

Long Term Care Services

Our dedicated staff live the philosophy of resident centered care every day, ensuring your loved one feels at home. Some of our services include:

- **A Safe, Secure Home**
- **24 Hour Nursing Care**
- **3 Nutritious, Delicious Meals Daily**
- **Family Physician Medical Care**
- **Specialist Consultations when needed (Podiatry, Pain, Psychogeriatric)**
- **Pharmacist**
- **Social Worker**
- **Medication Administration**
- **Occupational and Physical Therapy**
- **Recreation and Social Activities**
- **Pastoral & Spiritual Care**
- **Arrangements For Nutritional Assessment and Advice**
- **Diagnostic Laboratory Services**
- **Pet Therapy**

Additional Services Available

Everyone enjoys pampering, convenience and leisure and St. Michael's can arrange for additional services available for a fee. These services are not funded by Government or included in monthly accommodation fees.

- **Mobile Dental Services**
- **Personal Laundry Services**
- **Cable TV**
- **Telephone**
- **Foot Care**
- **On-Site Hair Dresser**
- **Mobility Aids**
- **Off-Site Leisure and Social Activities**
- **Transportation**
- **Personal Use Products**
- **Identifinder Tracking of Personal Items**



St. Michael's Health Group
7404 - 139 Avenue
Edmonton, Alberta T5C 3H7
Tel: 780.473.5621 Fax: 780.472.4506
Toll Free: 1.800.472.6169
E-mail: smeccs@smhg.ca
smhg.ca



 @www.smhg.ca  @SMHG

 StMichaelsHealthgrp



St. Michael's
HEALTH GROUP

Long Term Care Centre



Long Term Care Centre

About Us

St. Michael's Health Group is a not-for-profit charity which opened its doors in 1983 offering quality care to seniors in the Edmonton region. We have since grown to provide various accommodation options, programs and services to people of all faiths, cultures, abilities and interests at four locations in and around Edmonton.

St. Michael's Long-Term Care facility is located in north east Edmonton in a mature treed neighbourhood, and is home to 153 people, residing in private or semi-private rooms.

We offer a friendly and safe environment, where staff provide support with daily activities, and where the personalized care, home-cooked meals, warm accommodation and stimulating programs are all designed for the health and comfort of residents. We welcome volunteers, local schools and community groups regularly.

Resident rooms are located in one of three hallways, each having a unique colour to assist residents in locating his/her room. Each hallway includes a shared dining and lounge area as well as a common tub/shower room. We encourage residents to personalize their room with essential items that bring comfort and familiarity.

Residents on the 1st floor live with a variety of health conditions including several who have a diagnosis of dementia. On the 2nd floor adults typically living with moderate to advanced dementia reside. Residents can also enjoy spending time with friends and family in the lounge, recreation, cafeteria and outdoor garden areas.



Mission

Care with Love and Dignity

Vision

A Christian voluntary organization with an entrepreneurial spirit, dedicated to the provision of wellness-focused holistic care and community services to all with love and dignity

Values

Excellence

Integrity

Community

Accountability

Communications

Our St. Michael's Team

Our staff work to help residents achieve a lifestyle filled with comfort, enjoyment and dignity. This includes a multidisciplinary team which develops an individualized plan of care for each resident. Team members work together with the resident and family to assess resident health and quality of life needs, establish realistic goals and identify possible interventions.

Other support services include, among many other amenities: a professional chef who receives regular input from residents and our on-site dietician to provide nutritious and delicious meals; an active recreation program encouraging resident participation to minimize isolation; a first-class housekeeping and maintenance team keeping the building clean, organized and safe.