











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  <p>1:00 Travel Movie-Canada</p>	2 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo	3 *No Morning Programs 1:00 Horse Races 2:30 Shuffleboard Bowling	4 *No Morning Programs 1:00 Hymn Sing 6:30 Card Night	5 *No Morning Programs 1:00 Card Bingo 2:30 Ice Cream Social 7:50 CPS Singers	6  1:00 Bingo 2:30 Shuffleboard
7 	8 10:30 Exercises 1:00 Courtyard Chat 2:30 Yahtzee	9 9:30 Resident Council Meeting 10:30 General Resident Meeting 1:00 Big Brain 2:15 Afternoon Walk	10 10:30 Exercises 1:00 Horse Races 2:30 Lawn Darts	11 9:45 Catholic Communion Service 10:30 Stretch & Strength 1:00 Afternoon Music-Touch of Country 3:00 Lutheran Service 6:30 Card Night	12 *No Morning Programs 11:30 Hotdog Lunch-B Courtyard 1:00 Card Bingo 2:30 Happy Hour	13  1:00 Bingo 2:30 Shuffleboard
14 	15 10:45 Bus Outing-Picnic Lunch at Devon Lions Campground 3:00 Health Presentation-Nutrition	16 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:15 Afternoon Walk 3:00 Lutheran Service 6:30 Entertainment by Klondike Kate	17 10:30 Exercises 1:00 Horse Races 2:30 Bocce Ball	18 10:30 Stretch & Strength 11:15 Catholic Service 12:30 Bus Outing to the Art Gallery 6:30 Card Night	19 National Ice Cream Day 10:30 Exercises 1:00 Card Bingo 2:30 Ice Cream Social 3:30 Trivia	20  1:00 Bingo 2:30 Shuffleboard
21 	22 10:30 Exercises 1:00 Uno 2:15 Afternoon Walk	23 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:30 Crafts	24 National Joke Day 10:30 Exercises 1:00 Horse Races 2:30 Ladder Ball 5:00 Resident/Family BBQ	25 10:30 Stretch & Strength 11:15 Catholic Service 1:00 Monthly Birthday Party-Sunset Country 3:00 Lutheran Service 6:30 Card Night	26 10:30 Exercises 1:00 Card Bingo 2:30 Happy Hour	27  1:00 Bingo 2:30 Shuffleboard
28 	29 9:15 Bus Outing-Peaceful Valley-Day Trip & BBQ Lunch	30 9:30 Fit Minds 10:30 Stretch & Strength 1:00 Bingo 2:15 Afternoon Walk	31 10:30 Exercises 1:00 Horse Races 2:30 Beanbag Baseball	Please check the whiteboard next to the Manager's office daily for changes to the recreation calendar	Activities Take Place in the C/D Room Unless Otherwise Posted	For More Information: Please contact Sandy, Activities Convenor at 780-962-6149, Ext. 203