

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Activity Programs Take Place in the C/D Room Unless Otherwise Posted	For Bus Outings, Please Sign Up on Sign-Up Sheets on Clipboard beside the bulletin board by Laundry Room.	1 10:30 Exercises 1:00 Horse Races 2:30 Mini Golf	2 10:30 Stretch & Strength 11:15 Catholic Mass 1:00 Wheel of Fortune 2:30 Lutheran Service	3 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social 3;15 Chair Dance 7:45 CPS Singers	4 2:30 Afternoon Walk
5 	6 10:30 Exercises 1:00 The Crown 2:30 Cribbage Afternoon 6:30 Scrabble	7 9:30 Big Brain 10:30 Stretch & Strength 11:00 Blood Pressure Clinic 1:00 Bingo 2:30 Fun With Computers	8 10:30 Exercises 1:00 Horse Races 2:30 Ladder Ball	9 10:30 Stretch & Strength 11:15 Catholic Mass 1:00 Strawberry Tea & Afternoon Music with Wayne O 3:00 Lutheran Service	10 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour	11 2:30 Afternoon Walk
12 	13 *No Morning Programs 11:00 Bus Outing 2:30 Cribbage Afternoon	14 9:30 Resident Council Meeting 10:30 General Resident Meeting 1:00 Food Reflections Meeting 2:30 Crafts	15 10:30 Exercises 1:00 Horse Races 2:30 Horse Shoes	16 10:30 Stretch & Strength 11:15 Catholic Mass 1:00 Health Presentation- Elder Abuse 2:30 Lutheran Service	17 * No Morning Programs 12:00 Father's Day BBQ 2:30 Ice Cream Social 3;15 Chair Dance	18 2:30 Afternoon Walk
19 Happy Father's Day	20 10:30 Exercises 1:00 The Crown 2:30 Cribbage Afternoon	21 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:30 Coffee Social	22 10:30 Exercises 1:00 Horse Races 2:30 Lawn Darts	23 *No Morning Programs 11:00 Bus Outing	24 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour	25 2:30 Afternoon Walk
26 	27 10:30 Exercises 1:00 The Crown 2:30 Cribbage Afternoon 6:30 Gin Rummy	28 9:30 Fit Minds 11:30 Picnic Lunch 1:00 Bingo 2:30 Travel Movie	29 10:30 Exercises 1:00 Horse Races 2:30 Bean Bag Baseball	30 Theme Day 10:30 Stretch & Strength 11:15 Catholic Mass 1:00 Monthly Birthday Party/Canada Day Party & Entertainment by Juke Box Lee 3:00 Lutheran Service	For More Information: Please contact Sandy, the Activities Convenor at 780-962-6149, Ext. 203	