

Location Legend:	(1-1) - One-on-one
(B), (G), (R) – Blue Pod, Green Pod, Red Pod	(HH) - Heritage Hall
(C) – Chapel	(RR) - Recreation Room
	(AR) – Alberta Room
	(FG) – Family Garden



1st Floor Recreation Calendar

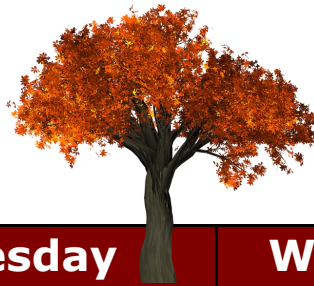
October 2023



LONG TERM CARE CENTRE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 Ukr./ Eng Cath Liturgy (C) 	2 Sorry No Recreation Programs Today!	3 10:00 Fun & Fit (G) 11:00 Trivia (G) 2:00 Anglican Service (AB) 3:30 Yahtzee (RR)	4 10:30 Ukrainian Orthodox Liturgy (C) 2:00 Thanksgiving Social with Pumpkin Pie & Apple Cider(AR)	5 10:30 Friendly Visits (1-1) 2:00 Activity Cart (1-1)	6 10:30 Hymn Sing (A.R) 1:45 Bingo (G) 3:30 Friendly Visits (1-1) 6:15 Yahtzee	7 10:30 Art Club (AR) 1:30 Theatre Club (AR)
8 2:00 Ukr./ Eng Cath Liturgy (C) 	9 <i>Thanksgiving Day</i> Sorry No Recreation Programs Today!	10 10:00 Thanksgiving Short Stories with Hot Chocolate (RR) 2:00 Roman Catholic Mass 3:30 Yahtzee (RR)	11 10:00 Baking Mini Pumpkin Tarts (RR) 1:15 Country Drive Outing	12 10:30 Fathers Leo Green School Visit (H.H) 2:00 Live Entertainment with Wendy & Wes	13 9:00 Men’s Pancake Breakfast (RR) 10:30 Hymn Sing (A.R) 1:45 Bingo (G) 3:30 Friendly Visits (1-1) 6:15 Yahtzee	14 10:30 Art Club (AR) 1:30 Theatre Club (AR)
15 2:00 Ukr./ Eng Cath Liturgy (C) 	16 10:00 Fun & Fit (G) 11:00 Trivia (G) 1:45 Bingo (B) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R)	17 10:00 Colouring and Coffee Social (RR) 2:00 Baptist Service (A.R) 3:30 Resident Council Meeting (RR) 3:30 Friendly Visits (1-1)	18 10:00 Balloon Volleyball (G) 11:15 Friendly Visits (1-1) 2:00 Mullen Cullen Magic Show	19 10:30 Fathers Leo Green School Visit (H.H) 2:00 Live Entertainment with Georgina & Bianca (A.R)	20 9:00 Ladies Pancake Breakfast (RR) 10:30 Hymn Sing (A.R) 1:45 Bingo (G) 3:30 Friendly Visits (1-1) 6:15 Yahtzee	21 10:30 Art Club (AR) 1:30 Theatre Club (AR)
22 2:00 Ukr./ Eng Cath Liturgy (C) 	23 10:00 Fun & Fit (G) 11:00 Trivia (G) 1:45 Bingo (R) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R)	24 10:00 News & Views with Coffee (RR) 2:00 Roman Catholic Mass (C) 3:30 Friendly Visits (1-1)	25 10:00 Baking Spooky Witches Fingers 1:15 Alberta Aviation Museum Outing	26 10:30 Fathers Leo Green School Visit (H.H) 2:00 Monthly Birthday Party with Band of Brothers	27 10:30 Hymn Sing (A.R) 2:00 Halloween “Spooky” Hour (AR) 6:15 Yahtzee	28 10:30 Art Club (AR) 1:30 Theatre Club (AR)
29 2:00 Ukr./ Eng Cath Liturgy (C) 	30 10:00 Fun & Fit (G) 11:00 Trivia (G) 1:45 Bingo (G) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R)	31 <i>Happy Halloween!</i> 10:00 Armchair Travel (RR) 12:00 Chinese Takeout Lunch Club (RR) 2:00 Ecumenical Service (AR) 3:30 Halloween Treat Delivery	 			Recreation programs are subject to last minute changes. Please contact Brooke, Recreation Therapy Manager at (780) 473-5621 ext. 3409 if you have any questions!

