








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>Sorry No Recreation Programs Today!</p> 	<p>10:00 Bowling (G) 10:00 Nice Nails (1-1) 1:30 Pet Therapy (1-1) 2:00 Ecumenical Service (A.R) 3:30 Card Bingo (P)</p> 	<p>10:30 Ukrainian Orthodox Liturgy (C) 1:30 Botanic Gardens 6:15 Table Games (R.R)</p>	<p>10:00 Crosswords (R.R) 10:00 Animal Visits (1-1) 1:45 Curling (A.R) 3:15 Fresh Air Strolls (1-1)</p> 	<p>10:00 Summer Painting (R.R) 10:00 Horse Racing (R) 1:45 Ice Cream Social with Georgina (F.G) 3:15 Fresh Air Strolls (1-1) 6:15 Yahtzee (R.R)</p> 	<p>10:00 Friendly Visits (1-1)</p> 
<p>2:00 Ukr./ Eng Cath Liturgy (C)</p> 	<p>10:00 Fun and Fit (B) 11:00 Trivia (B) 1:45 Bingo (R) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (B)</p> 	<p>10:00 Balloon Volleyball (B) 10:00 Nice Nails (1-1) 1:30 Pet Therapy (1-1) 2:00 Roman Catholic Mass (C) 3:30 Yahtzee (P) 3:15 Fresh Air Strolls (1-1)</p> 	<p>10:00 Trivia (R.R) 10:00 Activity Cart (1-1) 1:15 Fort Edmonton Park</p> 	<p>10:00 Horse Racing (B) 10:00 Colour & Paint (G) 2:00 Concert in the Garden with Ken (F.G)</p> 	<p>10:00 Curling (A.R) 1:30 Bingo (G) 3:15 Fresh Air Strolls (1-1)</p> 	<p>10:00 Friendly Visits (1-1)</p> 
<p>2:00 Ukr./ Eng Cath Liturgy (C)</p> 	<p>10:00 Fun and Fit (B) 11:00 Trivia (B) 1:45 Bingo (B) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (B)</p>	<p>10:00 Bowling (G) 10:00 Nice Nails (1-1) 1:30 Pet Therapy (1-1) 2:00 Ecumenical Service (A.R) 3:30 Card Bingo (P) 3:15 Fresh Air Strolls (1-1)</p> 	<p>10:00 Curling (A.R) 10:00 Activity Cart (1-1) 1:15 Edmonton Valley Zoo 6:15 Card Bingo (R.R)</p> 	<p>10:00 Summer Craft (R.R) 1:30 Birthday Party with Wes and Wendy (H.H) 3:30 Fresh Air Strolls (1-1)</p> 	<p>10:30 Hymn Sing (A.R) 2:00 Carnival Games (F.G) 3:15 Fresh Air Strolls (1-1) 6:15 Yahtzee (R.R)</p> 	<p>10:00 Friendly Visits (1-1)</p> 
<p>2:00 Ukr./ Eng Cath Liturgy (C)</p> 	<p>10:00 Fun and Fit (B) 11:00 Trivia (B) 1:45 Bingo (R) 3:30 Friendly Visits (1-1)</p> 	<p>1:30 Pet Therapy (1-1) 2:00 Roman Catholic Mass (C) 5:00 Family/Resident BBQ with Larry (F.G)</p> 	<p>1:45 Bowling (G)</p>	<p>10:00 Balloon Volleyball (B) 1:45 Concert in the Garden with Georgina (F.G) 3:30 Fresh Air Strolls (1-1)</p> 	<p>10:30 Hymn Sing (A.R) 1:30 Bingo (G) 3:15 Fresh Air Strolls (1-1) 6:15 Yahtzee (R.R)</p> 	<p>10:00 Friendly Visits (1-1)</p> 
<p>2:00 Ukr./ Eng Cath Liturgy (C)</p> 	<p>10:00 Fun and Fit (B) 11:00 Trivia (B) 1:45 Bingo (B) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (B)</p> 	<p>10:00 Horse Racing (G) 10:00 Activity Cart (1-1) 1:45 Antique Car Show (F.G) 3:30 Fresh Air Strolls (1-1)</p> 	<p>10:00 Curling (A.R) 10:00 Nice Nails (1-1) 1:15 Hawrelak Park</p> 	<p>Location Legend (B), (G), (R) – Blue Pod, Green Pod, Red Pod (1-1) - One-on-one programs (F.G) – Family Garden (H-H) - Heritage Hall (A.R) – Alberta Room (R.R) - Recreation Room (C) – Chapel (P)- Patio</p>	<p>Family/Resident BBQ 1st Floor- Tuesday August 23rd at 5:00pm Family Garden See Posters for more details!</p> 	

