

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  | <p>Activity Programs Take Place in the C/D Room Unless Otherwise Posted</p> | <p>Please check the white board next to the Manager's office daily for changes to the recreation calendar and cancellation posters on the bulletin boards.</p> | <p>For Bus Outings, Please Sign Up on Sign-Up Sheets on Clipboard beside the bulletin board by Laundry Room.</p> | <p>For More Information: Please contact Sandy, the Activities Convenor at 780-962-6149, Ext. 203</p> | <p>1 10:30-2:00 Foot Care Clinic 1:00 Card Bingo 2:30 Ice Cream Social 6:00 Cribbage 8:00 CPS Singers</p> | <p>2 Ground Hog Day 1:30 Bingo with Paul & Wendy 3:00 Pool with Paul & Wendy</p> |
| <p>3</p>  | <p>4 10:30 Exercises 1:30 Generation Program-Card Bingo 3:00 Nature Movie 6:15 Music by Country Plaid</p> | <p>5 9:30 Dominoes 10:30 Exercises 1:30 Food Concerns Meeting 3:00 Taste and Travel Movie of Spain 6:30 Games</p> | <p>6 9:00 Hearing Aid Clinic 10:30 Tick Tock Time 1:15 Mini Golf 2:30 Horse Races 6:00 Cribbage</p> | <p>7 10:20 Catholic Church Service-Library 12:15 Bus Outing to "The Emeralds" at Horizon Stage 1:30 Hymn Sing 6:30 Valentine's Event with Local Children's Group</p> | <p>8 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour 6:00 Cribbage</p> | <p>9 1:30 Bingo with Bryce 3:00 Pool with Bailey</p> |
| <p>10</p>  | <p>11 No Morning Programs 1:30 Movie Afternoon 6:10 Bus Outing to the Seniors Fun Dance at Spruce Grove Pioneer Centre</p> | <p>12 10:00 Casino Outing to River Cree Casino & Lunch 6:30 Games</p> | <p>13 10:30 Tick Tock Time 1:15 Mini-Series-The Crown 2:30 Horse Races 6:00 Cribbage</p> | <p>14 Valentines Theme Day 9:30 Trivia 10:20 Catholic Church Service-Library 10:30 Exercises 1:00 Blood Pressure Clinic 2:00 Entertainment & Valentine's Dance</p> | <p>15 10:30-2:00 Foot Care Clinic 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour 6:00 Cribbage</p> | <p>16 1:30 Bingo with Paul & Wendy 3:00 Pool with Paul & Wendy</p> |
| <p>17 1:30 Interdenominational Church Service</p> | <p>18 <i>Family Day Holiday</i> 6:15 Music by Country Plaid</p> | <p>19 9:30 Resident Council Meeting 10:30 General Resident Meeting 1:30 Generation Program-Beanbag Baseball 2:30 Crafts 6:30 Games Night</p> | <p>20 10:30 Tick Tock Time 1:15 Floor Shuffleboard 1:30 Bible Study 2:30 Horse Races 6:00 Cribbage</p> | <p>21 9:30 Word Scrabble 10:20 Catholic Church Service-Library 10:30 Exercises 1:30 Singalong 3:00 Shuffleboard Bowling 6:30 Sequence</p> | <p>22 No Morning Programs 1:00 Card Bingo 2:30 Ice Cream Social 6:00 Cribbage</p> | <p>23 1:30 Bingo with Bryce 3:00 Pool with Bailey</p> |
| <p>24</p>  | <p>25 10:30 Exercises 1:30 Stroke Presentation 3:00 Darts</p> | <p>26 9:30 Dominoes 10:30 Exercises 1:30 Raise A Reader 3:00 Kazoo Band</p> | <p>27 10:30 Tick Tock Time 1:15 Mini-Series-The Crown 2:30 Horse Races 4:30 Supper In C/D Room-Chinese Food 6:00 Cribbage Tournament</p> | <p>28 9:30 Puzzling 10:20 Catholic Church Service-Library 10:30 Exercises 1:30 Monthly Birthday Party 2:00 Entertainment 6:30 Gin Rummy</p> |  |  |