

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Activity Programs Take Place in the C/D Room Unless Otherwise Posted. Limit of 15 people per activity. Check Sign-Up Sheets.	Please check the white board next to the Manager's office daily for changes to the recreation calendar	For More Information: Please contact Sandy, Activities Convenor at 780-962-6149, Ext. 203		1
2	3 10:00 Exercises 10:45 Exercises 1:00 Games Afternoon- Scrabble, Yahtzee and other Board Games 2:30 Cribbage Afternoon	4 Crazy Hat Theme Day 10:00 Exercises 10:45 Big Brain 1:00 Comedy Hour 2:45 Afternoon Walk	5 10:00 Exercises 10:45 Catholic Mass 1:00 Horse Races 1:45 Mini Golf 2:30 Interdenominational Church Service	6 10:00 Exercises 10:45 Catholic Mass 1:00 Travel Movie-Alaska 2:15 Travel Movie-Alaska 3:30 Lutheran Church Service	7 10:00 Exercises 10:45 Exercises 1:00 Mother's Day Tea 2:00 Mother's Day Tea 3:30 Inspirational Program	8
9	10 10:00 Exercises 10:45 Exercises 1:00 Bingo 1:45 Bingo 2:30 Cribbage Afternoon	11 9:15 Resident Council Meeting 10:15 General Resident Meeting 11:15 General Resident Meeting 1:15 Hymn Sing 2:30 Chair Dance Exercise Class	12 10:00 Exercises 10:45 Exercises 1:00 Horse Races 1:45 Shuffleboard Bowling 2:30 Interdenominational Church Service	13 10:00 Exercises 10:45 Catholic Mass 1:00 Afternoon Movie 3:30 Lutheran Church Service	14 10:00 Exercises 10:45 Exercises 1:00 Card Bingo 1:45 Card Bingo 2:30 Happy Hour	15
16	17 9:30 Planting Day 1:00 Large Group Crossword Puzzle 2:30 Cribbage Afternoon	18 10:00 Exercises 10:45 Fit Minds 1:00 Singalong 2:15 Crafts 3:45 Afternoon Walk	19 10:00 Exercises 10:45 Exercises 1:00 Horse Races 1:45 Bible Study 2:30 Interdenominational Church Service	20 10:00 Exercises 10:45 Catholic Mass 1:00 Wheel of Fortune 2:15 Art Program 3:30 Lutheran Church Service	21 10:00 Exercises 10:45 Exercises 1:00 Card Bingo 1:45 Card Bingo 2:30 Ice Cream Social 3:30 Inspirational Program	22
23	24 Victoria Day Holiday No Activity Programs Today	25 10:00 Exercises 10:45 Fit Minds 1:00 Bingo 1:45 Bingo 2:30 Chair Dance Exercise Class	26 10:00 Exercises 10:45 Exercises 1:00 Horse Races 1:45 Mini Golf 2:30 Interdenominational Church Service	27 10:00 Exercises 10:45 Catholic Mass 1:00 & 2:15 Monthly Birthday Party with Afternoon Music 3:30 Lutheran Church Service	28 10:00 Exercises 10:45 Exercises 1:00 Card Bingo 1:45 Card Bingo 2:30 Happy Hour	29
30	31 No Morning Programs 1:15 Health Series Presentation-Age Related Macular Degeneration 2:00 Library Day 4:30 Pizza Supper					