cheesy Garlic Toast		Sliced Roast Pork Cold Plate w/cottage Cheese, Tomato & Cucumbers		Toasted Bacon & Tomato Sandwich Boiled Egg Sauerkraut Salad													
		Diced Pears		Tropical Fruit		Cookie				Orange Slices		Fruit Cocktail		Lime Jell-O		Seasonal Fresh Fruit											
Alternate		Sandwich/Soup		Sandwich/Soup		Sandwich/Soup		Sandwich/Soup		Sandwich/Soup		Sandwich/Soup		Sandwich/Soup		Sandwich/Soup											
Supper																											
Soup		Navy Bean		Vegetable		Seafood Chowder		Cream of Cauliflower		Chicken Noodle		Cream of Carrot		Mushroom													
Entrée		Roast Beef Mashed Potato Gravy Coleslaw Pea's w/Mushroom		St. Louis Pork Ribs Baked Potato w/toppings (sr. cream, gr. onion) Cucumber/onion Salad Mixed Beans w/garlic		Baked Chicken w/sauce Rice Tossed Salad Carrots		Chef's Choice Main Entrée Salad Vegetable		Herb Crusted Fish Roasted Cubed Potato Coleslaw Peas & Diced Carrots		Meatballs w/gravy Mashed Potato Tossed Salad Tri Color Vegetables Bread'n Butter Pickles		Beef Sausages Potato Casserole Steamed Cabbage Caesar Salad													
																											
Dessert		Peach Cobbler		Pudding		Cherry Tart		Baked Apples		Lemon Square		Ice Cream		Coconut Cream Pie													
Alternate		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies		Sandwich or Perogies													
Condiments		• Bread • Margarine • Butter • 																									

Sept 22/25 ASMS, RD

Alternate options such as sandwiches, etc. must be ordered by 2 hours prior to the meal. Please see COOK to place your order.

Menu may change without notice.