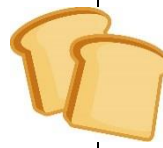




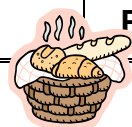
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Sept 25	Dec 18	Sept 26	Dec 19	Sept 27	Dec 20	Sept 28	Dec 21	Sept 29	Dec 22	Sept 30	Dec 23	Oct 01	Dec 24
	Oct 23	Jan 15	Oct 24	Jan 16	Oct 25	Jan 17	Oct 26	Jan 18	Oct 27	Jan 19	Oct 28	Jan 20	Oct 29	Jan 21
	Nov 20	Feb 12	Nov 21	Feb 13	Nov 22	Feb 14	Nov 23	Feb 15	Nov 24	Feb 16	Nov 25	Feb 17	Nov 26	Feb 18
<b>Beverages</b>	• Tea • Coffee • Juice • Milk • Water													
<b>Breakfast</b>	Rolled Oats Boiled Eggs Toast Fruit or Cold Cereal		Red River Scrambled Eggs Sausage Fruit or Cold Cereal	Rolled Oats Waffles Fruit or Cold Cereal	Red River French Toast Fruit or Cold Cereal		Rolled Oats Poached Eggs Toast Fruit or Cold Cereal	Red River Pancakes Bacon Fruit or Cold Cereal	Red River Fried Eggs Toast Fruit or Cold Cereal					
<b>Lunch</b>														
<i>Soup</i>	Beef Barley	Chicken Noodle	Broccoli Cheese	Tomato	Italian Wedding	Carrot Squash	Turkey Rice							
<i>Entree</i>	Egg Salad Sandwich Tossed Salad	Fish & Chips Coleslaw	Chicken Salad on Croissant Quinoa Salad	Grilled Cheese on Whole Wheat Pickles Greek Salad	Meat Lovers/Veggie Pizza Cesar Salad	Corned Beef on Rye Tossed Salad		COLD PLATE Homemade Biscuit Rolled Turkey Cottage Cheese Tomato/Cuc Slices						
	Fresh fruit salad	Carrot Cake	Nanaimo Square	Assorted Cookies	Ice Cream	Lemon Square	Tapioca Pudding							
<b>Supper</b>														
<i>Entrée</i>	Chicken Wings Rice Steamed Veggies	Corned Beef Scallop Potato Mixed Veggies	Spaghetti Cheese Garlic Toast	Vegetable Omelet Hash Browns Tomato Slices Turkey Sausage	Battered Cod French Fries Peas	Honey Garlic Braised Pork Shank Whipped Potatoes Fresh Zucchini Garden Salad	Meatballs with Sauce Rice Steamed Cabbage							
<i>Dessert</i>	Chocolate Pudding	 Jell-O	Crumble Square	Éclair	 Pudding	Ice Cream	Cherry Pie							
<b>Alternate</b>	Italian Sausage	Chili with Bun	 Pulled Pork on a Bun	Chicken Pot Pie	Pork Bites	Mac/Beef/Tom Casserole	Stuffed Chicken Breast							
<b>Condiments</b>	• Bread • Margarine • Butter •													
<b>Beverages</b>	• Assorted Juices • Milk • Coffee • Tea • Water													

Options such as sandwiches, etc. must be ordered by NOON prior to the meal. Please see COOK to place your order.  
Menu may change without notice.