



St. Michael's
HEALTH GROUP

St. Michael's Long Term Care Centre

News & Recreation

JANUARY 2023



**2022 was a great year here at St. Michael's!
Although we said goodbye to a few, we
welcomed many new residents & staff.
We are excited for 2023!**

**The Family/Resident Christmas Dinner
were a huge success with the
highest number of guest we never had!!
We hope you enjoyed them
as much as we did!**

**Please check the January Calendar for
upcoming events in 2023.
Happy New Years!**



January Birthdays

Olha Z	January 2, 1939
Janice B	January 3, 1949
Jean H	January 4, 1940
Christa M	January 5, 1928
Sylvi K	January 11, 1940
Barbara S	January 11, 1943
Jackie Z	January 13, 1930
Aurora H	January 22, 1942
Anne M	January 28, 1937
Gerry E	January 29, 1941
Sandra P	January 31, 1959

★HAPPY★
BIRTHDAY!

Upcoming Events in January



Sunday January 1

-Happy New Year

Monday January 2

-No Recreation Programs

Wednesday January 11 at 1:00pm

-Sherwood Park Bowling

Thursday January 12 at 2:00pm

- Birthday Party with Band of Brothers

Thursday January 19 at 1:30pm

- Birthday Party with "Larry"

Wednesday January 25 at 12:00

- Kingsway Mall Lunch and Shopping

Thursday January 26 at 1:30pm

-Happy Hour

**Please
check the
calendar for
times and
locations,
as well as
all of the
other
exciting
activities
happening
this month!**



December Highlights



Mixed-Up New Year's Day

Unscramble the letters to make words that are associated with New Year's Day.

1. BCANREITLOE

2. RFNIDES

3. IDHALYO

4. BYAB

5. OLBTFOLA

6. AURNAJY

7. MAIFLY

8. INATTODIR

9. OLOUDCTNWN

10. WEN ERYA

11. APEDRA

12. CDRNLAEA

13. GNNINBGIE

14. EROS OWBL

15. EHGCAN

16. RAPTY

17. RFTSI

18. RNEOSLOIUT



