



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Location Legend (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) - Chapel (BT) – Basement (H-H) - Heritage Hall (R.R) - Recreation Room</p>					<p>1 10:00 Horse Racing (B) 1:45 Music with Georgina (A.R) 3:30 Fresh Air Strolls (1-1)</p>	<p>2 10:30 Hymn Sing (A.R) 1:45 Bingo (G) 3:30 Fresh Air Strolls (1-1)</p>	<p>3 Sorry No Recreation Programs Today!</p>
<p>4 2:00 Ukr./ Eng Cath Liturgy (C)</p>	<p>5 No Recreation Programs Today! LABOUR DAY</p>	<p>6 10:00 Crosswords (R.R) 1:30 Pet Therapy (1-1) 2:00 Anglican Service (A.R) 3:15 Card Bingo (P)</p>	<p>7 10:30 Ukrainian Orthodox Liturgy (C) 1:45 Bowling (G) 3:30 Fresh Air Strolls (1-1) 6:15 Table Games (R.R)</p>	<p>8 10:00 Balloon Volleyball (R) 2:00 Live Entertainment with Larry (A.R) 3:30 Fresh Air Strolls (1-1)</p>	<p>9 10:30 Hymn Sing (A.R) 1:45 Bingo (B) 3:30 Fresh Air Strolls (1-1) 6:15 Yahtzee (R.R)</p>	<p>10 10:00 Friendly Visits (1-1)</p>	
<p>11 2:00 Ukr./ Eng Cath Liturgy (C)</p>	<p>12 1:30 Bingo (G) 3:15 Fresh Air Strolls(1-1) 6:15 Yahtzee (R.R)</p>	<p>13 10:00 Colour and Paint (R.R) 10:00 Coffee Brewing (R.R) 1:30 Pet Therapy (1-1) 2:00 Roman Catholic Mass (C) 3:30 Yahtzee (P)</p>	<p>14 10:00 Horse Racing (R) 1:15 Prairie Gardens Outing 6:15 Table Games (R.R)</p>	<p>15 10:00 Crosswords (R.R) 2:00 Live Entertainment with Band of Brothers (H.H) 3:30 Fresh Air Strolls (1-1)</p>	<p>16 10:30 Hymn Sing (A.R) 1:45 Bingo (R) 3:30 Fresh Air Strolls (1-1) 6:15 Yahtzee (R.R)</p>	<p>17 10:00 Friendly Visits (1-1)</p>	
<p>18 2:00 Ukr./ Eng Cath Liturgy (C)</p>	<p>19 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (B) 3:15 Fresh Air Strolls (1-1) 6:15 Yahtzee (R.R)</p>	<p>20 10:00 Fall Painting (R.R) 1:30 Pet Therapy (1-1) 2:00 Ecumenical Service (A.R) 3:15 Card Bingo (P)</p>	<p>21 10:00 Balloon Volleyball (R) 1:30 Birthday Party with Young at Heart (H.H) 3:30 Resident Council Meeting (R.R) 6:15 Table Games (R.R)</p>	<p>22 10:00 Fall Trivia (R.R) 11:00 Coffee Brewing (R.R) 1:30 Music with Georgina (A.R) 3:30 Fresh Air Strolls (1-1)</p>	<p>23 10:30 Hymn Sing (A.R) 1:45 Bingo (G) 3:30 Fresh Air Strolls (1-1) 6:15 Yahtzee (R.R)</p>	<p>24 10:00 Friendly Visits (1-1)</p>	
<p>25 2:00 Ukr./ Eng Cath Liturgy (C)</p>	<p>26 9:45 Fun and Fit (G) 11:00 Trivia (G) 1:30 Bingo (R) 3:15 Fresh Air Strolls(1-1) 6:15 Yahtzee (R.R)</p>	<p>27 10:00 Crosswords (R.R) 1:30 Pet Therapy (1-1) 2:00 Roman Catholic Mass (C) 3:30 Yahtzee (P)</p>	<p>28 10:00 Horse Racing (B) 12:00 McDonald's Lunch and Walmart Shopping 6:15 Table Games (R.R)</p>	<p>29 10:00 Curling (A.R) 1:45 Happy Hour (A.R)</p>	<p>30 10:30 Hymn Sing (A.R) 1:45 Bingo (B) 3:30 Fresh Air Strolls (1-1) 6:15 Yahtzee (R.R)</p>		

