








2023 Spring-Summer Menu

Grove Manor

Week 1

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Apr 10 May 08 Jun 05	Jul 03 Jul 31 Aug 28	Apr 11 May 09 Jun 06	Jul 04 Aug 01 Aug 29	Apr 12 May 10 Jun 07	Jul 05 Aug 02 Aug 30	Apr 13 May 11 Jun 08	Jul 06 Aug 03 Aug 31	Apr 14 May 12 Jun 09	Jul 07 Aug 04 Sep 01	Apr 15 May 13 Jun 10	Jul 08 Aug 05 Sep 02	Apr 16 May 14 Jun 11	Jul 09 Aug 06 Sep 03
Beverages	• Tea • Coffee • Juice • Milk • Water													
Breakfast	Rolled Oats Boiled Eggs Toast Fruit or Cold Cereal		Red River Poached Eggs Toast Fruit or Cold Cereal 		Rolled Oats Waffles Bacon Fruit or Cold Cereal		Red River French Toast Fruit or Cold Cereal 		Rolled Oats Scrambled Eggs Toast Fruit or Cold Cereal		Red River Fried Eggs Toast Fruit or Cold Cereal		Rolled Oats Pancakes Bacon Fruit or Cold Cereal	
Lunch														
Soup	Beef Barley		Cream of Chicken		Broccoli		Minestrone		Mushroom		Chicken Noodle		Carrot & Squash	
Entree	Ham and Cheese sandwich Salad Peaches		Stuffed potato bite Chef Salad Banana Bread		Egg salad sandwich Tomato Slice Cucumber slice Yogurt		Battered fish Potato wedges Coleslaw Nanaimo bar		Chicken quesadilla Beet salad Fruit cup		Bacon and spinach quiche Tossed salad Cake		Pizza Caesar salad Apricots	
Supper														
Entrée	Chicken burgers Potato salad Veggies 		Ginger beef Rice Stir-fry vegetables		Chicken in a mushroom sauce Mashed potato Vegetables		Western omelette Hashbrowns Tomatoes		Sole Potatoes Peas		Hotdogs Macaroni salad Vegetables		Pork Loin Mashed Potatoes a Gravy Carrots	
Dessert	Grapes		Chocolate Cake		Jello		Butter Tarts		Vanilla Ice-cream		Watermelon		Strawberry and Rhubarb Pie	
Alternate	Fresh market fish		Seasoned lemon grass pork chops		Bratwurst sausage Sauerkraut		Macaroni casserole		Pork shanks		Bacon Alfredo		Lasagna	
Condiments	• Bread • Margarine • Butter • 													

Options such as sandwiches, etc. must be ordered by NOON prior to the meal. Please see COOK to place your order.

Menu may change without notice.