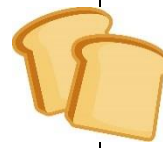

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY																									
	Oct 17 Nov 14 Dec 12	Jan 9 Feb 6 March 6	Oct 18 Nov 15 Dec 13	Jan 11 Feb 7 March 7	Oct 19 Nov 16 Dec 14	Jan 12 Feb 8 March 8	Oct 20 Nov 17 Dec 15	Jan 13 Feb 9 March 9	Oct 21 Nov 18 Dec 16	Jan 14 Feb 10 March 10	Oct 22 Nov 19 Dec 17	Jan 15 Feb 11 March 11	Oct 23 Nov 20 Dec 18	Jan 16 Feb 12 March 12																								
Beverages	• Tea • Coffee • Juice • Milk • Water																																					
Breakfast	Rolled Oats Boiled Eggs Toast Fruit or Cold Cereal		Red River Scrambled Eggs Sausage Fruit or Cold Cereal	Rolled Oats Waffles Fruit or Cold Cereal	Red River French Toast Fruit or Cold Cereal		Rolled Oats Poached Eggs Toast Fruit or Cold Cereal	Red River Pancakes Bacon Fruit or Cold Cereal	Rolled Oats Pancakes Bacon Fruit or Cold Cereal																													
Lunch	<table border="1"> <tr> <td><i>Soup</i></td> <td>Beef Barley</td> <td>Chicken Noodle</td> <td>Broccoli Cheese</td> <td>Tomato</td> <td>Italian Wedding</td> <td>Carrot Squash</td> <td>Turkey Rice</td> </tr> <tr> <td><i>Entree</i></td> <td>Egg Salad Sandwich Tossed Salad</td> <td>Fish & Chips Coleslaw</td> <td>Chicken Salad on Croissant Quinoa Salad</td> <td>Grilled Cheese on Whole Wheat Pickles Greek Salad</td> <td>Meat Lovers/Veggie Pizza Cesar Salad</td> <td>Corned Beef on Rye Tossed Salad</td> <td>COLD PLATE Homemade Biscuit Rolled Turkey Cottage Cheese Tomato/Cuc Slices</td> </tr> <tr> <td></td> <td>Fresh fruit salad</td> <td>Carrot Cake</td> <td>Nanaimo Square</td> <td>Assorted Cookies</td> <td>Ice Cream</td> <td>Lemon Square</td> <td>Tapioca Pudding</td> </tr> </table>														<i>Soup</i>	Beef Barley	Chicken Noodle	Broccoli Cheese	Tomato	Italian Wedding	Carrot Squash	Turkey Rice	<i>Entree</i>	Egg Salad Sandwich Tossed Salad	Fish & Chips Coleslaw	Chicken Salad on Croissant Quinoa Salad	Grilled Cheese on Whole Wheat Pickles Greek Salad	Meat Lovers/Veggie Pizza Cesar Salad	Corned Beef on Rye Tossed Salad	COLD PLATE Homemade Biscuit Rolled Turkey Cottage Cheese Tomato/Cuc Slices		Fresh fruit salad	Carrot Cake	Nanaimo Square	Assorted Cookies	Ice Cream	Lemon Square	Tapioca Pudding
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Alternate	Italian Sausage	Chili with Bun	Pulled Pork on a Bun	Chicken Pot Pie	Pork Bites	Mac/Beef/Tom Casserole	Stuffed Chicken Breast																															
Condiments	• Bread • Margarine • Butter •																																					
Beverages	• Assorted Juices • Milk • Coffee • Tea • Water																																					

Options such as sandwiches, etc. must be ordered by NOON prior to the meal. Please see COOK to place your order.
Menu may change without notice.