





# 2021 Spring-Summer Menu (Residents only)

# Week 3

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	April 19	Aug 9	April 20	Aug 10	April 21	Aug 11	April 22	Aug 12	April 23	Aug 13	April 24	Aug 14	April 25	Aug 15
	May 17	Sept 6	May 18	Sept 7	May 19	Sept 8	May 20	Sept 9	May 21	Sept 10	May 22	Sept 11	May 23	Sept 12
	June 14	Oct 4	June 15	Oct 5	June 16	Oct 6	June 17	Oct 7	June 18	Oct 8	June 19	Oct 9	June 20	Oct 10
	July 12		July 13		July 14		July 15		July 16		July 17		July 18	
<b>Beverages</b>	• Tea • Coffee • Lactaid • Fruit Juice • Milk • Water •													
<b>Breakfast</b>	Oat Bran Toast and Fruit Blueberry Pancakes and Yogurt <i>or</i> Cold Cereal		Oatmeal Scrambled Eggs Toast and Fruit <i>or</i> Cold Cereal		Cream of Wheat Boiled Eggs Toast and Fruit <i>or</i> Cold Cereal		Oatmeal Bacon Toast and Fruit <i>or</i> Cold Cereal		 Cornmeal French Toast and Sausages Toast and Fruit <i>or</i> Cold Cereal		Cream of Wheat Turkey Sausage Toast and Fruit <i>or</i> Cold Cereal		Oat Bran Toast and Fruit Cheese Slice and Yogurt <i>or</i> Cold Cereal	
<b>Lunch</b>														
<b>Entree</b>	Bacon & Cheddar Quiche Italian Vegetables <i>or</i> Assorted Sandwiches		Cabbage Rolls Kovbasa Tossed Salad <i>or</i> Assorted Sandwiches		Pulled Beef on a Bun Greek Salad Potato Wedges <i>or</i> Assorted Sandwiches		Salmon Salad Croissant Spinach Salad <i>or</i> Assorted Sandwiches		Chili Con Carne Garlic Stick Mixed Vegetables <i>or</i> Assorted Sandwiches		Chicken Strips Potato Salad Tossed Salad <i>or</i> Assorted Sandwiches		Pyrohy Kobasa Sour Cream Garden Salad Assorted Sandwiches	
<b>Dessert</b>	Ice Cream		Tapioca		Jell-O		Vanilla Pudding		Date Squares		Butterscotch Pudding		Ice Cream	
<b>Soup</b>	Tomato Vegetable		Mushroom		Tortilla Soup		Borscht		Chicken Noodle		Cream of Vegetable		Beef Barley	
<b>Supper</b>														
<b>Entrée</b> <i>*Alternative entrée</i>	Beef Stew in Red Wine Mashed Potatoes Green Beans  <i>Savory Meatballs*</i>		Butter Chicken Basmati Rice Carrot Coins  <i>Roast Beef*</i>		Pasta with Meatballs & Tomato Sauce Mixed Vegetables  <i>Roast Turkey*</i>		Teriyaki Chicken Stir Fry Vegetables Wild Rice  <i>Crunchy Perch*</i>		Baked Basa Whipped Potatoes Garden Peas  <i>Cantonese Pork*</i>		Swiss Steak & Onions, Gravy Mashed Potatoes Broccoli Florets  <i>Chicken Fingers*</i>		Ham Scalloped Potatoes PEI Mixed Vegetables  <i>Chicken Cacciatore*</i>	
<b>Dessert</b>	Rice Pudding		Berry Crumble		Trifle		Sliced Bananas		Assorted Desserts		Diced Peaches		Banana Cream Pie	
<b>PM/HS Snack</b>	Fruit Bread		Fresh Banana		Bon Ton Special		Coffee Cake		Fresh Fruit		Yogurt		Muffin	
<b>Condiments</b>	• Bread • Buns • Margarine •													