

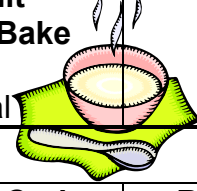



# 2021-22 Fall - Winter Menu

## Week 4

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Nov 8	Jan 31	Nov 9	Feb 1	Nov 10	Feb 2	Nov 11	Feb 3	Nov 12	Feb 4	Nov 13	Feb 5	Nov 14	Feb 6
	Dec 6	Feb 28	Dec 7	March 1	Dec 8	March 2	Dec 9	March 3	Dec 10	March 4	Dec 11	March 5	Dec 12	March 6
	Jan 3	March 28	Jan 4	March 29	Jan 5	March 30	Jan 6	March 31	Jan 7	April 1	Jan 8	April 2	Jan 9	April 3
<b>Beverages</b>	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
<b>Breakfast</b>	Oat Bran Cereal Scrambled Eggs Toast & Fruit <i>or</i> Cold Cereal		Cream of Wheat Cereal Toast & Fruit Pancakes & Sausage <i>or</i> Cold Cereal		Oatmeal Cereal Toast & Fruit Grilled Bacon <i>or</i> Cold Cereal		Corn Meal Toast & Fruit Boiled Eggs <i>or</i> Cold Cereal		Cream of Wheat Cereal Toast & Fruit Egg and Ham Bake <i>or</i> Cold Cereal		Oatmeal Cereal Toast & Fruit Cheese Slice <i>or</i> Cold Cereal		Oat Bran Toast & Fruit Pan Omelet <i>or</i> Cold Cereal	
<b>Lunch</b>	 													
<b>Entree</b>	Crustless Ham & Onion Quiche Caesar Salad <i>or</i> Assorted sandwiches		Chili Con Carne Garlic Stick Italian Mixed Vegetables <i>or</i> Assorted sandwiches		Hot Turkey Sandwich California Mixed Vegetables <i>or</i> Assorted sandwiches		Leek, Cheese & Potato Puff Pastry Sausages Tomato Slices <i>or</i> Assorted sandwiches		Beer Battered Cod Potato Wedges Coleslaw <i>or</i> Assorted sandwiches		Baked Mushroom Ravioli Caesar Salad <i>or</i> Assorted Sandwiches		Potato and Cheese Pyrohy Turkey Sausages Tossed Green Salad <i>or</i> Assorted sandwiches	
<b>Dessert</b>	Assorted Desserts		Orange Sections		Lemon Pie		Butter Tart Pureed Apple Pie		Cheese Cake		Vanilla Ice Cream		Bananas	
<b>Soup</b>	Garden Vegetable Soup		Cream of Butternut Squash		Tomato & Red Pepper		Chicken Noodle		Borsht		Leek and Potato		Red Lentil	
<b>Supper</b>														
<b>Entrée</b>	Teriyaki Baked Salmon Fillet Rice Blend Peas  <b>Entrée 2</b> Meatballs with Mushroom Sauce		Southern Baked Chicken Whipped Potatoes Corn Niblets  <b>Entrée 2</b> Riblets		Sun Dried Tomato Pork Roast w Gravy Whipped Potatoes Broccoli Florets  <b>Entrée 2</b> Chicken Chunks		Creamy Chicken w Mushroom Marsala Egg Noodles Winter Vegetable  <b>Entrée 2</b> Roast Beef		Ginger Beef Rice Stir Fry Vegetables  <b>Entrée 2</b> Beer Battered Fish		Honey Garlic Pork Shanks Scalloped Potatoes Italian Vegetables  <b>Entrée 2</b> Bratwurst		Roast Turkey Gravy Whipped Potatoes Glazed Carrots  <b>Entrée 2</b> Sole Fillets	
<b>Dessert</b>	Fruit Cocktail		Banana Cream Pie		Coffee Cake		Diced Pears		Apple Pie		Jell-O		Lemon Meringue Pie	
<b>PM/HS Snack</b>	Puree Fruit Cup		Fruit, Cheese & Crackers		Banana		Muffin & Fruit		Fruit & Croissants		Yogurt & Fruit		Fruit & Baked Cookie	
	• Whole Wheat Bread • Buns • Margarine •													

Soup And Dessert May Change Without Notice