



St. Michael's  
HEALTH GROUP

St. Michael's Long Term Care Centre

# News & Recreation



## **FEBRUARY 2024**

### **February is Therapeutic Recreation Awareness Month!**

**Monday, February 19th is Family Day!**

**This holiday celebrates the importance  
of families and family life to people and  
their communities.**

**There will be no programs on Family Day.**

**Happy Valentine's Day and  
Happy Family Day!**





# February Birthdays

**Milan V.**

**February 4, 1937**

**Theresa C.**

**February 9, 1928**

**Frank M.**

**February 11, 1948**

**Joan A.**

**February 12, 1957**

**Gail V.**

**February 17, 1944**

**Elsie P.**

**February 26, 1932**

**Susan G.**

**February 27, 1951**

**Marija R.**

**February 28, 1926**

**Wendy D.**

**February 28, 1949**

*Happy Birthday!*

## Upcoming Events in February

### *Music & Special Events*

- **Thursday, February 8<sup>th</sup> | 2:00 p.m. | Alberta Room**
  - o Live Entertainment with Brian Kendal – 2:00 p.m. in Alberta Room
- **Wednesday, January 14<sup>th</sup> | 2:00 p.m. | Alberta Room**
  - o Happy Hour with Bianca and Georgina
- **Wednesday, January 21<sup>st</sup> | 2:00 p.m. | Heritage Hall**
  - o Monthly Birthday Party with Wes & Wendy
- **Thursday, January 22<sup>nd</sup> | 2:00 p.m. | Heritage Hall**
  - o Movie Matinee

### *Outings*

- **Wednesday, February 7<sup>th</sup> | 1:00 p.m.**
  - o Muttart Conservatory Outing
- **Wednesday, February 28<sup>th</sup> | 11:15 p.m.**
  - o Walmart Shopping with Lunch at Burger King

### *Food Groups*

**Tuesday, February 13<sup>th</sup> | 9:00 a.m. | Recreation Room**

- Men's Breakfast

**Tuesday, February 27<sup>th</sup> | 9:00 a.m. | Recreation Room**

- Ladies Breakfast

**Please  
check the  
calendar for  
times and  
locations,  
as well as  
all of the  
other  
exciting  
activities  
happening  
this month!**





# Highlights from January



# VALENTINE'S DAY

## Wordsearch



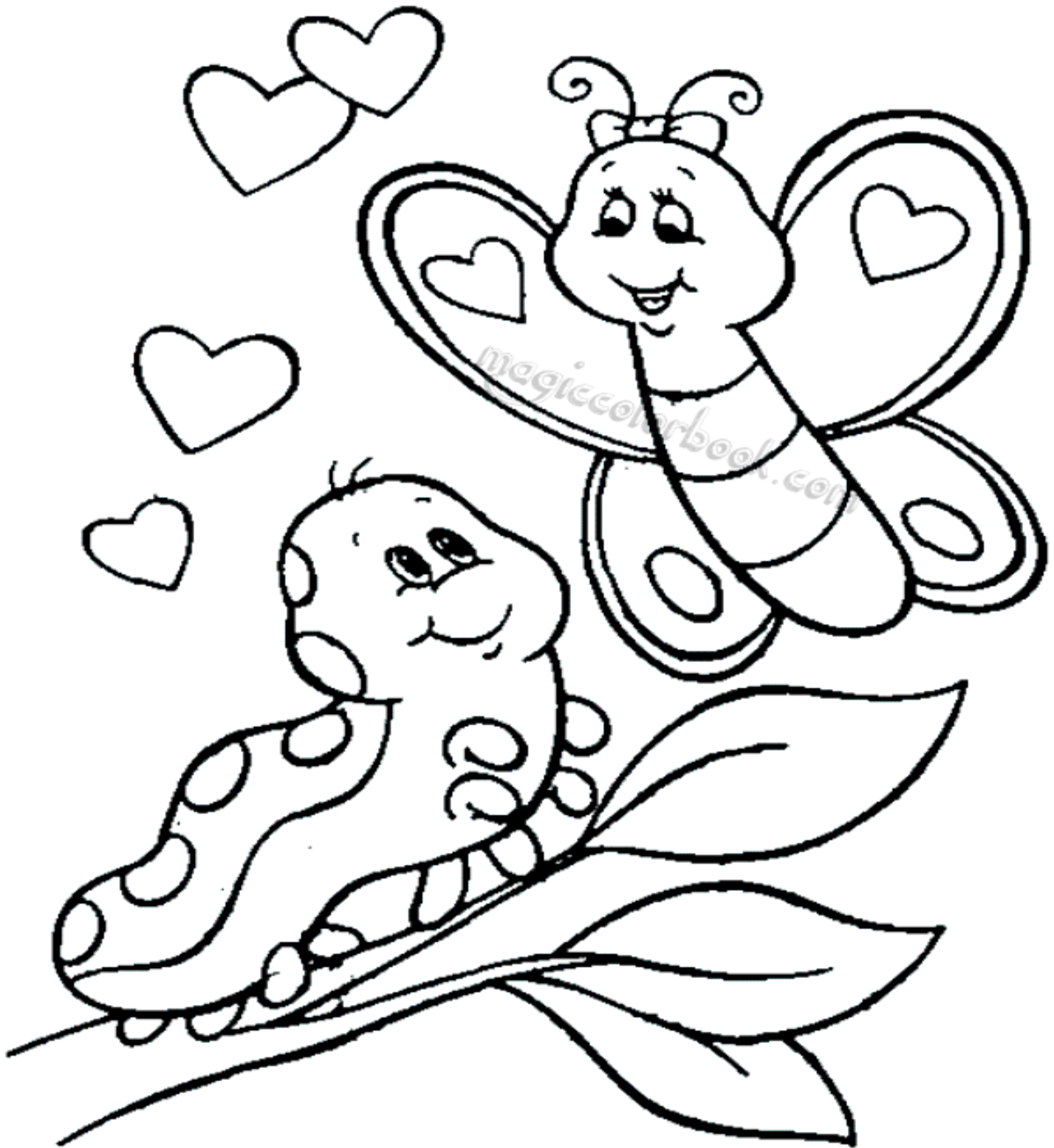
### WORD LIST

CANDY	CUPID	GIFT	LOVE	ROSE
CRUSH	FLOWERS	HEART	RED	VALENTINE

*Homemade*  
LITTLE LEARNING



# HAPPY VALENTINES DAY



M  
CB

magic color book.com

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