Recreation Programs are subject to last minute changes. Please contact Miranda, Recreation Manager at (780) 473-5621 ext. 3409

2 nd Floor Recreation Calendar			August 2022			Long Term Care Centre 		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	1 Sorry No Recreation Programs Today! 	2 10:00 Fun and Fit (A.R) 1:30 Pet Therapy (1-1) 2:00 Ecumenical Service (A.R) 3:15 Fresh Air Strolls (1-1) 6:15 Sensory Room (1-1)	3 10:30 Ukrainian Orthodox Liturgy (C) 1:30 Botanic Gardens	4 10:00 Bowling (G) 1:45 Bingo (B) 3:15 Fresh Air Strolls (1-1) 5:15 Friendly Visits (1-1)	5 10:00 Balloon Volleyball (G) 10:00 Nice Nails (1-1) 1:45 Ice Cream Social with Georgina (F.G) 3:15 Fresh Air Strolls (1-1)	6 1:45 Friendly Visits (1-1) 		
7 2:00 Ukr./ Eng Cath Liturgy (C) 	8 10:00 Horse Racing (G) 10:00 Activity Cart (1-1) 1:45 Bingo (B) 3:15 Fresh Air Strolls (1-1) 	9 10:00 Fun and Fit (A.R)  1:30 Pet Therapy (1-1) 2:00 Roman Catholic Mass (C) 3:15 Fresh Air Strolls (1-1) 6:15 Sensory Room (1-1) 	10 10:00 Colour & Paint (R) 10:00 Nice Nails (1-1) 1:15 Fort Edmonton Park 	11 10:00 Sensory Room (1-1) 10:00 Animal Visits (1-1) 2:00 Concert in the Garden with Ken (F.G) 3:15 Fresh Air Strolls (1-1) 	12 10:00 Bowling (G)  1:30 Yahtzee (B) 3:15 Fresh Air Strolls (1-1) 	13 1:45 Friendly Visits (1-1) 		
14 2:00 Ukr./ Eng Cath Liturgy (C) 	15 10:00 Balloon Volleyball (R) 10:00 Activity Cart (1-1) 1:45 Bingo (B) 3:15 Fresh Air Strolls (1-1) 	16 10:00 Fun and Fit (A.R) 1:30 Pet Therapy (1-1) 2:00 Ecumenical Service (A.R) 3:15 Fresh Air Strolls (1-1) 6:15 Sensory Room (1-1) 	17 10:00 Sensory Room (1-1) 10:00 Doll Therapy (1-1) 1:15 Edmonton Valley Zoo 	18 10:00 Summer Painting (B) 1:30 Birthday Party with Wes and Wendy (H.H) 3:15 Fresh Air Strolls (1-1) 5:15 Friendly Visits (1-1) 	19 10:30 Hymn Sing (A.R) 2:00 Carnival Games (F.G) 3:15 Fresh Air Strolls (1-1) 	20 1:45 Friendly Visits (1-1) 		
21 2:00 Ukr./ Eng Cath Liturgy (C) 	22 10:00 Horse Racing (B) 10:00 Activity Cart (1-1) 1:45 Bingo (B) 3:15 Fresh Air Strolls (1-1)	23 1:30 Pet Therapy (1-1) 2:00 Roman Catholic Mass (C) 	24 1:45 Curling (A.R) 5:00 Family/Resident BBQ with Larry (F.G) 	25 10:00 Nice Nails (1-1) 10:00 Colour & Paint (G) 1:45 Music with Georgina (F.G) 6:15 Friendly Visits (1-1) 	26 10:30 Hymn Sing (A.R) 1:30 Yahtzee (B) 3:15 Fresh Air Strolls (1-1) 	27 1:45 Friendly Visits (1-1) 		
28 2:00 Ukr./ Eng Cath Liturgy (C) 	29 10:00 Balloon Volleyball (G) 10:00 Activity Cart (1-1) 1:45 Bingo (B) 3:15 Fresh Air Strolls (1-1) 	30 10:00 Fun and Fit (A.R) 1:30 Pet Therapy (1-1) 1:45 Antique Car Show (F.G) 6:15 Sensory Room (1-1) 	31 10:00 Music with Georgina (G) 10:00 Sensory Room (1-1) 1:15 Hawrelak Park 	Location Legend (B), (G), (R) – Blue Pod, Green Pod, Red Pod (1-1) - One-on-one programs (F.G) – Family Garden (H-H) - Heritage Hall (A.R) – Alberta Room (R.R) - Recreation Room (C) – Chapel (P)- Patio		Family/Resident BBQ 2nd Floor- Wednesday August 24th at 5:00pm Family Garden See Posters for more details! 		

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