












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Programs Take Place in the C/D Room Unless Otherwise Posted</p>	<p>Please check the white board next to the Manager's office daily for changes to the recreation calendar</p>	<p>For Bus Outings, Please Sign Up on Sign-Up Sheets on Clip Board by Laundry Room.</p>		<p><b>1</b> 10:30 Stretch &amp; Strength 11:15 Catholic Service 1:00 Hymn Sing 3:00 Lutheran Service 6:30 Card Night</p>	<p><b>2 Ground Hog Day</b></p> <p>10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour 7:50 CPS Hymn Singers</p> 	<p><b>3</b></p>  <p>1:00 Bingo 2:30 Shuffleboard</p>
<p><b>4</b></p> 	<p><b>5</b> 10:30 Exercises 1:30 Indoor Games with the Grade 8 Generation Program Students 3:00 Wheel of Fortune</p>	<p><b>6</b> 9:30 Fit Minds 10:30 Stretch &amp; Strength 1:00 Bingo 2:30 Big Brain 6:30 Uno Card Game</p>	<p><b>7</b> 10:30 Exercises 1:00 Horse Races 2:30 Mini Golf 6:30 Word Scrabble</p>	<p><b>8</b> 9:45 Catholic Service 10:30 Stretch &amp; Strength 1:30 Coffee Social/Cards &amp; Games with Residents from Millennium Pavilion 3:30 Lutheran Service 6:30 Card Night</p>	<p><b>9</b> 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social</p>	<p><b>10</b></p>  <p>1:00 Bingo 2:30 Shuffleboard</p>
<p><b>11</b></p> 	<p><b>12</b> 10:00 Bus Outing-River Cree Casino &amp; Lunch</p>	<p><b>13</b> 9:30 Resident Council Meeting 10:30 General Resident Meeting 1:30 Valentine's Craft &amp; Visit-Grade 4 Class 3:00 Large Crossword Puzzle</p>	<p><b>14 Theme Day</b> 10:30 Exercises 1:00 Valentine's Party &amp; Entertainment 3:00 Horse Races</p>	<p><b>15</b> 10:30 Stretch &amp; Strength 11:15 Catholic Service 1:30 Cookie Decorating with Generation Program-Grade 8 Class 3:00 Lutheran Service 6:30 Card Night</p>	<p><b>16</b> * No Morning Programs</p> <p>1:00 Card Bingo 2:30 Happy Hour</p>	<p><b>17</b></p>  <p>1:00 Bingo 2:30 Shuffleboard</p>
<p><b>18</b></p> 	<p><b>19</b> <b>Family Day Holiday</b> 1:30 Movie Afternoon</p>	<p><b>20</b> 9:30 Fit Minds 10:30 Stretch &amp; Strength 1:00 Bingo 2:30 Paint Class 6:30 Uno Card Game</p>	<p><b>21</b> 10:30 Exercises 1:00 Horse Races 2:30 Shuffleboard Bowling 6:30 Dominoes</p>	<p><b>22</b> 10:30 Stretch &amp; Strength 11:15 Catholic Service 1:00 Singalong 3:00 Lutheran Service 6:30 Card Night</p>	<p><b>23</b> 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social</p>	<p><b>24</b></p>  <p>1:00 Bingo 2:30 Shuffleboard</p>
<p><b>25</b></p> 	<p><b>26</b> *No Morning Programs 11:00 Bus Outing-Lunch Out at Boston Pizza 3:00 Health Presentation-Arrhythmia</p>	<p><b>27</b> 9:30 Fit Minds 10:30 Stretch &amp; Strength 1:00 Bingo 2:30 Crafts 6:30 Uno Card Game</p>	<p><b>28</b> 10:30 Exercises 1:00 Horse Races 2:30 Beanbag Baseball 6:30 Yahtzee</p>	<p><b>29</b> 10:30 Stretch &amp; Strength 11:15 Catholic Service 1:00 Monthly Birthday Party &amp; Entertainment 3:00 Lutheran Service 6:30 Card Night</p>		<p>For More Information: Please contact Sandy, Activities Convenor at 780-962-6149, Ext. 203</p>