




	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Oct 09	Jan 01	Oct 10	Jan 02	Oct 11	Jan 03	Oct 12	Jan 04	Oct 13	Jan 05	Oct 14	Jan 06	Oct 15	Jan 07
	Nov 06	Jan 29	Nov 07	Jan 30	Nov 08	Jan 31	Nov 09	Feb 01	Nov 10	Feb 02	Nov 11	Feb 03	Nov 12	Feb 04
	Dec 04	Feb 26	Dec 05	Feb 27	Dec 06	Feb 28	Dec 07	Feb 29	Dec 08	March 01	Dec 09	March 02	Dec 10	March 03
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast	Rolled Oats Boiled Eggs Toast Fruit Or Cold Cereal	 Cold Cereal	Red River Waffles Bacon Fruit Or Cold Cereal	Rolled Oats Poached Eggs Toast Fruit Or Cold Cereal	Red River French Toast Fruit Or Cold Cereal	Rolled Oats Scrambled Eggs Toast Fruit Or Cold Cereal	 Cold Cereal	Red River Fried Eggs Toast Fruit Or Cold Cereal	Rolled Oats Pancakes Bacon Fruit Or Cold Cereal					
Lunch														
<i>Soup</i>	Tomato Basil	Cream of Asparagus	Veggie Beef	Chicken	Corn Chowder	Vegetable Medley	Rice & Noodle							
<i>Entree</i>	Quiche Cottage Cheese Tomato Slices Fruit Danish	Western Omelet Diced Potato Chef Salad Mandarin Orange	Bacon & Cheddar Quiche Italian Vegetables Cookie	Cottage Cheese Turkey Slices Cuke/Tomato Slices Greek Salad Butter Tarts	 Turkey Stew Homemade Biscuit Pickled Beets Square	Tuna Salad Croissant Spinach Salad Apricots	Pizza (ham and pineapple) Tossed Salad Orange Cake							
Supper														
<i>Entrée</i>	Teriyaki Beef with Pepper/Mushrooms Rice Carrots	Dry Ribs Baked Potato Corn 	Chicken Thighs Yam Fries Winter Mixed Veggies	Swiss Steak & Onions, Gravy Mashed Potatoes Broccoli Florets Bean Salad	Sole Fillets Rice Pilaf Peas Coleslaw	Chicken Burgers Macaroni Salad Dill Pickle	Roast Beef Whipped Potatoes Brussels Sprouts Gravy Horse Radish							
<i>Dessert</i>	Lemon Square	Donuts	Banana Cake	Yogurt	Grapes	Ice Cream	Boston cream pie							
Alternate	Chicken Cordon Bleu	Market Fish	Pork Chop	Chicken Drums	Teriyaki Meatballs	Sausage & Rice Bake	Shrimp Skewers							
Condiments	• Bread • Margarine • Butter • 													
Beverages	• Assorted Juices • Milk • Coffee • Tea • Water													

Options such as sandwiches, etc. must be ordered by NOON prior to the meal. Please see COOK to place your order.

Menu may change without notice.