




















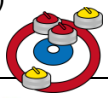









SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Location Legend
 (B), (G), (R) – Blue Pod, Green Pod, Red Pod
 (C) – Chapel (A.R) – Alberta Room
 (F.S)- Four Seasons (R.R) - Recreation Room
 (H-H) - Heritage Hall (C.A) - Café Area
 (1-1) - One-on-one programs










<p>2 2:00 Ukr./Eng Cath. Liturgy (C) </p>	<p>3 Sorry! No Recreation Programs Today! </p>	<p>4 10:00 Colour and Paint (R.R) 1:00 Coffee Brewing (R.R) 2:00 Anglican Service (A.R) 3:30 Card Bingo (R.R) </p>	<p>5 10:00 Curling (A.R) 1:45 Movie Matinee (H.H) 6:15 Table Games (R.R) </p>	<p>6 10:00 Balloon Volleyball (B) 1:45 Music with Georgina (A.R) </p>	<p>7 Ukrainian Christmas 10:30 Hymn Sing (A.R) 1:45 Bingo (R) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R) </p>	<p>8 3:30 Friendly Visits (1-1) </p>	
<p>9 2:00 Ukr./Eng Cath. Liturgy (C) </p>	<p>10 10:00 Facility Wide Christmas Take Down 1:30 Bingo (G) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R)</p>	<p>11 10:00 Bowling (G) 10:00 Nice Nails (1-1) 2:00 Roman Catholic Mass (C) 3:30 Card Bingo (R.R) 3:30 Friendly Visits (1-1)</p>	<p>12 10:30 Ukrainian Orthodox Liturgy (C) 1:15 Afternoon Drive 6:15 Table Games (R.R) </p>	<p>13 10:00 Winter Craft (R.R) 1:30 Live Entertainment with Larry (H.H) 3:30 Yahtzee (R.R) </p>	<p>14 10:30 Hymn Sing (A.R) 1:45 Bingo (B) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R)</p>	<p>15 10:00 Painting (R.R) </p>	
<p>16 2:00 Ukr./Eng Cath. Liturgy (C) </p>	<p>17 10:00 Fun and Fit (G) 11:00 Hangman (G) 1:30 Bingo (R) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R) </p>	<p>18 10:00 Current Events (R.R) 11:00 Coffee Brewing (R.R) 2:00 Ecumenical Service (A.R) 3:30 Music Bingo (R.R) </p>	<p>19 10:00 Bowling (G) 1:45 Movie Matinee (H.H) 3:30 Friendly Visits (1-1) 6:15 Table Games (R.R) </p>	<p>20 10:00 Winter Painting (R.R) 1:30 Birthday Party with Jukebox Leigh (H.H) 3:30 Card Games (B) 3:30 Card Bingo (R.R) </p>	<p>21 10:30 Hymn Sing (A.R) 1:45 Bingo (G) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R) </p>	<p>22 10:00 Colour & Paint (R.R) </p>	
<p>23 2:00 Ukr./Eng Cath. Liturgy (C) </p>	<p>24 10:00 Fun and Fit (G) 11:00 Hangman (G) 1:30 Bingo (B) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R)</p>	<p>25 10:00 Curling (A.R) 2:00 Roman Catholic Mass (C) 3:30 Card Bingo (R.R) </p>	<p>26 10:00 Crosswords (R.R) 11:00 Coffee Brewing (R.R) 1:45 Happy Hour (A.R) 6:15 Table Games (R.R)</p>	<p>27 10:00 Balloon Volleyball (B) 1:30 Live Entertainment with Patrick White (H.H) 3:30 Resident Council Meeting (R.R) </p>	<p>28 10:30 Hymn Sing (A.R) 1:45 Bingo (R) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R) </p>	<p>29 3:30 Friendly Visits (1-1) </p>	
<p>30 2:00 Ukr./Eng Cath. Liturgy (C) </p>	<p>31 10:00 Fun and Fit (G) 11:00 Hangman (G) 1:30 Bingo (G) 3:30 Friendly Visits (1-1) 6:15 Yahtzee (R.R) </p>						

