
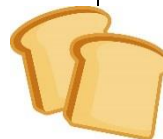


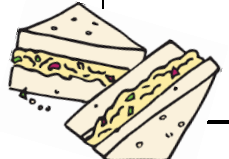




2022 Spring-Summer Menu

Grove Manor

Week 2

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	April 11	Aug 1	April 12	Aug 2	April 13	Aug 3	April 14	Aug 4	April 15	Aug 5	April 16	Aug 6	April 17	Aug 7
	May 9	Aug 29	May 10	Aug 30	May 11	Aug 31	May 12	Sept 1	May 13	Sept 2	May 14	Sept 3	May 15	Sept 4
	June 6	Sept 26	June 7	Sept 27	June 8	Sept 28	June 9	Sept 29	June 10	Sept 30	June 11	Oct 1	June 12	Oct 2
	July 4		July 5		July 6		July 7		July 8		July 9		July 10	
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast	Rolled Oats Boiled Eggs Toast Fruit or Cold Cereal 		Red River Poached Eggs Toast Fruit or Cold Cereal		Rolled Oats Waffles Bacon Fruit or Cold Cereal		Red River French Toast Fruit or Cold Cereal 		Rolled Oats Scrambled Eggs Toast Fruit or Cold Cereal		Red River Fried Eggs Toast Fruit or Cold Cereal		Rolled Oats Pancakes Bacon Fruit or Cold Cereal	
Lunch														
Soup	Cream of Chicken		Turkey Rice		Pea		Beef Barley		Clam Chowder		Tomato		Potato	
Entree	BLT (on brown) Carrot & Celery slices (with dip) Canned Peaches 		Tuna Melt (on multigrain) Ham & Pea Salad Rice Crispy Square		Ham, Spinach Quiche Greek Salad Banana Muffin 		Egg Salad Sandwich Cucumber Salad Pickles Yoghurt		Chili with fresh buns Brownies		Mini Subs Garden Salad Cake		Meat lovers Pizza Cesar Salad Tropical Fruit	
Supper														
Entrée	Turkey Schnitzel Rice Pilaf Broccoli		Beef Stew with rolls House Salad		Italian Sausage Butter Noodles Tossed Salad		Cabbage Rolls Perogies Kubassa Sausage Sour Cream		Baked Talapia Steamed Veggies Quinoa Salad 		Butter Chicken with Nann Bread Mixed Veggies 		Roast Turkey Mashed Potatoes Cranberry Sauce Gravy Corn	
Dessert	Ice Cream		Mixed Berry Crisp		Strawberry Cake		Grapes		Yoghurt		Rice Pudding		Cheesecake	
Alternate	Chicken Wings		Shepherd's Pie		Salmon		Meatballs		Pork Chops		Corned Beef		Salisbury Steak	
Condiments	• Bread • Margarine • Butter •													



Options such as sandwiches, etc. must be ordered by NOON prior to the meal. Please see COOK to place your order.

Menu may change without notice.