Location Legend:	(1-1) - One-on-one (HH) - Heritage Hall (B), (G), (R) – Blue Pod, Green Pod, Red Pod (C) – Chapel
	(RR) - Recreation Room (AR) – Alberta Room (FG) – Family Garden



2nd Floor Recreation Calendar

October 2023



LONG TERM CARE CENTRE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 Ukr./ Eng Cath Liturgy (C) 	2 Sorry No Recreation Programs Today!	3 10:00 Balloon Volleyball (R) 2:00 Anglican Service (AB) 3:30 Friendly Visits (1-1) 6:15 Sensory Room (1-1)	4 10:30 Ukrainian Orthodox Liturgy 2:00 Thanksgiving Social with Pumpkin Pie & Apple Cider(AR) 6:15 Activity Cart (1-1)	5 10:30 Activity Cart (1-1) 2:00 Friendly Visits (1-1)	6 10:30 Hymn Sing (A.R) 1:45 Card Bingo (R) 3:30 Men's Social Group (G)	7 10:30 Art Club (AR) 1:30 Theatre Club (AR)
8 2:00 Ukr./ Eng Cath Liturgy (C) 	9 <i>Thanksgiving Day</i> Sorry No Recreation Programs Today!	10 10:00 Curling (AR) 2:00 Roman Catholic Mass 3:30 Friendly Visits (1-1) 6:15 Sensory Room (1-1)	11 10:00 Fun & Fit (AR) 11:00 Friendly Visits (1-1) 1:30 Country Drive Outing 6:15 Activity Cart (1-1)	12 10:30 Fathers Leo Green School Visit (H.H) 2:00 Live Entertainment with Wendy & Wes (AR)	13 9:00 Men's Pancake Breakfast (RR) 10:30 Hymn Sing (A.R) 1:45 Card Bingo (B) 3:30 Friendly Visits (1-1)	14 10:30 Art Club (AR) 1:30 Theatre Club (AR)
15 2:00 Ukr./ Eng Cath Liturgy (C) 	16 10:30 Music with Bianca (G) 1:45 Bingo (R) 3:30 Friendly Visits (1-1)	17 10:00 Bowling (AR) 2:00 Baptist Service (A.R) 3:30 Friendly Visits (1-1) 6:15 Sensory Room (1-1)	18 10:00 Fun & Fit (AR) 11:00 Friendly Visits (1-1) 2:00 Mullen Cullen Magic Show 6:15 Activity Cart (1-1)	19 10:30 Fathers Leo Green School Visit (H.H) 2:00 Live Entertainment with Georgina & Bianca (AR)	20 9:00 Ladies Pancake Breakfast (RR) 10:30 Hymn Sing (A.R) 1:45 Card Bingo (G) 3:30 Men's Social Group (B)	21 10:30 Art Club (AR) 1:30 Theatre Club (AR)
22 2:00 Ukr./ Eng Cath Liturgy (C) 	23 11:15 Friendly Visits (1-1) 1:45 Bingo (R) 3:30 Friendly Visits (1-1)	24 10:00 Balloon Volleyball (AR) 2:00 Roman Catholic Mass (C) 3:30 Friendly Visits (1-1) 6:15 Sensory Room (1-1)	25 10:00 Fun & Fit (AR) 11:00 Friendly Visits (1-1) 1:15 Alberta Aviation Museum Outing 6:15 Activity Cart (1-1)	26 10:30 Fathers Leo Green School Visit (H.H) 2:00 Monthly Birthday Party with Band of Brothers	27 10:30 Hymn Sing (A.R) 2:00 Halloween "Spooky" Hour (AR) 3:30 Friendly Visits (1-1)	28 10:30 Art Club (AR) 1:30 Theatre Club (AR)
29 2:00 Ukr./ Eng Cath Liturgy (C) 	30 10:00 Music w/ Georgina (B) 1:45 Bingo (R) 3:30 Friendly Visits (1-1)	31 10:00 Curling (AR) 12:00 Chinese Takeout Lunch Club (RR) 2:00 Ecumenical Service (AR) 3:30 Halloween Treat Delivery 6:15 Sensory Room (1-1)				Recreation programs are subject to last minute changes. Please contact Brooke, Recreation Therapy Manager at (780) 473-5621 ext. 3409 if you have any questions!