






2022 Spring-Summer Menu (Residents only)

Week 2

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Apr 11 May 09 Jun 06	Jul 04 Aug 01 Aug 29 Sept 26	Apr 12 May 10 Jun 07	Jul 05 Aug 02 Aug 30 Sept 27	Apr 13 May 11 Jun 08	Jul 06 Aug 03 Aug 31 Sept 28	Apr 14 May 12 Jun 09	Jul 07 Aug 04 Sep 01 Sept 29	Apr 15 May 13 Jun 10	Jul 08 Aug 05 Sept 02 Sept 30	Apr 16 May 14 Jun 11	Jul 09 Aug 06 Sept 03 Oct 1	Apr 17 May 15 Jun 12	Jul 10 Aug 07 Sept 04 Oct 02
Beverages	• Tea • Coffee • Lactaid • Fruit Juice • Buttermilk •													
Breakfast	Oatmeal Cereal Toast and Fruit French Toast and Yogurt Or Cold Cereal		 Cornmeal Cereal Fried Eggs Toast and Fruit or Cold Cereal		Cream of Wheat Bacon Toast and Fruit or Cold Cereal		Oatmeal Cereal Toast and Fruit Cheddar Cheese and Sausage or Cold Cereal		Bran Cereal Toast and Fruit Waffles and Yogurt or Cold Cereal		 Cornmeal Cereal Toast and Fruit Scrambled Eggs or Cold Cereal		Cream of Wheat Toast and Fruit Turkey Sausage or Cold Cereal	
Lunch														
Entree	Chicken Salad Sandwich Caesar Salad or Assorted Sandwiches		Turkey on Rye Fresh Vegetables or Assorted Sandwiches		Chicken Kebob with Greek Salad or Assorted Sandwiches		Hamburger Tomato and Onion on a Brioche Bun, Tossed Salad or Assorted Sandwiches		Nalysnyky/Sour Cream Kobasa Beets or Assorted Sandwiches		Beef Ravioli Garlic Bread Caesar Salad or Assorted Sandwiches		Beer Battered Cod Potato Wedges Carrots and Peas or Assorted Sandwiches	
Dessert	Fresh Seasonal Fruit		Jell-O		Fresh Berries		Ice Cream		Melon and Strawberries		Sliced Peaches		Bananas	
Soup	Lentil		Butternut Squash and Coconut		 Tomato and Pasta		Cream of Carrot		Tortilla Soup		Minestrone		Beef Rice	
Supper														
Entrée <i>*Alternative entrée</i>	Beef Stroganoff Rice PEI Mixed Vegetables _____ <i>Pork Chops*</i>		Lemon Grass Pork Chops Roast Potatoes Californian Vegetables _____ <i>Chicken Pot Pie*</i>		Braised Cowboy Steak Whipped Potatoes Broccoli Florets _____ <i>Sole Fillets *</i>		BBQ Pork Ribs Mashed Potatoes Buttered Squash _____ <i>Roast Beef*</i>		Grilled Salmon with Pesto Creamy Risotto PEI Mixed Vegetables _____ <i>Hot Corned Beef*</i>		Stuffed Chicken with Apple and Brie Mashed Potatoes Italian Mixed Veg _____ <i>Turkey Sausage*</i>		Roast Beef /Gravy Whipped Potatoes California Vegetables _____ <i>Poached Sole*</i>	
Dessert	Carrot Cake		Trifle		Chocolate Cake		Apple Pie		Assorted Desserts		Pumpkin Pie		Strawberry Ice Cream	
PM/HS Snack	Fruit Loaf		Fresh Banana		Assorted Mini Danish		Mini Croissant		Fresh Fruit		Yogurt		 Pudding	
Condiments	• Bread • Buns • Margarine •													