



St. Michael's
HEALTH GROUP

St. Michael's Long Term Care Centre

News & Recreation



FEBRUARY 2025

February is Therapeutic Recreation Awareness Month!

**“February, the month of love, is a time to cherish the
bonds that warm our hearts.”**

- D.A. Blankinship

Monday, February 17th is Family Day!

**This holiday celebrates the importance of families
and family life to people and their communities.**

There will be no programs on Family Day.

**Happy Valentine's Day and
Happy Family Day!**



February Birthdays

Frank M February 11, 1948

Elizabeth V February 17, 1944

Elsie P February 26, 1932

Susan G February 27, 1951

Marija R February 28, 1926



Upcoming Events in February

Meal Programs:

Friday, February 14

- Ladies Breakfast | 9:00am | Recreation Room

Friday, February 21

- Men's Breakfast | 9:00am | Recreation Room

Friday, February 28

- Ladies Breakfast | 9:00am | Recreation Room

Special Events:

Thursday, February 6

- Movie Matinee | 1:45pm | Heritage Hall

Wednesday, February 13

- Monthly Birthday Party | 2:00pm | Heritage Hall

Friday, February 14

- Valentine's Day Happy Hour & Karaoke | 2:00pm | Heritage Hall

Saturday, February 15

- Children's Visits | 10:30am | Alberta Room

Wednesday, February 19

- St. Matthew's School Choir | 1:30pm | Heritage Hall

Thursday, February 20

- Entertainment with Wes & Wendy | 2:00pm | Alberta Room

Tuesday, February 25

- Ukrainian Dance Group | 6:15pm | Heritage Hall

Outings:

Wednesday, February 5

- Sherwood Park Bowling | 1:00pm

Monday, February 10

- Katherine Therrien School | 1:00pm

Monday, February 24

- Katherine Therrien School | 1:00pm

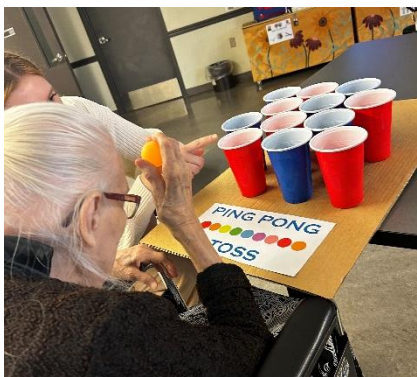
Wednesday, February 26

- Walmart & Burger King Lunch | 11:30am

♥HAPPY
Valentine's
DAY♥



Highlights from January



Valentine Words

adore	honey	dear
February	admire	love
friend	special	hug



o l a d f i d e a r
c a f h e v e k u h
r i a j b y a l a o
g c t f r i e n d n
p e r a u q u t o n
s p m n a c l o r y
z s b o r d o t e g
h o n e y d v e g u
w a d m i r e s e h

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Happy Valentines Day



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