



































1 st Floor Recreation Calendar		January 2023 			Long Term Care Centre 	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 2:00 Ukr./Eng Cath. Liturgy (C) 	2 Sorry! No Recreation Programs! 	3 9:45 Crosswords (R.R) 10:00 Pet Therapy (1-1) 2:00 Roman Catholic Mass (C) 3:30 Music Bingo (R.R) 	4 10:30 Ukr. Orthodox Liturgy (C) 1:30 Movie Matinee (H.H) 6:15 Card Bingo (R.R) 	5 9:45 Colour & Paint (R.R) 11:00 Coffee Brewing (R.R) 1:45 Music with Georgina (A.R) 	6 Ukrainian Christmas 10:00 Bowling (A.R) 1:30 Bingo (G) 3:30 Friendly Visits (1-1) 	7 10:30 Art Club (A.R) 1:30 Theater Club (A.R) 
8 2:00 Ukr./Eng Cath. Liturgy (C) 	9 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (B) 3:15 Friendly Visits (1-1) 6:15 Yahtzee (R.R) 	10 10:00 Pet Therapy (1-1) 10:30 Fathers Leo Green School Visit (H.H) 2:00 Anglican Service (A.R) 3:30 Yahtzee (R.R) 	11 9:45 Winter Baking (R.R) 1:00 Sherwood Park Bowling 6:15 Card Bingo (R.R) 	12 9:45 Balloon Volleyball (G) 2:00 Birthday Party with Band of Brothers (H.H) 3:30 Friendly Visits (1-1) 	13 10:00 Bowling (G) 1:30 Bingo (R) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R) 	14 10:30 Art Club (A.R) 1:30 Theater Club (A.R) 
15 2:00 Ukr./Eng Cath. Liturgy (C) 	16 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (G) 3:15 Friendly Visits (1-1) 6:15 Yahtzee (R.R) 	17 9:45 Horse Racing (G) 10:00 Pet Therapy (1-1) 2:00 Baptist Service (A.R) 3:30 Card Bingo (R.R) 	18 9:45 Winter Craft (R.R) 1:30 Movie Matinee (H.H) 6:15 Card Bingo (R.R) 	19 9:45 Balloon Volleyball (B) 2:00 Live Entertainment with Larry (A.R) 3:30 Resident Council Meeting (R.R) 	20 10:30 Hymn Sing (A.R) 1:30 Bingo (B) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R) 	21 10:30 Art Club (A.R) 1:30 Theater Club (A.R) 
22 2:00 Ukr./Eng Cath. Liturgy (C) 	23 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (R) 3:15 Friendly Visits (1-1) 6:15 Yahtzee (R.R) 	24 10:00 Pet Therapy (1-1) 10:30 Fathers Leo Green School Visit (H.H) 2:00 Roman Catholic (C) 3:30 Music Bingo (R.R) 	25 9:45 Colour & Paint (R.R) 12:00 Kingsway Mall Lunch and Shopping 6:15 Card Bingo (R.R) 	26 9:45 Winter Trivia (R.R) 1:45 Happy Hour (A.R)	27 10:30 Hymn Sing (A.R) 1:30 Bingo (G) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R) 	28 10:30 Art Club (A.R) 1:30 Theater Club (A.R) 
29 2:00 Ukr./Eng Cath. Liturgy (C) 	30 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (B) 3:15 Friendly Visits (1-1) 6:15 Yahtzee (R.R) 	31 9:45 Winter Baking (R.R) 10:00 Pet Therapy (1-1) 2:00 Ecumenical Service (A.R) 3:30 Yahtzee (R.R) 	<u>Location Legend</u> (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) – Chapel (A.R) – Alberta Room (R.R) - Recreation Room (H-H) - Heritage Hall (1-1) - One-on-one programs		 	

Recreation Programs are subject to last minute changes. Please contact Miranda, Recreation Manager at (780) 473-5621 ext. 3409



