




2022 Spring-Summer Menu (Residents only)

Week 1

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Apr 04 May 02 May 30	Jun 27 Jul 25 Aug 22 Sept 19	Apr 05 May 03 May 31	Jun 28 Jul 26 Aug 23 Sept 20	Apr 06 May 04 Jun 01	Jun 29 Jul 27 Aug 24 Sept 21	Apr 07 May 05 Jun 02	Jun 30 Jul 28 Aug 25 Sept 22	Apr 08 May 06 Jun 03	Jul 01 Jul 29 Aug 26 Sept 23	Apr 09 May 07 Jun 04	Jul 02 Jul 30 Aug 27 Sept 24	Apr 10 May 08 Jun 05	Jul 03 Jul 31 Aug 28 Sept 25
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast	Cream of Wheat Toast and Fruit Fried Egg <i>or</i> Cold Cereal		Oatmeal Cereal Toast and Fruit Cheese <i>or</i> Cold Cereal		Oat Bran Cereal Toast and Fruit Bacon <i>or</i> Cold Cereal		Cornmeal Toast and Fruit Scrambled Egg <i>or</i> Cold Cereal		Cream of Wheat Toast and Fruit Dutch Pancakes and Sausage <i>or</i> Cold Cereal		Oatmeal Cereal Toast and Fruit Assorted Danish and Yogurt <i>or</i> Cold Cereal		Corn Meal Cereal Cheese Omelets Toast and Fruit <i>or</i> Cold Cereal	
Lunch														
Entree	Hot Dog Potato Salad <i>or</i> Assorted Sandwiches		Chicken Salad Croissant Spinach Salad <i>or</i> Assorted Sandwiches		Tuscan Lasagna Garlic Bread Fresh Zucchini <i>or</i> Assorted Sandwiches		Cheddar Pyrohy Kovbasa & Red Cabbage <i>or</i> Assorted Sandwiches		Pizza Greek Salad <i>or</i> Assorted Sandwiches		Chicken Fingers Tomato Slices Garden Salad <i>or</i> Assorted Sandwiches		Pasta & Meat Sauce Italian Vegetables <i>or</i> Assorted Sandwiches	
Dessert	Yogurt and Granola		Ice Cream		Seasonal Berries		Tapioca		Maple Chocolate Cake		Ice Cream		Sliced Peaches	
Soup	Split Pea & Vegetable		Cream of Mushroom		Potato and Beet Soup		Thick Onion Soup		Chicken & Broccoli		Tomato Vegetable		Navy Bean	
Supper														
Entrée	Honey Garlic Braised Pork Shank Whipped Potatoes Fresh Zucchini <i>*Alternative entrée – Crunchy Perch*</i>		Tomato Basil Chicken Egg Noodles Peas <i>European Pork Sausages*</i>		Ham and Maple Cranberry Sauce Parsley Potatoes Cauliflower Florets <i>Polynesian Meatballs*</i>		Teriyaki Chicken Drums Rice Green Beans <i>Beef Sausage*</i>		Baked Haddock Mashed Potatoes Peas <i>Turkey Tetrazini*</i>		Salisbury Steak Steamed Potatoes California Vegetables <i>Chili*</i>		Cranberry Stuffed Pork loin Whipped Potatoes Seasoned Broccoli <i>Salmon Steak*</i>	
Dessert	Strawberries		Cherry Pie		Jell-O		Fresh Fruit Salad		Assorted Desserts		Watermelon Slices		Bananas	
PM/HS Snack	Banana Bread		Cheese and Crackers		Bon Ton Special		Fresh Bananas		Mini Muffin		Yogurt		Doughnut	
Condiments	• Bread • Buns • Margarine •													

Gravy With All Meals - Soup & Dessert May Change Without Notice