Recreation Programs are subject to last minute changes. Please contact Miranda, Recreation Manager at (780) 473-5621 ext. 3409

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY
























FRIDAY

SATURDAY

Location Legend

(B), (G), (R) – Blue Pod, Green Pod, Red Pod
 (C) - Chapel (1-1) - One-on-one programs
 (BT) – Basement (F.S) – Four Seasons
 (H-H) - Heritage Hall (C.A) - Café Area
 (R.R) - Recreation Room (A.R) – Alberta Room



<p>4 2:00 Ukr./ Eng Cath Liturgy (C) </p>	<p>5 No Recreation Programs Today! LABOUR DAY </p>	<p>6 10:00 Activity Cart (1-1) 1:30 Pet Therapy (1-1) 2:00 Anglican Service (A.R) 3:15 Fresh Air Strolls (1-1) 6:15 Sensory Room (1-1)</p>	<p>7 10:30 Ukrainian Orthodox Liturgy (C) 1:45 Bingo (B) 3:30 Fresh Air Strolls (1-1) </p>	<p>8 10:00 Nice Nails (1-1) 2:00 Live Entertainment with Larry (A.R) 3:30 Fresh Air Strolls (1-1) 6:15 Friendly Visits (1-1) </p>	<p>9 10:30 Hymn Sing (A.R) 1:45 Balloon Volleyball (R) 3:30 Fresh Air Strolls (1-1) </p>	<p>10 Sorry No Recreation Programs Today! 1:45 Friendly Visits (1-1) </p>
<p>11 2:00 Ukr./ Eng Cath Liturgy (C) </p>	<p>12 9:45 Fun and Fit (A.R) 3:15 Fresh Air Strolls(1-1) </p>	<p>13 10:00 Activity Cart (1-1) 1:30 Pet Therapy (1-1) 2:00 Roman Catholic Mass (C) 3:15 Fresh Air Strolls (1-1) 6:15 Sensory Room (1-1) </p>	<p>14 10:00 Balloon Volleyball (G) 1:15 Prairie Gardens Outing </p>	<p>15 10:00 Animal Visits (1-1) 2:00 Live Entertainment with Band of Brothers (H.H) 3:30 Fresh Air Strolls (1-1) 6:15 Friendly Visits (1-1) </p>	<p>16 10:30 Hymn Sing (A.R) 1:45 Horse Racing (R) 3:30 Fresh Air Strolls (1-1) </p>	<p>17 1:45 Friendly Visits (1-1) </p>
<p>18 2:00 Ukr./ Eng Cath Liturgy (C) </p>	<p>19 1:45 Balloon Volleyball (R) 3:15 Fresh Air Strolls(1-1)</p>	<p>20 10:00 Activity Cart (1-1) 1:30 Pet Therapy (1-1) 2:00 Ecumenical Service (A.R) 3:15 Fresh Air Strolls (1-1) 6:15 Sensory Room (1-1)</p>	<p>21 10:00 Curling (A.R) 1:30 Birthday Party with Young at Heart (H.H) 3:30 Fresh Air Strolls (1-1) </p>	<p>22 10:00 Sensory Room (1-1) 1:30 Music with Georgina (A.R) 3:30 Fresh Air Strolls (1-1) 6:15 Friendly Visits (1-1) </p>	<p>23 10:30 Hymn Sing (A.R) 1:45 Bingo (B) 3:30 Fresh Air Strolls (1-1) </p>	<p>24 1:45 Friendly Visits (1-1) </p>
<p>25 2:00 Ukr./ Eng Cath Liturgy (C) </p>	<p>26 1:45 Balloon Volleyball (R) 3:15 Fresh Air Strolls(1-1) </p>	<p>27 10:00 Activity Cart (1-1) 1:30 Pet Therapy (1-1) 2:00 Roman Catholic Mass (C) 3:15 Fresh Air Strolls (1-1) 6:15 Sensory Room (1-1) </p>	<p>28 10:00 Fun and Fit (A.R) 12:00 McDonald's Lunch and Walmart Shopping </p>	<p>29 10:00 Sensory Room (1-1) 1:45 Happy Hour (A.R) 3:30 Fresh Air Strolls (1-1) 6:15 Friendly Visits (1-1)</p>	<p>30 10:30 Hymn Sing (A.R) 1:45 Yahtzee (B) 3:30 Fresh Air Strolls (1-1)</p>	<p></p>

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