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 2:00 Ukr./Eng Cath. Liturgy (C) 	2 Sorry! No Recreation Programs Today! 	3 10:00 Pet Therapy (1-1) 2:00 Roman Catholic Mass (C) 3:30 Activity Cart (1-1) 6:15 Sensory Room (1-1) 	4 10:30 Ukr. Orthodox Liturgy (C) 1:30 Movie Matinee (H.H) 	5 10:00 Balloon Volleyball (G) 1:45 Music with Georgina (A.R) 6:15 Friendly Visits (1-1) 	6 Ukrainian Christmas 10:00 Bowling (A.R) 1:30 Bingo (1 st Floor G) 3:30 Friendly Visits (1-1) 	7 10:30 Art Club (A.R) 1:30 Theater Club (A.R) 	
8 2:00 Ukr./Eng Cath. Liturgy (C) 	9 9:45 Fun and Fit (1 st Floor G) 11:00 Trivia (1 st Floor G) 1:30 Bingo (1 st Floor B) 3:15 Friendly Visits (1-1) 	10 10:00 Pet Therapy (1-1) 10:30 Fathers Leo Green School Visit (H.H) 2:00 Anglican Service (A.R) 6:15 Sensory Room (1-1)	11 10:00 Activity Cart (1-1) 1:00 Sherwood Park Bowling 	12 10:00 Sensory Room (1-1) 2:00 Birthday Party with Band of Brothers (H.H) 6:15 Friendly Visits (1-1) 	13 10:00 Bowling (A.R) 1:30 Bingo (G) 3:30 Friendly Visits (1-1) 	14 10:30 Art Club (A.R) 1:30 Theater Club (A.R) 	
15 2:00 Ukr./Eng Cath. Liturgy (C) 	16 9:45 Fun and Fit (1st Floor G) 11:00 Trivia (1st Floor G) 1:30 Bingo (1st Floor G) 3:15 Friendly Visits (1-1)	17 10:00 Pet Therapy (1-1) 10:00 Balloon Volleyball (G) 2:00 Baptist Service (A.R) 6:15 Sensory Room (1-1) 	18 10:00 Activity Cart (1-1) 1:30 Movie Matinee (H.H) 	19 10:00 Winter Colouring (B) 2:00 Live Entertainment with Larry (A.R) 3:30 Sensory Room (1-1) 6:15 Friendly Visits (1-1)	20 10:30 Hymn Sing (A.R) 1:30 Bingo (R) 3:30 Friendly Visits (1-1) 	21 10:30 Art Club (A.R) 1:30 Theater Club (A.R) 	
22 2:00 Ukr./Eng Cath. Liturgy (C) 	23 9:45 Fun and Fit (1st Floor G) 11:00 Trivia (1st Floor G) 1:30 Bingo (1st Floor R) 3:15 Friendly Visits (1-1) 	24 10:00 Pet Therapy (1-1) 10:30 Fathers Leo Green School Visit (H.H) 2:00 Roman Catholic (C) 6:15 Sensory Room (1-1)	25 10:00 Animal Visits (1-1) 12:00 Kingsway Mall Lunch and Shopping 	26 10:00 Doll Therapy (1-1) 1:45 Happy Hour (A.R)	27 10:30 Hymn Sing (A.R) 1:30 Bingo (B) 3:30 Friendly Visits (1-1)	28 10:30 Art Club (A.R) 1:30 Theater Club (A.R) 	
29 2:00 Ukr./Eng Cath. Liturgy (C) 	30 9:45 Fun and Fit (1 st Floor G) 11:00 Trivia (1 st Floor G) 1:30 Bingo (1 st Floor B) 3:15 Friendly Visits (1-1)	31 10:00 Pet Therapy (1-1) 2:00 Ecumenical Service (A.R) 6:15 Sensory Room (1-1) 	<u>Location Legend</u> (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) – Chapel (A.R) – Alberta Room (R.R) - Recreation Room (H-H) - Heritage Hall (1-1) - One-on-one programs				

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