Recreation Programs are subject to last minute changes. Please contact Miranda, Recreation Manager at (780) 473-5621 ext. 3409



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<p>2 2:00 Ukr./Eng Cath. Liturgy (C) </p>	<p>3 Sorry! No Recreation Programs Today! </p>	<p>4 10:00 Bowling (A.R) 10:00 Nice Nails (1-1) 2:00 Anglican Service (A.R) 3:30 Animal Visits (1-1) 5:15 Sensory Room (1-1) </p>	<p>5 10:00 Winter Colouring (R) 10:00 Flower Arranging (1-1) 1:45 Movie Matinee (H.H) </p>	<p>6 10:00 Curling (A.R) 1:45 Music with Georgina (A.R) 6:15 Friendly Visits (1-1) </p>	<p>7 Ukrainian Christmas 10:30 Hymn Sing (A.R) 1:45 Card Bingo (B) 3:30 Friendly Visits (1-1) </p>	<p>8 10:00 Music with Georgina (G) </p>	
<p>9 2:00 Ukr./Eng Cath. Liturgy (C) </p>	<p>10 10:00 Facility Wide Christmas Take Down 1:45 Bingo (G) 3:30 Activity Cart (1-1) </p>	<p>11 10:00 Winter Craft (A.R) 2:00 Roman Catholic Mass (C) 3:30 Table Games (B) 6:15 Sensory Room (1-1) </p>	<p>12 10:30 Ukrainian Orthodox Liturgy (C) 1:45 Music with Georgina (G) 3:30 Friendly Visits (1-1) </p>	<p>13 10:00 Bowling (A.R) 1:30 Live Entertainment with Larry (H.H) 3:30 Activity Cart (1-1) 6:15 Friendly Visits (1-1) </p>	<p>14 10:30 Hymn Sing (A.R) 1:45 Yahtzee (R) 3:30 Friendly Visits (1-1) </p>	<p>15 3:30 Friendly Visits (1-1) </p>	
<p>16 2:00 Ukr./Eng Cath. Liturgy (C) </p>	<p>17 10:00 Curling (A.R) 1:45 Bingo (B) 3:30 Sensory Room (1-1) 3:30 Activity Cart (1-1) </p>	<p>18 10:00 Balloon Volleyball (R) 10:00 Folding (1-1) 2:00 Ecumenical Service (A.R) 3:30 Card Bingo (R) 5:15 Sensory Room (1-1) </p>	<p>19 10:00 Winter Painting (G) 10:00 Nice Nails (1-1) 1:15 Afternoon Drive </p>	<p>20 10:00 Activity Cart (1-1) 1:30 Birthday Party with Jukebox Leigh (H.H) 3:30 Animal Visits (1-1) 6:15 Friendly Visits (1-1) </p>	<p>21 10:30 Hymn Sing (A.R) 1:45 Card Bingo (B) 3:30 Friendly Visits (1-1) </p>	<p>22 3:30 Friendly Visits (1-1) </p>	
<p>23 2:00 Ukr./Eng Cath. Liturgy (C) </p>	<p>24 10:00 Nice Nails (1-1) 1:45 Activity Cart (1-1) 3:30 Sensory Room (1-1) </p>	<p>25 10:00 Colour & Paint (R) 2:00 Roman Catholic Mass (C) 3:30 Tables Games (G) 5:15 Sensory Room (1-1) </p>	<p>26 10:00 Curling (A.R) 1:45 Happy Hour (A.R) </p>	<p>27 10:00 Balloon Volleyball (B) 1:30 Live Entertainment with Patrick White (H.H) 3:30 Doll Therapy (1-1) 3:30 Activity Cart (1-1) 6:15 Friendly Visits (1-1) </p>	<p>28 10:30 Hymn Sing (A.R) 1:45 Yahztee (R) 3:30 Friendly Visits (1-1) </p>	<p>29 10:00 Music with Georgina (G) </p>	
<p>30 2:00 Ukr./Eng Cath. Liturgy (C) </p>	<p>31 10:00 Curling (A.R) 1:45 Bingo (B) 3:30 Sensory Room (1-1) </p>						

