


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Activity Programs Take Place in the C/D Room Unless Otherwise Posted</p>	<p>Please check the white board next to the Manager's office daily for any changes to the recreation calendar</p>	<p><b>1</b> 9:30 Tic Toc Time 10:30 Exercises 1:00 Horse Races 2:30 Floor Shuffleboard</p>	<p><b>2</b> 10:30 Stretch &amp; Strength 11:15 Catholic Service 1:00 Hymn Sing 3:00 Lutheran Service 6:30 Cribbage</p>	<p><b>3</b> World Day of Prayer  *No Morning Programs  1:00 Card Bingo 2:30 Ice Cream Social 7:45 CPS Singers</p>	<p><b>4</b>  9:30 Pet Visit 1:00 Bingo</p>
<p><b>5</b> </p>	<p><b>6</b> 10:30 Exercises 1:00 Health Presentation-Sleep &amp; Your Health 2:30 Yahtzee</p>	<p><b>7</b> 9:30 Big Brain 10:30 Stretch &amp; Strength 1:00 Bingo 2:30 Resident Social Club Meeting 6:30 Rummy</p>	<p><b>8</b> 9:30 Tic Toc Time 10:30 Exercises 11:00 Blood Pressure Clinic 1:00 Horse Races 2:30 Bowling</p>	<p><b>9</b> 10:15 Catholic Service 10:30 Stretch &amp; Strength 1:00 Afternoon Music 3:00 Lutheran Service 6:30 Cribbage</p>	<p><b>10</b> 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour</p>	<p><b>11</b>   1:00 Bingo 2:30 Shuffleboard</p>
<p><b>12</b> Daylight Savings Time </p>	<p><b>13</b> 10:30 Exercises 12:30 Bus Outing-Pie &amp; Coffee</p>	<p><b>14</b> 9:30 Resident Council Meeting 10:30 General Resident Meeting 1:00 Food Reflections Meeting 2:30 Crafts 6:30 Movie Night</p>	<p><b>15</b> 9:30 Tic Toc Time 10:30 Exercises 1:00 Horse Races 2:30 Shuffleboard Bowling</p>	<p><b>16</b> 10:30 Stretch &amp; Strength 11:15 Catholic Service 1:00 Singalong 3:00 Lutheran Service 6:30 Cribbage</p>	<p><b>17</b> 10:30 Exercises 1:00 St. Patrick's Day Party &amp; Entertainment 2:30 Card Bingo</p>	<p><b>18</b>   1:00 Bingo</p>
<p><b>19</b> </p>	<p><b>20</b> 10:30 Exercises 1:30 Games Afternoon with Jr. High Students from St. Thomas Aquinas School (Generation Program)</p>	<p><b>21</b> 9:30 Fit Minds 10:30 Stretch &amp; Strength 1:00 Bingo 2:30 Nature Movie 6:30 Uno</p>	<p><b>22</b> 9:30 Tic Toc Time 10:30 Exercises 1:00 Horse Races 2:30 Balloon Volleyball</p>	<p><b>23</b> 10:30 Stretch &amp; Strength 11:15 Catholic Service 1:00 Wheel of Fortune 3:00 Lutheran Service 6:30 Cribbage</p>	<p><b>24</b> 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour</p>	<p><b>25</b>   1:00 Bingo 2:30 Shuffleboard</p>
<p><b>26</b> </p>	<p><b>27</b> * No Morning Programs  10:30 Bus Outing-Shopping &amp; Lunch-Airport Outlet Mall</p>	<p><b>28</b> 9:30 Fit Minds 10:30 Stretch &amp; Strength 1:00 Bingo 2:30 Comedy Hour 6:30 Word Scrabble</p>	<p><b>29</b> 10:30 Exercises 1:00 Horse Races 2:30 Beanbag Baseball</p>	<p><b>30</b> 10:30 Stretch &amp; Strength 11:15 Catholic Service 1:00 Monthly Birthday Party &amp; Entertainment 3:00 Lutheran Service 6:30 Cribbage</p>	<p><b>31</b> 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social 3:30 Chair Dance</p>	<p>For More Information: Please contact Sandy, Activities Convenor at 780-962-6149, Ext. 203</p>