











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 * No Morning Programs 1:00 Movie	2 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:30 Big Brain	3 10:30 Exercises 1:00 Horse Races 2:30 Mini Golf 6:30 Word Scrabble	4 10:30 Stretch & Strength 11:15 Catholic Service 1:00 Hymn Sing 3:00 Lutheran Service 6:30 Card Night	5 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour 7:50 CPS Singers	6  1:00 Bingo 2:30 Shuffleboard
7 	8 *No Morning Programs 11:00 Bus Outing-Lunch at Boston Pizza	9 9:30 Resident Council Meeting 10:30 General Resident Meeting 1:00 Bingo 6:30 Sparks Visit & Craft	10 10:30 Exercises 11:00 Blood Pressure Clinic 1:00 Horse Races 2:30 Darts 6:30 Uno	11 9:45 Catholic Communion Service 10:30 Stretch & Strength 1:00 Wheel of Fortune 3:00 Lutheran Service 6:30 Card Night	12 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social 3:30 Trivia	13  1:00 Bingo 2:30 Shuffleboard
14 	15 10:30 Exercises 1:30 Visit with the Grade 8 Generation Program Students 3:00 Garden Interest Meeting	16 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:30 Paint Class	17 * No Morning Programs 1:00 Horse Races 2:30 Beanbag Baseball 6:30 Indoor Garden Party	18 10:30 Stretch & Strength 11:15 Catholic Service 1:00 Afternoon Music 3:00 Lutheran Service 6:30 Card Night	19 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour	20  1:00 Bingo 2:30 Shuffleboard
21 	22 * No Morning Programs 11:15 Catholic Service 1:00 Bus Outing-Visit with Residents of the Good Samaritan George Hennig Place 6:30 Sparks Visit & Craft	23 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:30 Coffee Social	24 *No Morning Programs 1:00 Horse Races 2:30 Shuffleboard Bowling 6:30 Dominoes	25 * No Morning Programs 1:00 Singalong 3:00 Lutheran Service 6:30 Card Night	26 *No Morning Programs 1:00 Card Bingo 2:30 Ice Cream Social	27  1:00 Bingo 2:30 Shuffleboard
28 	29 10:30 Exercises 1:30 Floor Shuffleboard with the Grade 8 Generation Program Students 3:00 Health Presentation-	30 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Monthly Birthday Party & Entertainment 2:30 Crafts		Please check the white board next to the Manager's office daily for changes to the recreation calendar	Activity Programs Take Place in the C/D Room Unless Otherwise Posted.	For More Information: Please contact Sandy, Activities Convenor at 780-962-6149, Ext. 203