



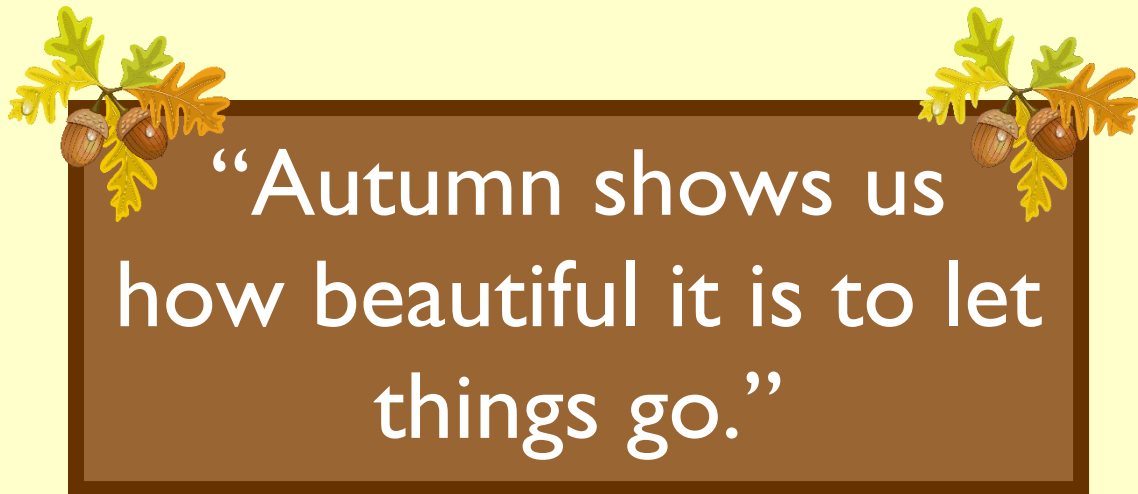
St. Michael's
HEALTH GROUP

St. Michael's Long Term Care Centre

News & Recreation



September 2023





September Birthdays

Dorothy H.	September 2, 1933
Elaine H.	September 2, 1943
Irene S.	September 3, 1937
Joanne M.	September 11, 1951
Harry C.	September 13, 1931
Margaret L.	September 14, 1935
Judy S.	September 14, 1946
Mary E.	September 15, 1926
Clara M.	September 16, 1939
Carol A.	September 21, 1941
Cynthia F.	September 25, 1959
Mike Y.	September 27, 1927
Coby B.	September 27, 1939
Jeanette M.	September 28, 1932
Nettelie Y.	September 28, 1935

September Birthday Party

Live Entertainment with "Young at Heart"

When: September 21st at 2:00 p.m.

Where: Heritage Hall

Upcoming Events in September

Monday, September 4th

- No Recreation Programs Today

Wednesday, September 6th at 2:00 p.m.

- Live Entertainment with the St. Nicholas Mandolin Group in the Heritage Hall

Thursday, September 7th at 2:00 p.m.

- Live Entertainment with Georgina & Bianca in the Alberta Room

Thursday, September 14th at 1:15 p.m.

- Sherwood Park Bowling Alley Outing

Wednesday, September 20th at 1:00 p.m.

- Edmonton Valley Zoo Outing

Thursday, September 21st at 2:00 p.m.

- Monthly Birthday party with "Young at Heart" in the Heritage Hall

Wednesday, September 27th at 11:30 p.m.

- Walmart shopping with lunch at Burger King

Thursday, September 28 at 2:00 p.m.

- Live Entertainment with Jeff Ramsey in the Alberta Room

Friday, September 29th at 1:30 p.m.

- Happy Hour In the Alberta Room

Saturday, September 30th

- No recreation programs today!

Please check the recreation calendar for times and locations, as well as all the other exciting activities happening this month!

August Highlights



Recreation Therapy Department News

Howdy Folks!

I have officially started my new role as Acting Manager of Recreation Therapy! In my first few weeks, it has been fabulous to meet the staff, residents, and families here at St. Michael's!

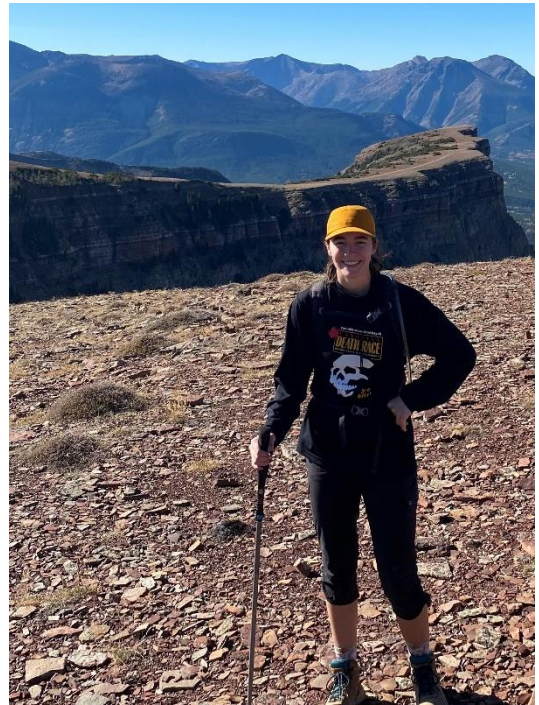
A bit about me:

I grew up on a farm near Bonnyville, but have lived in Lethbridge for the past 5 years. I moved to Edmonton in January of 2023 to be closer to my family!

I am lucky to have 3 sisters, 1 dog, and 1 cat. I am passionate about leisure and recreation; some of my favorite pastimes include snowboarding, hiking, painting, playing chess, knitting, and volleyball.

I am excited to be part of the St. Michael's team! If you have any questions, please contact me by phone at (780) 473-5621 ext. 3409 or by email BRinguette@smhg.ca

Thanks for reading!
Brooke Ringuette



Farewell, Noor!

Over the past 2 months, we have been lucky to have Noor as a summer student on our recreation team! August 31st is her last day here at St. Michael's. She has done an outstanding job during her time here! We wish her the best of luck as she continues her post-secondary education!

FALL

WORD SCRAMBLE

PREMBESET _____

EPALP _____

YHCATSKA _____

ERBOMENV _____

AROCN _____

CUSENTHT _____

MANUTU _____

EHTVSAR _____

KTAECJ _____

OEBCTOR _____

LAFL _____

RSAEETW _____

NMPUIKP _____

TULIQ _____

SEALEV _____

Chevron Lemon | www.chevronlemon.com | For personal use only