

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Civic Holiday	2 9:30 Big Brain 10:30 Stretch & Strength 1:00 Bingo 2:30 Nature Movie	3 10:30 Exercises 1:00 Horse Races 2:30 Ladder Ball	4 10:30 Stretch & Strength 11:15 Catholic Mass 1:00 Singalong 3:00 Lutheran Service	5 *No Morning Programs 12 Noon BBQ Lunch 1:15 Card Bingo 2:30 Ice Cream Social 3:30 Chair Dance 7:45 CPS Singers	6 
7 	8 No Morning Programs 10:30 Picnic Bus Outing- Jubilee Park 2:30 Cribbage Afternoon	9 9:30 Resident Council Meeting 10:30 General Resident Meeting 1:00 Food Reflections Meeting 2:30 Crafts	10 10:30 Exercises 1:00 Horse Races 2:30 Horse Shoes	11 10:30 Stretch & Strength 11:15 Catholic Mass 1:00 Afternoon Entertainment 3:00 Lutheran Service	12 No Morning Programs 1:00 Card Bingo 2:30 Happy Hour	13 2:30 Afternoon Walk
14 	15 No Morning Programs 12 Noon Picnic Lunch 1:00 Wheel of Fortune 2:30 Cribbage Afternoon 6:30 Yahtzee	16 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:30 Travel Program	17 10:30 Exercises 1:00 Horse Races 2:30 Lawn Darts	18 10:30 Stretch & Strength 11:15 Catholic Mass 1:00 Hymn Sing 3:00 Lutheran Service	19 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social 3:30 Chair Dance	20 2:30 Afternoon Walk
21 	22 No Morning Programs 10:00 Picnic Bus Outing- Devon Campground 2:30 Cribbage Afternoon	23 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:30 Comedy Hour	24 10:30 Exercises 1:00 Horse Races 2:30 Ring Toss	25 10:30 Stretch & Strength 11:15 Catholic Mass 1:00 Monthly Birthday Party & Entertainment 3:00 Lutheran Service	26 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour	27 2:30 Afternoon Walk
28 	29 10:30 Exercises 1:00 Health Presentation- Delirium 2:30 Cribbage Afternoon 5:00 Pizza Supper 6:30 Scrabble	30 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:30 Country Gospel Hour	31 10:30 Exercises 1:00 Horse Races 2:30 Bean Bag Baseball	Activity Programs Take Place in the C/D Room Unless Otherwise Posted	For Bus Outings, Please Sign Up on Sign-Up Sheets on Clipboard beside the bulletin board by Laundry Room.	For More Information: Please contact Sandy, the Activities Convenor at 780-962-6149, Ext. 203